

CITY OF EDINBURGH
The Guide



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PRINCES MALL

SHOPPING CENTRE
PRINCES STREET EDINBURGH

Photograph courtesy of Regis Hairstylists



It's the most convenient shopping location in Edinburgh - and now it's also one of the most exciting and fashionable. Just a few yards from Harvey Nichols, Jenners and the exciting designer boutiques in The Walk, the city's most central mall has been completely redesigned ready for a vibrant new future.

Princes Mall

A new focus for capital shopping

The reinvention of this retail environment in the heart of the capital brings bigger shops and more enjoyable shopping into a superb location on Princes Street. Broad bright avenues of tantalising gifts and trend-setting designerwear, including a flagship New Look store on two levels, create an inspiring and tempting place to explore the cutting edge of contemporary style.

And if you want to relax and admire your purchases, the Food Court offers a wide range of refreshments, from a leisurely coffee to a full meal.

When you're looking for something different, something special, the all-new Princes Mall is the clear first choice.



**Have you heard what's going on
at Edinburgh's waterfront?**

Find out at www.edinburghforthsides.co.uk

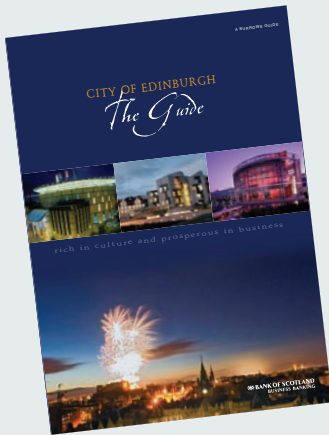




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Introduction | to the guide



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Offices at:

Head Office: Publicity House, 106 Stafford Road,
Wallington, Surrey SM6 9AY
Tel: 020 8773 3000 • Fax: 020 8773 8888
Email: postmaster@burrows.co.uk •
Web: www.burrows.co.uk

Waters Green House, Waters Green, Macclesfield,
Cheshire SK11 6LP
Tel: 01625 619955 • Fax: 01625 619333
Email: postmaster@burrows.co.uk
Web: www.burrows.co.uk

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The City of Edinburgh, Scotland's capital, is steeped in over 8,000 years of history and holds an international reputation that brings together a wealth of diverse talents and assets. Art and culture, science and research, innovation and industry, education and business – all played their part in creating this great city and all are contributing to its even greater future.

The Guide has been created by and intended for business including business support services and those involved in business development. It aims to outline the variety of opportunities and support services that the city holds – appealing to new start-ups, SMEs or even one of the city's leading corporations. 'City of Edinburgh: the Guide' will inform, assist and inspire businesses to maximise the opportunities available within the city.

We are pleased to welcome the support and endorsement from the Bank of Scotland and The Edinburgh Chamber of Commerce and we are also grateful to The Scotsman Newspaper, BAA Edinburgh Airport, Edinburgh Convention Bureau, Edinburgh Park and learndirect Scotland, amongst others, for their editorial contributions. For a full list of acknowledgements, please see page 120.

Further copies of 'City of Edinburgh: The Guide' can be purchased on the web at: www.burrows.co.uk/guide/edinburgh

Please give us your comments on this guide and suggestions for the improvement of future editions by email to: theedinburghguide@burrows.co.uk

A handwritten signature in blue ink that reads 'Lis Parham'.

Lis Parham
Burrows Communications Ltd

"The challenges that come with an expanding Edinburgh are the best kind of challenges, and I am confident they will continue to be met in the city's customary dynamic and ambitious way."

Mike Gilson



Edinburgh | foreword

As the new editor of The Scotsman I have been residing in Edinburgh for a relatively short time. What strikes me as fascinating is that the city enthral both newcomers and long-time residents alike.



Edinburgh continues to seduce as love affairs with many other cities fade away.

THE SCOTSMAN

Its magic remains powerful no matter how long you've been here. Edinburgh continues to seduce as love affairs with many other cities fade away.

For all that it is a rapidly changing city too, and the pace of change is ever increasing. Although the parliament is certainly the most high-profile building to go up in the Scottish Capital in recent years, bringing much new life to the Holyrood and Canongate area, the city has also seen successful growth in other areas that had remained stagnant for years, including the Financial sector at Morrison Street and Lothian Road, the Omni centre at Greenside Place and the new HBOS bank building at Tollcross. The confidence of the financial sector in the city was underlined by the decision of the Royal Bank of Scotland to build its new global headquarters here at Gogarburn.

But the growth continues and there are many new exciting developments in the pipeline, like the ambitious Waterfront development, the new biomedical park, The Quartermile project in the heart of the city and the expansion of the hugely successful Edinburgh Park as well as other projects too numerous to mention here. It would not be using journalistic licence to say the city is booming.

Edinburgh is a beautiful city with a unique built heritage to which it owes a great deal of its reputation as a fantastic place to live and work, and therefore a great deal of its success. The city has a unique challenge to boldly develop and innovate, as it has before, while preserving the treasures of the past. Perhaps the future of Princes Street, arguably Scotland's best-known retail thoroughfare, best embodies this challenge.

Recognising the change in the city's fast-moving development, infrastructure is developing too. The city's transport needs are changing and the airport is expanding, there are plans for a rail link to the airport and another for the Borders, and a tram system for the city centre which would also link to the airport. But there are still some major transport issues to be tackled, not least how the vital link across the Forth to Fife is developed.

The world famous Edinburgh Festival remains the highlight of the year but it must continue to innovate to see off upstarts around the world. There is enough passion and creativity in the city to ensure this is achieved.

The challenges that come with an expanding Edinburgh are the best kind of challenges, and I am confident they will continue to be met in the city's customary dynamic and ambitious way. It is not just vital for the city, but vital for Scotland.

Edinburgh and the Lothians are the heartland of The Scotsman and we also continue to evolve as a newspaper, keeping pace with the fast-moving environment in which we live. If you give us a try, I'm confident you'll stick with us.

A handwritten signature in black ink, appearing to read 'Mike Gilson'.

Mike Gilson
Editor
The Scotsman



It's this ambition that is driving Edinburgh forward as an Inspiring Capital, a city of outstanding natural beauty and heritage, where opportunities to live, work and invest in a quality of life unparalleled anywhere in Europe are here to be discovered.

Graham Birse, Deputy Chief Executive, Edinburgh Chamber of Commerce



© Edinburgh City Centre Management

Edinburgh | an inspired choice for business

By Graham Birse, Deputy Chief Executive,
Edinburgh Chamber of Commerce



Edinburgh is an inspiring capital. For almost one thousand years, our ancient castle, perched on top of its volcanic outcrop, has watched its citizens grow and prosper. In Edinburgh, we are rightly proud of our heritage - but we are not imprisoned by it. We believe that Edinburgh has a great past, a great present and a great future.

Out of a period in the 18th Century known in Scotland as The Enlightenment, represented by a flowering of scientific and cultural ideas, came the wonderful architecture of Edinburgh's New Town and with it a realisation that we could shape our environment and our destiny. Function and form could have a common expression that was both useful and beautiful - the Athens of the North, as the Victorians knew Edinburgh - referred to the physical and intellectual achievements of a resourceful people. Today, we have much to thank them for. Ours is a rich inheritance, characterised by a quality of life and urban environment that has no equal in Britain and is found only rarely elsewhere.

Essentially, Edinburgh is a metropolitan centre of excellence in a provincial city scale. With a population of 450,000 and stretching no more than seven miles across, it lacks the endless urban sprawl of cities like London and permits its citizens to escape (should they wish) in less than 40 minutes, to the coast and countryside.

With assets like these, it's no surprise that the metropolitan region, with Edinburgh at its heart, is the new

engine room of the Scottish economy. The city's economy is growing at twice the rate of the rest of Scotland and 50% higher than the rest of the UK. And between them, Edinburgh and Glasgow have half of all new jobs in Scotland between 1995 and 2003.

Sustaining this growth is therefore going to be vital for the Scottish economy. Scotland's First Minister, Jack McConnell, told the Edinburgh Chamber of Commerce AGM in 2006: "This city has to prosper for the whole of Scotland to prosper."

Traditionally, Edinburgh's prosperity is built upon the foundation stone laid down over three hundred years ago with the establishment of the Bank of Scotland and Royal Bank of Scotland. Today, the city is the most important financial centre outside London and Frankfurt, with banks such as Lloyds TSB Scotland, HSBC and the Clydesdale providing strong competition in the banking sector. Moreover, fund managers such as Scottish Widows, Standard Life and Scottish Life all have their HQs here, at the heart of Scotland's financial services sector, which contributes £5 billion to Scotland's GDP and supports more than 110,000 jobs. ➤



A City to visit for business and leisure

Business and leisure tourism has been another success story for Edinburgh built upon the established reputation of its festivals and the outstanding quality of its built and natural heritage. In recent years, Edinburgh has sustained a top 10 position in the world conference league and collected numerous awards as the favourite city for the discerning readers of publications like *Conde Nast Traveller*, *The Observer*, *The Guardian* and *Lonely Planet*. As a consequence, Edinburgh is a genuine year-round tourism city, its winter festivals illuminating the darker winter months and helping the city's hotels to sustain a year-round occupancy.

The city's attraction to visitors has been made more compelling by the availability of more non-stop flights to its airport, with 14 new UK and European services introduced in the last year alone (2006).

With the most recognisable city centre of any European capital at its

heart, Edinburgh has a unique shopping experience to offer residents and visitors alike. Its retail mix has been enhanced by the arrival in town of Harvey Nichols and investment of more than half a billion pounds in new retail developments and infrastructure like Princes Mall and St James Centre. Together with ambitious new plans for Princes Street, Edinburgh's retail renaissance is truly underway.

A City for the future

That investment is pouring into Edinburgh's transport infrastructure with a £150 million up-grade of Edinburgh's Waverley Station underway and a further £600 million planned in a new tram network which will link the city's waterfront and city centre with the airport by 2012. A further investment of £750 million has been approved by the Scottish Executive for the Edinburgh Airport Rail Link (EARL) which will link Scotland's trunk rail network with the city and its airport, delivering a cost-benefit ratio of £2.16 for every £1 spent.

On the Waterfront, major changes are underway, transforming an area of the city previously starved of investment into a £3.5 billion centre of business, retail and leisure activity on a 700-acre site. Waterfront Edinburgh will create over a million square feet of commercial, retail and hotel space, complementing the construction of 5,300 homes and over 250,000 square feet of cultural and leisure space. Further along the shoreline at Leith, Forth Ports is investing in residential, retail and tourism facilities centred upon a proposal for an international cruise liner terminal.

Bold and ambitious developments like these are synonymous with a city with confidence in the resourcefulness of its people. In Edinburgh Park, the city hosts one of the premier business centres in the UK and the Edinburgh Science Triangle is an alliance of some of the brightest and best researchers, academics and scientists in the country. Together, our science parks are scheduled to deliver £750 million additional economic benefit to Scotland each year.



“Bold and ambitious developments like these are synonymous with a city with confidence in the resourcefulness of its people”

Meanwhile, a vibrant new district is growing within the city’s World Heritage Site. Transforming a 19-acre site of the former Edinburgh Royal Infirmary into an exciting new leisure and business community, Quatermile will blend the city’s heritage with attractive new buildings in a framework designed by the world-renowned architects, Foster and Partners.

A City of education and technology

The Scots are justly proud of their tradition in supporting the ambition of young people in their schools, colleges and universities and nowhere is this more visible than in Edinburgh, with a student population of 50,000 adding vibrancy to the city and its cultural life. Edinburgh’s universities, colleges and management schools hold a worldwide reputation for excellence in medicine, science, engineering, bioscience and IT. Indeed, the pioneering work of the universities has supported

breakthroughs that have significantly advanced human knowledge and discovery. Our universities are also creating vibrant young companies which are developing products and services for world markets in technology, bioscience and engineering.

It’s in Edinburgh too that the latest technologies in defence radar systems are developed by the UK’s Manufacturer of the Year, Selex Airborne Systems. Their AESA system is a breakthrough in radar technology, providing more reliability, visibility and security than previous technologies. It has helped the company win \$30 million of export contracts around the world, securing 2,000 high value-added jobs for Edinburgh.

It’s this ambition that is driving Edinburgh forward as an Inspiring Capital, a city of outstanding natural beauty and heritage, where opportunities to live, work and invest in a quality of life unparalleled anywhere in Europe are here to be discovered.



Graham Birse, Deputy Chief Executive,
Edinburgh Chamber of Commerce

www.edinburghchamber.co.uk
Tel: 0131 221 2999



Edinburgh Coach Lines are one of the biggest operators in their field, running private and chartered trips 24 hours a day, 365 days a year around the UK, Ireland and across continental Europe.

Their highly experienced drivers ferry tourists, business travellers and holidaymakers up and down the length and breadth of the country while in Europe regular routes take in Italy, Switzerland and France.

Usually the firm, formed in January 2005 when Edinburgh Castle Coaches and Silver Coach Lines of Edinburgh merged, is hired by the UK's leading travel companies to provide transport for their customers.

But boss Peter Fyvie is planning to expand. "We are looking into developing our own tours" he said.

Passenger safety is a top priority to the company and Peter confirmed, "Our fleet is routinely renewed and rigorously maintained. Our coaches feature the latest technology focused on safety and comfort."

The company invests in new vehicles each year and recently spent £700,000 on new touring coaches. They offer a wide range of luxury



coaches of various sizes. "We also have executive style coaches for special occasions," Peter said. "We are confident we'll have something to suit whatever the client wants."

Customer service is another key feature of Edinburgh Coach Lines' success. Peter added: "From your first inquiry to the end of your journey our friendly staff will help you with your travel choices and answer any questions so you can enjoy your excursion."

We use one of the most advanced coach booking and management software systems so all details given to us are confirmed in writing and automatically passed on to our drivers."



Edinburgh Coach Lines



You'll be hitting the road in style and with safety when you board one of capital firm's fleet of super modern coaches

Tel 0131 554 5413 Fax 0131 553 3721 Email enquiries@edinburghcoachlines.com

"Can there anywhere be a more beautiful and beguiling city to arrive at by train?
To emerge from the bustling, subterranean bowels of Waverley Station and find
yourself in the very heart of such a glorious city is a happy experience indeed."

Bill Bryson



Edinburgh | transport

getting there, getting around

Edinburgh is linked by road, rail, air and sea – a gateway to the rest of Scotland, the city's transport links mean it's an easy place to get to, get around and get on with business

Edinburgh Airport is served by a single terminal. International arrivals is situated at the west end of the building and domestic arrivals at the east.

AIR

Edinburgh Airport


Edinburgh Airport is Scotland's capital airport, with a worldwide reputation and worldwide connections. Over 40 airlines serve over 80 destinations, and over eight million business and leisure passengers pass through the airport a year – numbers which are set to grow as the airport develops new international connections to the USA, Germany, Italy, Poland, Spain, Finland and Norway.

The most popular destinations are in Spain, although Paris, Amsterdam, Belfast and Dublin are also long standing favourites. New York is the most popular long-haul destination, and the top domestic destinations include Birmingham, Belfast, Manchester and the London airports.

Edinburgh Airport is situated to the north-west of the city, just off the A8 and is approximately 20 minutes by car from the city centre.

There are three public car parking areas within the airport offering a total of approximately 6,400 spaces. There is also a passenger drop-off area in the forecourt area.

Getting to/from the airport

 Nearest rail stations – Edinburgh Waverley, Haymarket and Inverkeithing.

Edinburgh Shuttle is a door to door service between Edinburgh Airport and anywhere within a specified City Centre zone. The fleet of 7-seater mini coaches run daily every 15-30 minutes. For more information visit www.edinburghshuttle.com

Lothian Buses' number 35 service connects the airport to the Gyle, Fountainbridge and Ocean Terminal in Leith. Stagecoach runs the Airdirect 747 service to Ferry Toll Park and Ride and Inverkeithing railway station. The journey time is approximately 25 minutes.

Airlink 100 is a fast and frequent bus service operated by Lothian Buses, and is a quick and cost effective way to reach the centre of Edinburgh. It runs to and from Waverley Bridge and takes around 25 minutes.

Airlink Buses
(to/from Edinburgh Airport)
0131 555 6363
www.flybybus.com

The average price of a taxi fare to the city centre is £15 (Jan 2007). Three separate taxi ranks exist in the airport's forecourt area. The fleet of ➤



BAA Edinburgh Airport



Top ten destinations

Heathrow
 Gatwick
 Stansted
 Amsterdam
 Luton
 Birmingham
 Dublin
 East Midlands
 Belfast
 International
 Bristol

Alghero
 Alicante
 Amsterdam
 Arrecife
 Atlanta
 Barcelona

Bastia
 Belfast
 Bergen
 Bergerac
 Billund
 Birmingham
 Bodrum
 Bourgas
 Bristol
 Brussels
 Cardiff
 Chambéry
 Cologne (Bonn)
 Copenhagen
 Cork
 Dalaman
 Dortmund
 Dublin
 Exeter
 Faro
 Frankfurt

Fuerteventura
 Galway
 Gdansk
 Geneva
 Helsinki
 Ibiza
 Isle of Man
 Bodrum
 Innsbruck
 Inverness
 Jersey
 Katowice
 Kirkwall
 Kittila
 Larnaca
 Las Palmas
 Leeds Bradford
 London City
 London Gatwick
 London Heathrow
 London Luton
 London Stansted

Madrid
 Mahon
 Malaga
 Manchester
 Milan (Malpensa)
 Milan (Bergamo)
 Monastir
 Munich
 Murcia
 New York (Newark)
 Newquay
 Nice
 Norwich
 Nottingham East
 Midlands
 Oslo
 Palma
 Paphos
 Paris (CDG)
 Pisa
 Plovdiv

Prague
 Pula
 Reus
 Rome (Fiumicino)
 Shannon
 Southampton
 Stockholm (Arlanda)
 Stornoway
 Sumburgh
 Tenerife (South)
 Toronto
 Toronto (Hamilton)
 Turin
 Varna
 Venice
 Vienna
 Warsaw
 Wick
 Zakynthos
 Zurich

(correct at time of going to print)

airport taxis operates from the eastern end of the terminal building with the city black cabs rank.

The third rank is located in the short stay multi-storey car park and is available for pre-booked taxis.

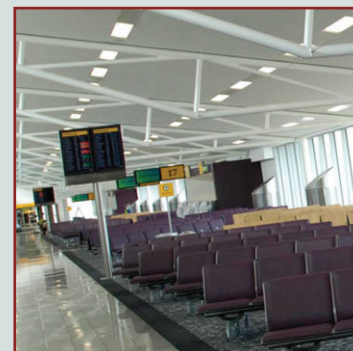
At the airport

Edinburgh Airport is served by a single terminal. International arrivals is situated at the west end of the building and domestic arrivals at the east. A £19million terminal extension opened September 2005 and provides additional departure lounge and boarding gate facilities, designed to reduce congestion at peak times and reduce the number of coach journeys for aircraft passengers.

A new £5 million food court opened in 2006 and offers passengers a wide choice of refreshments from Caffe Nero, EAT, Wetherspoons and the West Cornwall Pasty Co. The food court is before security so accessible to travellers and visitors.

Passengers can make use of valet parking at Edinburgh Airport, and Car Care offers a professional car wash service. Helping Hand is a service which can give personalised assistance to business associates or family members to smooth their way through the airport on arrival or departure. Passengers can pre-book a lounge in the departure area and there is also wireless internet access at several points before and after security control.

For more information on these services and facilities, please visit www.edinburghairport.com.



A £19 million terminal extension provides additional departure lounge and boarding gate facilities.





RAIL

First ScotRail

Rail services from Edinburgh connect to towns and cities across Scotland including Aberdeen, Dundee, Dunfermline, Glasgow, Falkirk, Inverness and many more. (See map)

Edinburgh is under three hours away by rail from Inverness and Aberdeen – the Glasgow express takes less than an hour.

First ScotRail is investing some £40 million over seven years to improve services for passengers across key areas: improving stations, facilities, service, punctuality and reliability through dedicated programmes of investment and maintenance. Passenger journeys have increased by nine per cent across the network since First ScotRail took over the franchise in 2004.

A variety of ticket types is available to suit the requirements of all customers from commuters to business and leisure travellers. A Flexipass ticket, for example, offers a minimum 10% saving and is ideal for customers who travel the same route several times a week. The ticket is valid on many routes into Edinburgh, Glasgow, Aberdeen and Inverness.

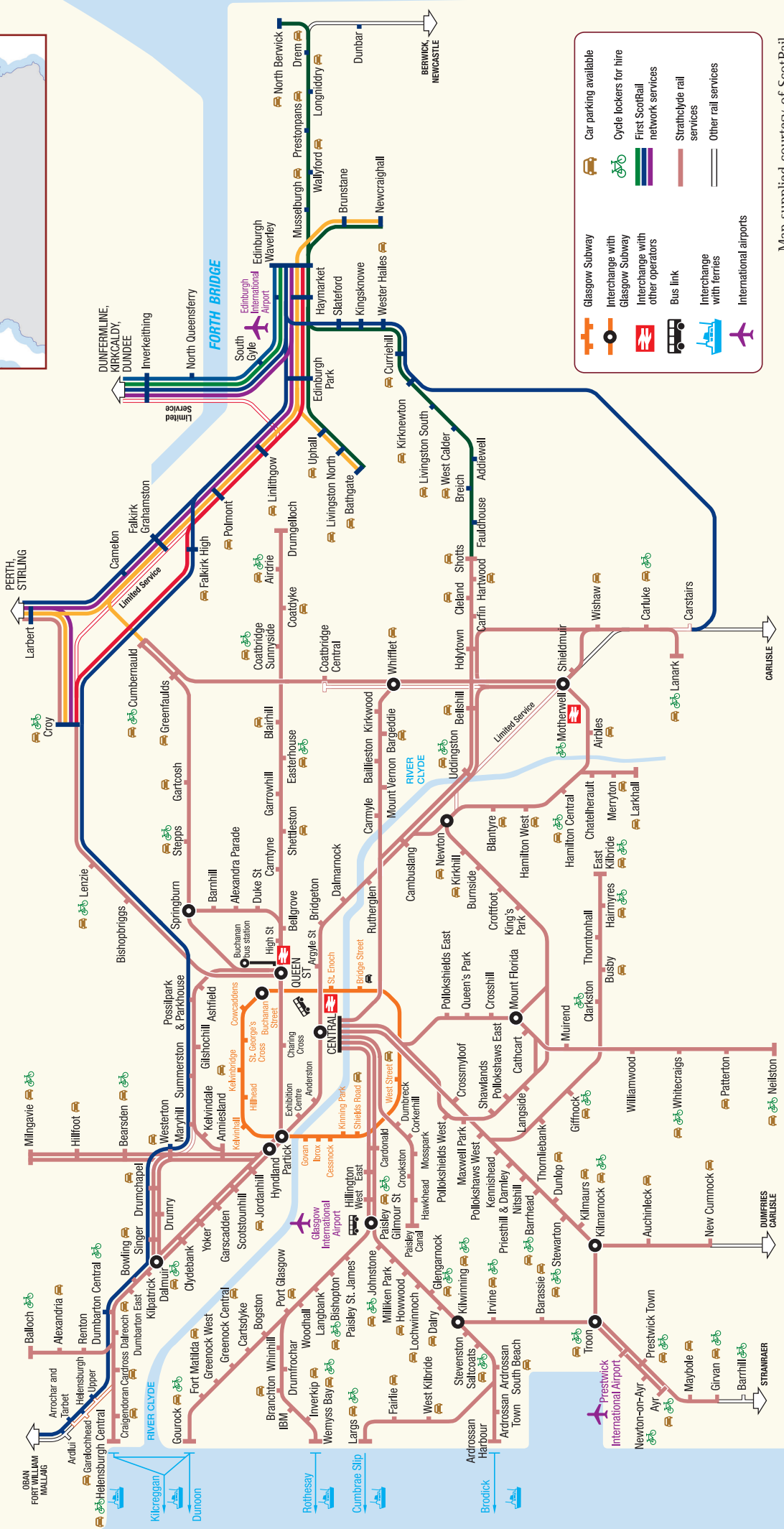
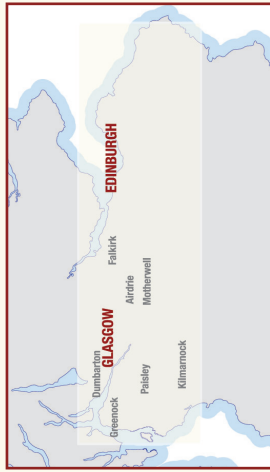
Great North Eastern Railway (GNER) and Virgin Trains link Edinburgh and London in just over four hours. York and Newcastle are also only two hours from Edinburgh.

National Rail enquiries
08457 48 49 50
www.nationalrail.co.uk

First ScotRail
08457 55 00 33
www.firstscotrail.com

First ScotRail is investing some £40 million over seven years to improve services for passengers





	Glasgow Subway		Car parking available
	Interchange with Glasgow Subway		Cycle lockers for hire
	Interchange with other operators		First ScotRail network services
	Bus link		Strathclyde rail services
	Interchange with ferries		Other rail services
	International airports		

Map supplied courtesy of ScotRail

Key

- Motorway
- Primary Road
- A Road
- - - Ferry Route
- Ferry
- Airport



Based upon the Ordnance Survey mapping with the permission of The Controller of Her Majesty's Stationery Office
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"The city has more graduates per head of population than any other city in Europe, and the city's international renown attracts knowledge-based workers from all over the world."

Ian Murphy, Director Edinburgh Technopole



Image above and right courtesy of Edinburgh Park

Edinburgh | home for business

Edinburgh holds many trump cards when it comes to being the home of your business – from infrastructure and business support to international reputation and geographic location – the city has much to offer the business world

Did you know...?

Edinburgh is in the wealthiest five per cent of European cities and is also one of Europe's largest fund management bases.**

The region of Edinburgh and Lothians accounted for some 17.6%* of all new businesses in 2005 – the highest figure across Scotland. Glasgow and Edinburgh together have accounted for half of all new jobs created between 1995 and 2003 as their economies grew at twice the rate of the rest of Scotland – an impressive 50% faster than the UK average.

Edinburgh is the UK's second and Europe's sixth largest financial centre. The economy is dominated by the service sector with financial and business services being most prominent. The city is also one of the largest fund management bases in Europe.** These sectors – as well as

tourism, food and drink, life sciences, energy and electronic markets – are thriving in Edinburgh and are key to the future growth of the city, the region, and Scotland as a whole.

And there is so much support for those who want to start or expand their business, whether you need advice on making a business plan, financing your project, or maybe you are thinking of expanding your business and want to employ staff for the first time – the city's Business Gateway can assist and put businesses in contact with helpful partners such as the Edinburgh Chamber of Commerce and a whole range of business support services.

*Source: The Committee of Scottish Clearing Bankers

** Source: SEEL



Business Gateway

Business Gateway is a partnership between Scottish Enterprise, the Scottish Executive and Local Authorities that acts as a single point of contact for all publicly-funded services to business.

Business Gateway provides services to existing and start-up businesses in the Edinburgh area led by Scottish Enterprise Edinburgh and Lothian.

By bringing together key resources such as information, advice, learning opportunities, support and help with access to funding, Business Gateway delivers an effective one-stop-shop to help start and grow all types of business.

According to research, more than 80% of the businesses that start with the help of Business Gateway are still successful two years on.

One service provided by Business Gateway that users find particularly valuable is the Business Information Service, which provides tailored market research and information to help businesses fully understand and exploit opportunities within their market places.

A wide range of workshops, seminars and other events are also run by Business Gateway to assist people at various stages along their business development journey, whether they need help developing their business ideas, writing a business plan, or need to develop specific skills that will enable them to start or grow their businesses. Call or log on to the Business Gateway website to find out about the events that are running in your area, and to book your place.

The Business Gateway website also offers a range of tools and information to help tackle a wide variety of business issues. For people

just thinking about starting a business, the Start Up Action Plan tool is a simple interactive online tool that will help users assess how ready they are to start, and signposts a range of other support and services they may find useful to take the next steps.

For further information, contact:
www.bgateway.com
Tel 0845 609 6611



Every hour a business starts with our help.

Start with 0845 609 6611
bgateway.com



Business Gateway services are delivered by Scottish Enterprise, Scottish Executive and Local Authorities, with the support of associated partner organisations. Maximum call charge from BT landline is 3p per minute. Call costs from other networks may vary.

Edinburgh City Centre

Edinburgh City Centre is a hub for shopping, dining, sightseeing and business and the focus of much investment. Edinburgh City Centre Management (ECCM) is a not-for-profit, public-private partnership set up in 2000 to focus on the promotion, development and improvement of the City Centre.

The Scottish Executive has given ECCM approval and funding to create Edinburgh's first Business Improvement District – a partnership that puts the decision-making power into the hands of businesses to develop and strengthen existing services.

Did you know...?

The Scottish Executive has given Edinburgh City Centre Management (ECCM) approval to create Edinburgh's first Business Improvement District (BID)

ECCM has always worked closely with city centre businesses and already has a strong track record of delivering projects and services including the award-winning weekly farmers' market at Castle Terrace; public realm redevelopment on Castle Street; planned public realm projects in St Andrew Square and the Grassmarket; the 2006 International Fashion Festival; and ECCM's successful campaign to reverse the council's traffic management system in the city centre in 2005.

Businesses of every size and type in Edinburgh City Centre face a range of issues that can affect business performance including access around the city centre; safety and security; and the length of time visitors spend in the city centre. There are a number of ways in which these issues can be tackled including, but not exclusively:

- Enhancement of public spaces and the built environment;
- Events and campaigns designed to attract more visitors to the city centre;
- Warden teams dedicated to tackling crime and cleanliness issues in the city centre.

However, to take these ideas forward, businesses must invest collectively in their future.

The Business Improvement District (BID) concept is an ideal model for businesses to use for this purpose as it supports collective investment and genuine partnership – a model that has been proven to work across North America and England. Legislation allowing BIDs in Scotland should be in place by April 2007.

ECCM will be working with businesses again to create a pathfinder BID in the Princes Street/George Street area of the city centre. The success or otherwise of this first BID will influence future decisions to introduce further BIDs throughout the city centre.

ECCM has begun consulting with businesses to develop proposals that would add to existing services provided by the public sector. A business plan will then be put to the business vote, and a BID will be formed. All businesses in the area will then be levied a fee agreed in the business plan – typically one per cent of rateable value. This, and other funding that can be attracted by the BID from other sources, will be used to fund those projects and services contained in the business plan.

The first Edinburgh BID represents an opportunity for city centre businesses to control how their own money is spent in their own area.

www.edinburghcc.com/BID_home.htm



Homes for business

Edinburgh Park

In 1995 Edinburgh Park welcomed its first occupier and is now Scotland's largest business park and the fourth largest economic area outside Edinburgh, Aberdeen and Glasgow. It accommodates 7,500 employees in over 110,000sq m of office space spread across 21 organisations.

Edinburgh Park has a unique location of landscaped grounds and green space. Its facilities include The Edge Health and Fitness Club, The Ritz Bar Grill, Cafe2U and construction of a Novotel hotel is underway on the site.

The business park, only 15 minutes from the city centre has its own dedicated railway station and the longest guided busway in the UK – the Fastlink. A car-share scheme is in operation and the park is located next to the M8 motorway and city bypass. The proposed tram link in Edinburgh will link the park to the city centre and the park's development programme spans a further 10 to 15 years.

Edinburgh Park railway station currently sees around 1,500 passenger journeys per day and is served by trains from Bathgate and Dunblane, providing four trains an hour to Haymarket and Waverley and two to Brunstane and Newcraighall.

The station is well served by a cross-city bus service and complementary shuttle buses to the business park. It also benefits from the hourly Stagecoach X40 service that links the station with the Park & Ride facility at Ferrytoll, as well as Sighthill, Riccarton and Corstorphine, and is conveniently located for the Gyle Shopping Centre.

Occupants of Edinburgh Park include; Aegon, BT Scotland, Convergys EMEA Ltd, Diageo, Fujitsu Services, HSBC Bank, JP Morgan and The Miller Group.

www.edinburghpark.co.uk
Please contact the joint letting agents. Jones Lang LaSalle,
Cameron Stott on 0131 225 8344 or
GVA Grimley,
Toby Withall on 0870 9008990

North Edinburgh Business Incubator (NEBI)

NEBI aims to provide a permanent and visible local access point for business advice and guidance through one-to-one and group based activities which will:

- Encourage entrepreneurial activity and improve business start-up within the North Edinburgh Social Inclusion Partnership area
- Up-skill the local business community to take advantage of new opportunities
- Provide access to mainstream business support services.

SERVICES

All services are free and confidential.

NEBI offers a wide range of services to start-up, young, growing and established businesses.

Start-up

- One-to-one advice and guidance at a pace to suit the client covering all aspects of setting up and running a business
- Training/workshops delivered to small targeted groups

- Access to other specialists who can help you set up, run and potentially grow your business.

Young, established, and growing businesses can expect:

- Dedicated business management advice
- Site visits to carry out Business Healthchecks and develop business growth action plans
- Access to a wide range of specialist business advisers.

North Edinburgh Business Incubator has:

- assisted 156 new businesses to start
- assisted 180 existing businesses with development.
- provided 1,288 training places

NEBI is funded by ESF, SIP, and private partners.

Tel: 0131 552 1042

Email:

info@northedinburghbusiness.co.uk
www.northedinburghbusiness.co.uk

Case Study

Denise's Cleaning Services



Denise had been working in cleaning for over 10 years but was keen to set up herself so she could have more control over the hours she was working, and the amount she would earn. NEBI advisers helped Denise to develop a business plan that included a full list of potential customers that she could contact to secure work, and to research other cleaners so she was competitive in service and price. NEBI helped her work out financial projections to show exactly how much she needed to make and to ensure she complied with all legal and insurance requirements. Denise has secured a number of local contracts and the business has grown to a level where she has taken on staff.

The University of Edinburgh alone employs 7,000 staff and has a research income well in excess of £100 million per annum

Edinburgh Technopole

Edinburgh – A City of Science, for business and education

Edinburgh is a hub for scientific research and more and more businesses are locating to the city to share in its wealth of facilities, skilled workers and specialist scientific companies.

Edinburgh has been at the forefront of exciting scientific discoveries for hundreds of years – the University of Edinburgh was founded in 1583 by the Town Council of Edinburgh and, in the years that followed, Edinburgh became the base for Lister's pioneering work in antiseptic surgery and the invention of chloroform anaesthesia by Sir James Young Simpson. Today the city remains a powerhouse of scientific research.

The University of Edinburgh alone employs 7,000 staff and has a research income well in excess of £100 million per annum, and the grouping of other university-level research organisations within Edinburgh and the Lothians contribute as much again to the total research activity of the region. World-class expertise within these organisations includes informatics, genomics, medicine, animal health and stem cell research, micro-electronics, petroleum discovery and extraction technology and brewing and distilling. The universities, colleges and research organisations involved in this activity have built up over the years state-of-the-art facilities and equipment, and a worldwide network of collaborators and contacts.

Did you know...?

Edinburgh's science parks are home to some 3,300 researchers, making the city one of the 20 largest science park zones in the world

A significant longstanding commitment to commercialisation of this science base has also led to the presence in the region of many exciting technology companies. Within the past five years alone, around 60 start-up and spin-out companies have emerged from the University of Edinburgh. Cutting edge companies based in the region today include: Xilinx, Wolfson Microelectronics, and IndigoVision from the world of electronics, and Charles River, Kendle International, Aptuit, and Ardana from the world of health care.

In 1971 the area became the base for the first science park in Europe, created by Heriot-Watt University. Since that time other science parks and research centres have been created including the Edinburgh Technopole, the University of Edinburgh's science park, which is a joint venture with Grosvenor, the international property group.

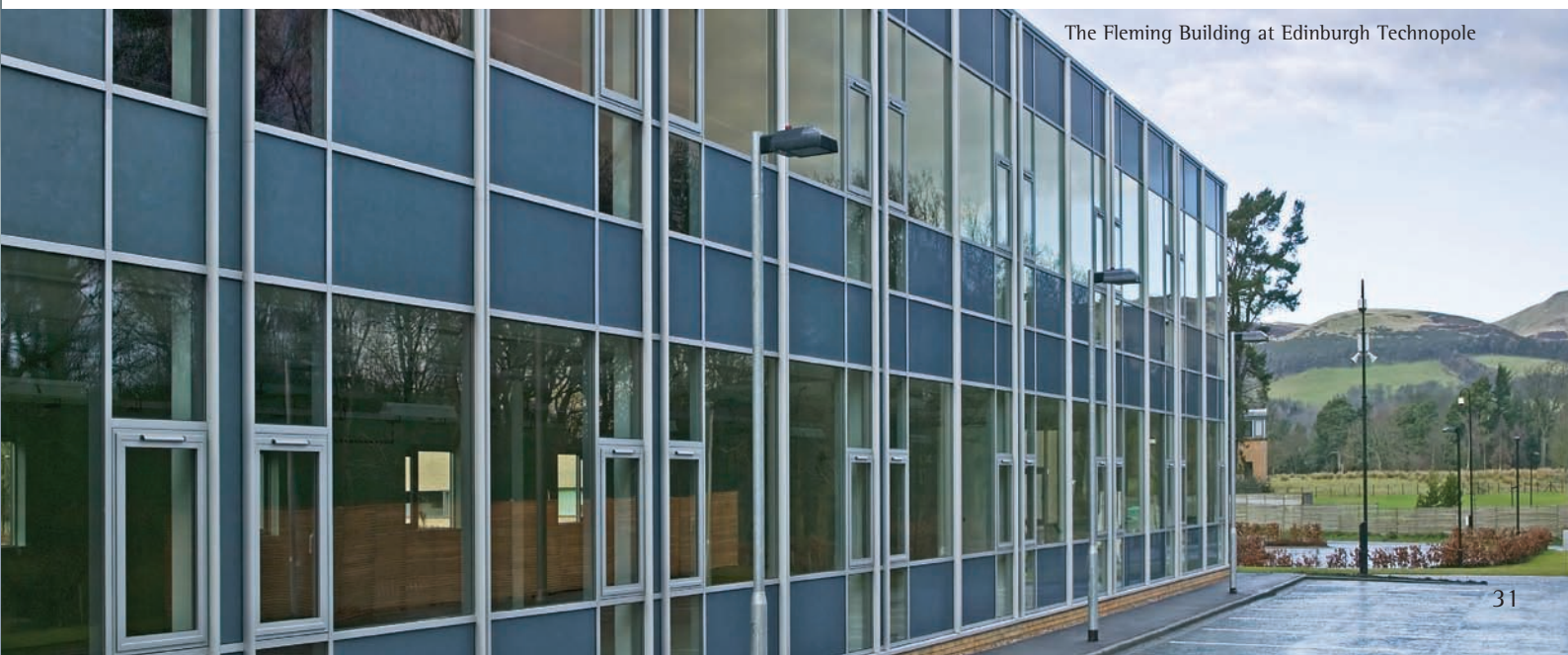
In 2004 seven of these science and technology parks came together to create an alliance known as the Edinburgh Science Triangle. Each of the seven parks is housed in quiet landscaped surroundings and yet are close to Edinburgh and the International Airport. You can travel between all the parks in less than an hour, and the Edinburgh Science Triangle alliance has been part of a general movement towards pooling resources and sharing ideas.

The parks are now home to some 3,300 researchers, making this collectively one of the 20 largest science park zones in the world. Maintenance of such a strong base requires a highly skilled workforce, and Edinburgh has one of the best-trained workforces in the world. The city has more graduates per head of population than any other city in Europe, and the city's international renown attracts knowledge-based workers from all over the world. The quality of life and high standard of work on offer attract a large pool of general and specialist labour, contributing to a young and vibrant workforce in all the science parks and throughout the city.

The city's three universities ensure a steady stream of talented science and technology graduates, and Scotland as a whole trains a disproportionate number of the UK's life scientists, pharmacists, and medical doctors. With first class infrastructure and accommodation the skilled workforce has easy access to world-leading education and research resources. The Edinburgh Science Triangle provides an exceptional location to do business.

Contact: Ian Murphy
Director, Edinburgh Technopole
www.edinburghtechnopole.co.uk

The Fleming Building at Edinburgh Technopole



Useful Contacts:

City of Edinburgh Council
City Chambers
High Street
Edinburgh EH1 1YJ
Tel: 0131 200 2323
Web: www.edinburgh.gov.uk

Scottish Enterprise Edinburgh
& Lothians
Apex House
99 Haymarket Terrace
Edinburgh EH12 5HD
Tel: 0131 313 4000
Web:
[www.scottish-enterprise.com/
edinburghandlothians](http://www.scottish-enterprise.com/edinburghandlothians)

Business Gateway
Tel: 0845 609 6611
Web: www.bgateway.com

Bank of Scotland
Tel: 0845 300 1956
Web: www.bankofscotland.co.uk

Edinburgh Chamber
of Commerce
Capital House
2 Festival Square
Edinburgh EH3 9SU
Tel: 0131 221 2999
Web: www.edinburghchamber.co.uk

Scottish Financial Enterprise
24 Melville Street
Edinburgh EH3 7NS
Tel: 0131 247 7700
Web: www.sfe.org.uk

Scottish Property Federation
22B Alva Street
Edinburgh EH2 4PY
Tel: 0131 220 6353

The Scottish Executive
Tel: 08457 741 741
Tel: 0131 556 8400
Web: www.scotland.gov.uk



EDINBURGH CHAMBER OF COMMERCE

'Inspiring Connections'

Edinburgh Chamber of Commerce is the Voice of Business in Scotland's Capital and represents over 1600 member companies, from SMEs to large institutions.

As the Voice of Business we are in a unique position to influence policy for the good of our membership and we are continually planning a vigorous programme of events and campaigns to support that objective.

We believe that ours is the best value membership package of any business organisation in Scotland. We are continually improving our services for members and modernising the Chamber to be the membership organisation businesses want to be part of. Our services include, Chamber Connect - with over 90 fantastic 'member to member' discounts and a suite of products representing a return on investment for your organisation.

Working with a variety of partners and development agencies we deliver a range of support to businesses at all stages of development, from start up to maturity, including advice and

guidance, training, development and e-business.

The redevelopment of our website www.edinburghchamber.co.uk has been an exciting element of our modernising programme and keeps our members up to date with the latest business news, member news, international activities, events and services.

Last year, our members told us that networking opportunities were the number one benefit they looked for in their Chamber, so everything we have done in designing our strategy going forward is focused around our Inspiring Connections event programme.

Edinburgh Chamber of Commerce cares deeply about its members and the business environment in which they are operating. And we will continue to actively campaign on your behalf to ensure that the factors inhibiting prosperity and growth are identified and addressed. Together, we can build a brighter future for your business.



Join the network and make the connections!

Contact us on

Tel: 0131 221 2999

Fax: 0131 221 2998

Email:

information@edinburghchamber.co.uk

Web: www.edinburghchamber.co.uk

graham.birse@edinburghchamber.co.uk

Edinburgh Chamber of Commerce
Capital House, 2 Festival Square
Edinburgh EH3 9SU

President: Richard Jeffrey
Chief Executive: Ron Hewitt

Interior of Edinburgh Chamber (Members' Hub)





Scotland's only locally based firm dedicated to holding a regular programme of commercial and residential property auctions. Regular vendors include Scottish Water, Rail Property, Land Securities Trillium, Scottish Enterprise, other public organisations, banks, property investment companies and private clients, all offering Lots located across Scotland.

**SVA Property Auctions Ltd,
13 Great King Street,
Edinburgh, EH3 6QW
Tel: 0131 624 6640 Fax: 0131 624 6630
Email: info@sva-auctions.co.uk
www.sva-auctions.co.uk**



8a Howe Street
 Edinburgh EH3 6TD
 t 0131 477 2833
 e info@1worldldesign.co.uk

Corporate Branding
 Editorial Print Design
 Annual Reports
 Packaging Design
 Advertising

we don't do lunch
 we don't eat healthily
 we don't do 9-5
 we don't over charge
 we don't like what we do

WE LOVE IT!



3011050

**"A photocopier left on overnight
 uses enough energy to produce
 1500 copies."**

Saving energy makes good
 business sense

Saving energy saves you money, protects
 your reputation and helps combat
 climate change.

Your organisation could save up to 10%
 through housekeeping actions which cost
 little or nothing.



Source: www.carbontrust.co.uk

Sustainable development is trying to achieve a reduction in the negative impacts that businesses have – reducing the impact on our communities and the environment and ensuring we leave a better world for future generations.

The Business Environment Partnership



Edinburgh | green business

As consumers begin to seek out greener and more ethical goods, now is the time for businesses to realise how crucial their role in the environmental, social and economic success of this country is not just for today, but of future generations worldwide too.



The Business Environment Partnership is a publicly funded source of advice in helping companies to improve their environmental performance

The Business Environment Partnership

In today's highly competitive business market, companies are beginning to realise that they can gain real competitive advantages through sustainable development. Not only can they meet high consumer expectations, but they can also begin to compete in supply chains that demand high environmental standards.

But what is sustainable development?

Businesses interact with people and the environment in many different ways. Businesses rely on the environment for natural resources, raw materials and energy – but in return create waste, generate pollution and use up non-renewable resources. Businesses contribute to the prosperity of the economy, but in return generate traffic, noise and air pollution within their local communities. So, businesses, the environment and communities all closely interlink and make an impact on one another. Sustainability is about looking at these links and assessing where the negative impacts can be reduced, to leave a better world for future generations.

Where can businesses find help?

With climate change and carbon footprints now high on the agenda and with pressures to comply with the latest legislation changes, companies can understandably find it

a struggle to keep up with the changes. Fortunately, the Business Environment Partnership is on hand to help with any environmental issues businesses have.

The Business Environment Partnership is a publicly funded source of advice in helping companies to improve their environmental performance. By taking advantage of free specialised environmental assistance, Scottish companies realise cost savings, reduce commercial risks and achieve a competitive advantage. See how the Edinburgh International Conference Centre used The BEP to improve their environmental policies (page 39).

The Business Environment Partnership offer a number of services, many of which are free:

- Free waste, energy and water audits.
- An Environmental Placement Programme.
- ISO 14001 Programme.
- Assistance in attaining the Green Tourism Business Scheme accreditation.
- A Business and Biodiversity initiative.
- Advice and support on environmental legislation.
- Information and advice regarding renewable technologies.

Business Environment Partnership on 0131 561 6262 or email enquiries@thebep.org.uk.



Green Tourism Business Scheme

The Green Tourism Business Scheme (GTBS) is a VisitScotland accredited scheme to help tourism businesses reduce their environmental impact, save money, improve efficiency and increase marketing potential.

The market place is changing and green-conscious customers are on the increase. Businesses using the GTBS could encourage customer loyalty, gain new business and increase their community profile through good environmental management. Even the simplest measures can contribute towards obtaining an award – Gold, Silver or Bronze – and many companies may have a head start as they already undertake many of the basic practices already.

And it doesn't involve an arduous and complex green strategy.

For example, if everyone in Scotland only boiled the water they needed to make a cup of tea instead of filling the kettle every time, they would save enough electricity to run all the street lighting in the country!

There are over 700 members in Scotland and over 300 in England – and that number is set to increase.

Membership includes:

- Simple application process
- Low-cost membership fee based on business size
- Informative membership pack
- Environmental visit, assessment and advice tailored to member
- Information on financial support
- Plaque and certificate

Benefits include:

- Reduced running costs
- Increased market appeal
- Increased environmental awareness
- Free listing on the website
- Online and telephone support
- European marketing

To fill out a free advice questionnaire, visit the website at: www.green-business.co.uk/scotland.html

The Green Tourism Business Scheme (GTBS) is an accredited VisitScotland Quality Assurance scheme operated in Scotland on behalf of VisitScotland by a not-for-profit company, Green Business UK Ltd.

www.green-business.co.uk



Promoting a more inclusive society

Promoting Diversity in the Workplace is a scheme that believes all people should be treated equally no matter their gender, racial or ethnic origin, disability, age, sexual orientation, religion or belief. It challenges discrimination in the workplace, often created due to a lack of tolerance or understanding of certain groups and acts as a catalyst to creating a more inclusive Scottish society both in and out of the workplace.

Why should organisations embrace diversity?

It's not only new legislation driving organisations to think about

managing diversity. Other social and economic factors also add to the need to be equality conscious. All European countries have undergone/are undergoing dramatic change in their populations and this affects the people we employ, those to whom we deliver products and those from whom we buy those goods and services.

Employees have higher expectations of their employers to be fair in their practices and to accommodate their needs through meaningful policies and procedures. While each organisation needs to identify its own priorities, benefits of being seen to be a positive employer include:

- Attracting, recruiting and retaining people from a wider talent base, which in turn creates larger markets through individual networks
- Reducing the costs incurred by high labour turnover and absenteeism

- Contributing to employee flexibility and responsiveness
- Building employee commitment and morale
- Enhancing creativity and innovation
- Improving the needs of current customers and clients
- Enhancing the organisation's reputation and image with external stakeholders

From a business perspective, any increase in productivity, networks and employee retention will of course provide financial benefits to an organisation. What could be better than working in a happier, more productive environment? Take a look at your policies today, identify your obligations and become a profitable business leader through Promoting Diversity in the Workplace.

For more information visit www.promoting-diversity.co.uk or contact Nicolette Glashan on 0131 221 2999



Case Study

Edinburgh International Conference Centre

The Edinburgh International Conference Centre (EICC) is owned by the City of Edinburgh Council (CEC). The EICC offers pre event planning, event and exhibition space, security services, a business and media centre and webcast facilities. Since the EICC opened in September 1995 over 2000 events have taken place at the facilities producing over 1.5 million delegate days and a positive economic impact of £200 million. The EICC employs 61 full time staff.

EICC conducted a sustainability review, with support from the Business Environment Partnership (BEP). The review identified a wide range of opportunities for the EICC to improve its social and economic performance through: improved employee relations, increased community participation and improved supplier policy and practice. Key environmental impacts were tackled by: addressing climate change (through site energy use and travel plans), monitoring materials use and waste management.

The EICC has already introduced a number of good working practices as part of its aim to be a “centre of excellence and a benchmark for the service industry”. This involves the adoption of the EFQM Business Excellence Model that employs the ISO14001 environmental management system and Investors in People employee development system.

Since the review, the EICC has achieved even greater results:

- Green Tourism Business Scheme (GTBS) – Gold Award since 2002
- Business Environmental Excellence – Gold Award
- Achieved 44% reduction in packaging waste and reduction in general waste from 85.36 ton to 48.4 ton per annum.

The EICC has also established the Sustainable Events Programme, which actively manages the impact of each event. The programme benefits from an extremely high level of participation from staff. Staff involvement is encouraged through the Teams of Excellence scheme, which rewards staff for innovative ideas which reduce waste, save energy and improve the environmental performance of EICC. The programme extends the current ISO 14001 accredited environmental management system and addresses a wider range of social, economic and environmental impacts.



DID YOU KNOW...

UK shoppers can now choose from over 2,000 Fairtrade products
from more than 250 companies



DID YOU KNOW...

There is a Fairtrade Fortnight every year...details can be found at www.fairtrade.org.uk

Edinburgh | Fairtrade city

Edinburgh is one of only two Fairtrade Capital Cities – but in total there are currently some 205 Fairtrade Towns, Cities, Boroughs and Zones in the UK

The City of Edinburgh and University of Edinburgh both achieved Fairtrade status back in March 2004.

The Fairtrade Towns campaign was established to raise awareness of the FAIRTRADE Mark, the only independent consumer guarantee of a fair deal for producers in developing countries.

Fairtrade status is achieved when local communities meet the five goals set out by the Fairtrade Foundation and make a substantial commitment to the promotion and uptake of Fairtrade goods, both at local authority level and in shops and businesses.

By ensuring that local councils support Fairtrade and that a percentage of local shops and businesses sell Fairtrade, the Fairtrade Towns movement has played a dynamic role in doubling the sales of products carrying the FAIRTRADE Mark in the past two years. Figures for 2005 show sales reached an estimated £195m a year, a 40% increase on the year before.

Bruce Crowther, who started Fairtrade Towns movement in 2000 and is now the national Fairtrade Towns Co-ordinator for the Fairtrade Foundation says, “The network of Fairtrade Towns has become a wonderful way of involving people in councils, synagogues, churches, mosques, businesses, shops, supermarkets, cafés, bars – in fact throughout the whole community right across the country. The towns raise awareness and sales of

Fairtrade both contribute to tackling poverty and improving the lot of marginalised and disadvantaged farmers.”

Crowther added: “One of the biggest achievements of the steering groups behind Fairtrade Towns has been to crack the complex world of catering and procurement and getting Fairtrade into local authorities, workplaces, schools and Primary Healthcare Trusts.”

According to a poll conducted by MORI in 2005 for the Fairtrade Foundation, some 50% of the adult population can now identify the FAIRTRADE Mark, up from 25% in 2003 and 39% in 2004. That’s one in every two adults in the UK – and it’s a younger and more diverse audience than ever before with the highest recognition factor among the 25–34 age group.

Harriet Lamb, Director of the Fairtrade Foundation, said: “Reaching 50% of the population is a hugely significant marker for us. Companies should take note that the public are more canny and caring than they are often given credit for. Price is emphatically not their only concern when they go shopping – they do want reassurance that farmers in developing countries receive a better deal.”

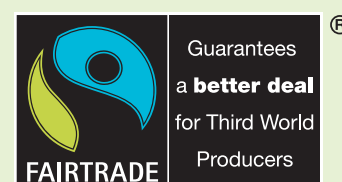
To find out more about Fairtrade see www.fairtrade.org.uk.

Edinburgh Fairtrade City Initiative can be contacted on tel: 0131 200 2000.

Five goals to achieve Fairtrade status

Towns, cities, villages, islands, boroughs, counties and zones can achieve Fairtrade status by meeting five goals set by the Fairtrade Foundation. For simplicity all these places are referred to as Fairtrade Towns. The five goals to achieve Fairtrade Town status are:

- 1 The local council passes a resolution supporting Fairtrade and agrees to serve Fairtrade coffee and tea at its meetings and in its offices and canteens;
- 2 A range of Fairtrade products is readily available in the area’s shops and catering establishments;
- 3 Fairtrade products are used by a number of local work places and community organisations (churches, schools etc);
- 4 Media coverage and popular support is encouraged for the campaign; and
- 5 A Local Fairtrade Steering Group is convened to ensure commitment to Fairtrade Town status



Look for this Mark on Fairtrade products

Edinburgh has one of the most highly trained workforces in the UK
– some 34% of the city's population hold degree-level qualifications.



Edinburgh | a university city

Universities, colleges and adult education combine in Edinburgh to offer education and training for all - whether you are in business or just starting out in your career, there are plenty of options to help you along

Edinburgh is home to four universities - each of which has a Business School which works with local businesses to train and develop the workforce of today and tomorrow. Local colleges offer a variety of disciplines and also provide businesses with the opportunity to invest in their staff with additional training such as the Edinburgh College of Art, Scottish Agricultural College, Stevenson College and Edinburgh's Telford College.

Students of all ages come to Edinburgh to study - and it's not just for academic qualifications. Organisations such as ProjectScotland provide young people aged between 16-25 with full-time voluntary work placements broadening their experience, confidence and, therefore, employability.

Springboard Scotland is another such organisation that works specifically with people who are looking for a career in the tourism business - providing information and advice on college courses and other resources to help prepare new recruits for work in the tourism business.

The City of Edinburgh Council's 'Edinburgh Grid for Learning' website (www.egfl.net) provides a useful forum of information not only for parents in Edinburgh, but also for anyone interested in adult

education and education in the community. Details of school catchment areas, term dates, education news, reports, policies and guidelines are also available here for parents. This website also provides resources for pupils and teachers alike.

Edinburgh is also home to The National Library of Scotland which has two public buildings - one at George IV Bridge and one at Causewayside. As well as a wide range of electronic material, including details on 11 million companies worldwide, the Library's main business resources are located at the George IV Bridge. Now housed on the mezzanine floor of the General Reading Room, these resources include over 1,200 printed business directories and over 3,000 market research reports - the largest collection of its kind in Scotland. ➤

these resources include over 1,200 printed business directories and over 3,000 market research reports - the largest collection of its kind in Scotland.



Add colour to your life with a course at Stevenson College Edinburgh

With lots of exciting courses to choose from and some brand new facilities, there's never been a better time to study at Stevenson. As one of the largest further education colleges in Scotland, we welcome over 15,000 students every year, including 1000 international students from 100 different countries, including China, Russia, India and Spain.

Stevenson offers a range of courses from entry level, through to HND's and degree foundation programmes. If you're looking to advance your career through training or move into a new field, a professional qualification can help get you there. From accountancy and management courses, to PDA's in childcare and social care, or CISCO and Microsoft computing courses, Stevenson's range of professional, accredited programmes can help meet your development needs.

As part of the College's multi-million pound development programme, Stevenson has opened a £1.5 million commercial training centre which provides state-of-the-art training facilities for both commercial clients and students. It has a lecture theatre and four training rooms with high spec IT, interactive whiteboards and 'virtual learning' facilities.

Stevenson's £3.5 million performing arts centre 'The Music Box' opens summer 2007. The striking new building will offer courses in art, drama, music and dance and will house a 120 seat auditorium, a recording studio, rehearsal rooms, individual practice booths, a dance studio and a café bar.

For more information on courses available at Stevenson College Edinburgh, please call 0131 535 4700, text SCE/EG (plus your name and address and course of interest) to 88020* or go to www.stevenson.ac.uk.

Add colour to your life
www.stevenson.ac.uk



The latest School of Thinking – Academic Excellence is not the only goal

The University
of Edinburgh
Management
School

The University of Edinburgh has been teaching business education since 1918 and its Management

School has just celebrated 25 years of teaching the MBA.

The Management School, the only business school in Scotland to feature in the *Financial Times* global MBA rankings, provides research and consultancy for companies through its five research centres. These cover the financial markets, retailing, entrepreneurship, public sector accounting and credit research – and all work closely with industry-experienced practitioners.

The School has recently created two externally-funded chairs: the Dixons chair in Entrepreneurship and the George David Chair in Entrepreneurship and Family Business. The School also runs a highly active

Entrepreneurship Club that attracts leading entrepreneurs and venture capitalists as guest speakers.

The MBA class also provides consultancy for local firms. These projects, known as the “Lothians Consultancy Projects” take place over the summer term and give local organisations – both commercial and not-for-profit – the opportunity to benefit, free of charge, from the insights and experience of a diverse and international class. MBA students have, on average, seven years experience in a wide variety of industry sectors and countries. Some local companies have also benefited from a three-month summer work placement from their MBA students.

The School provides executive education through an open enrolment programme for senior executives, called the Executive Agenda, and a number of tailored training programmes for companies

including Scottish Widows Investment Partnership, ESPC, Standard Life and the Royal Bank of Scotland.

The school holds a number of joint events, with organisations such as the Junior Chamber (pictured), the Institute of Management Consultancy and the Chartered Management Institute.

Contact Aidan Hetherington
Corporate Relations officer
Tel: 0131 650 9841
Email: aidan.hetherington@ed.ac.uk
Web: www.ed.ac.uk



Napier University

NAPIER UNIVERSITY
EDINBURGH SCOTLAND

Napier University Business School (NUBS) is one of the largest business schools in Scotland with over 4,000 students.

It offers a wide range of internationally recognised courses from Bachelor Degree to PhD level and has the largest number of undergraduates studying business related degrees in Scotland. NUBS also offers a number of joint honours degrees giving students an even wider choice of courses to study. It has a unique relationship with professional bodies and a growing expertise in entrepreneurship and employment-related research.

Napier University has invested over £30 million into Scotland's newest and most cutting-edge business school. Futuristic in design and flexible in operation, its Craiglockhart Campus is an innovative teaching facility (pictured).

Napier University Business School has been quick to recognise the significant growth in the number of festivals and events held in Edinburgh and has created a multi-disciplinary centre to support the many specialist areas relating to 'Festivals & Events'.

The Centre for Festival & Event Management's staff draw on an extensive range of academic, professional and consultancy experience in the management of festivals, events and visitor attractions: from visitor management and service planning, to economic and marketing strategy evaluation, cultural impact, assessments, capacity evaluation and social inclusion strategies.

Napier University Business School
Craiglockhart Campus
Edinburgh EH14 1DJ

E: business@napier.ac.uk
T: 0131 455 4505
F: 0131 455 4506
www.napier.ac.uk/Nubs



St Margaret's School, Edinburgh 'Top Class Results.....Small Class Environment'

Care is at the very heart of everything we do at St Margaret's School. We aim wherever possible, to provide a 'home from home' for each and every one of our pupils, developing the individual talents of each young person from 3 months to 18 years of age in 3 distinct but interrelated stages within the School – Early Years (0-5s), Junior School (J1-J6) and Senior School (Transition-S6).

The recently refurbished St Hilary's House is an inspirational new addition to the School. The upper floors offer a flexible residential service whilst the ground floor hosts our outstanding Early Years facility. Our dedicated team of specialist staff provide high quality pre-school (3 months to 5 years) education and care in a modern, secure and stimulating environment.

In a medium-sized school, good knowledge of the individual by her teachers promotes the positive relationships that underpin and promote academic and personal development.

Intellectual challenges are introduced at a pace to suit the individual and achievement of all kinds is celebrated.

We have a policy of adapting the upper levels of the Scottish 5-14 curriculum to start National Qualifications courses early – in Senior 1 or 2. Standard Grade and Intermediate presentations are made in Senior 3, so that the next stage of certification (Higher or Intermediate 2 Levels) can be 2-year courses in up to 6 subjects as well as modules in a wider variety of subjects. This enables pupils to take up short courses or experience work or voluntary service alongside their class commitments.

Our Extended Curriculum offers a wide variety of opportunities to develop competencies, capabilities and attributes beyond the classroom. Our ability to develop all our pupils into young women who are both confident and successful learners and contributors is demonstrated by our leavers.

Working in partnership with parents to help provide the very best care and attention for their children, we also offer After School Club, Early Birds, Holiday Club and several dedicated bus services from outlying areas.

..... Come and talk to us!

For more information please telephone 0131 668 1986 or email contact@st-margarets.edin.sch.uk



St-Margarets.edin.sch.uk



ST. MARGARET'S SCHOOL
EDINBURGH

"Top class results....small class environment"

Come and talk to us.... 0131 668 1986

...challenge with support for the individual

www.st-margarets.edin.sch.uk
East Suffolk Road, Edinburgh EH16 5PJ

Edinburgh Business School (EBS)

Edinburgh Business School (EBS) is the Graduate School of Business at Heriot-Watt University. EBS specialises in providing postgraduate degree courses to professionals globally.



Distance Learning MBA

Our flagship programme is the MBA by distance learning (launched 1990):

- With over 7,000 active students from 150 countries, it is one of the largest MBA programmes in the world
- 40% of Fortune 500 corporations have employees on our MBA programme
- Our 'students' are business professionals – average age 37; employed; seeking broader skills, who are not able or do not want to attend conventional programmes
- Current students geographic split: 30% Europe, 28% Americas, 17% Asia, 15% Africa, 10% Middle East,
- EBS has 10,000+ alumni from 150 countries.

The Executive MBA

The Executive MBA programme combines the flexibility and choice of self-managed distance learning, with

the opportunity to attend a series of intensive seminars in Edinburgh spread over 27 months.

There are seven long weekends (Thursday to Sunday) spent at the state-of-the-art teaching facilities on the Edinburgh campus, and intensive two day refresher courses in each subject prior to examinations.

Cohorts of executives from major corporations have attended the highly regarded part-time 'consortium' programme which forms the model for our Executive MBA programme. These include: Agilent Technologies, Dawson International, Ernst & Young (Italy), Hewlett-Packard, Lloyds TSB, Pearson Education, the NHS, ScottishWidows and ScottishPower.

Edinburgh Business School
Tel: 0131 451 3090
Email: enquiries@ebs.hw.ac.uk
Web: www.ebsglobal.net

Business and Enterprise – Queen Margaret University, Edinburgh

In today's world, the impact of businesses large and small can be seen and felt in every aspect of our lives, but for organisations to succeed in today's increasingly competitive market a good business education is critical.



Queen Margaret University
EDINBURGH



QMU's School of Business and Enterprise aims to lead the way in business innovation, professional advancement and enhancement of the intellectual environment for its stakeholders by providing excellence and leadership in vocationally and professionally relevant education, research and consultancy.

The School delivers quality courses that are relevant to today's rapidly changing global environment offering a complete range of business education programmes from undergraduate to postgraduate levels, including MBAs and PhDs.

Flexible entry and exit points make the courses particularly attractive to graduates with HNC or HND qualifications from further education colleges. Some 96% of QMU students gain employment or progress to postgraduate study within six months of graduation.

The School is also building a thriving research environment where high quality collaborative research is undertaken by the School's staff, postgraduate students and through the School's research centres, developed to facilitate research links between academia, business and the community. Research is conducted over a range of disciplines including: management, marketing, hospitality, tourism and events management, retail business, and consumer studies.

QMU is developing Scotland's first new university campus at Craighall, East Lothian. Due to open in 2007, the purpose-built campus will take the form of an innovative academic village with high-tech building and attractive parkland spaces.

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Web: www.qmu.ac.uk



ST GEORGE'S SCHOOL FOR GIRLS

DAY AND BOARDING 2-18



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- A St George's education will provide you with unrivalled learning opportunities, excellent teaching and individual support for your personal, social and intellectual development.
- Focusing on your individual talents, needs and interests St George's will prepare you for university and college education and lifelong learning, adult life and work, and to make your contribution to society.
- St George's is a flexible and open learning community meaning you can grow and develop at your own pace and in your own direction.
- We are open to change and improvement in every aspect of our activities and are not afraid to learn how to do things better for you.
- We work in partnership with the wider community and other schools to promote an understanding and awareness of Scotland and its place in the world.
- If you decide to board you will be part of a friendly, family-like community in a home from home with girls from the UK and overseas.

For more information please contact our Admissions Department:

St George's School, Garscube Terrace, Edinburgh, EH12 6BG,
 Tel: 0131 311 8000, Email: admissions@st-georges.edin.sch.uk,
 Website: www.st-georges.edin.sch.uk

Useful contacts:

learnirectscotland

National business training advice line:
08456 000 111
learnirectscotland for business
website: www.lids4b.com.

Learning and Teaching Scotland The Optima

58 Robertson Street
Glasgow G2 8DU
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www.ltsotland.org.uk

ProjectScotland

49 Melville Street
Edinburgh EH3 7HL
Tel: 08458 4 16 2 25
Email: info@projectscotland.co.uk
Web: www.projectscotland.co.uk

Springboard Scotland

C/o Glasgow Metropolitan College
230 Cathedral Street
Glasgow G1 2TG
Tel: 0141 552 5554
Fax: 0141 552 9991
Email: davida@springboarduk.org.uk
web: www.springboarduk.org.uk

The Edinburgh Grid for Learning
(Schools information from City of
Edinburgh Council)
Email: www.egfl.net

The National Library of Scotland Scottish Business Information Service

National Library of Scotland
George IV Bridge
Edinburgh EH1 1EW
Tel: 0131-225 8488
Fax: 0131-466 2818
Email: enquiries@scotbis.com
web: www.nls.uk

The City of Edinburgh Council,
City Chambers,
High Street, Edinburgh, EH1 1YJ,
Tel: 0131 200 2323
www.edinburgh.gov.uk

Case Study

History Gets Hi-Tech

Win Brogan of Edinburgh-based firm Mercat Tours isn't afraid of ghosts and ghouls. She'd be in the wrong business if she was – the firm specialises in ghost walks and history tours of the city's old town.

As Head of Development for the company, however, Win was frightened by how its business systems and lack of IT was stifling the company's growth.

Win explained: "We knew our website needed updating if we were to encourage more people to book our tours and we'd need to revamp our paper-based booking system but we didn't know where to begin.

"Napier University's eBusiness Projects within the Project Development Unit of Lifelong Learning was recommended to us through the Chamber of Commerce. The University appointed an e-business adviser who identified the manual transfer of large amounts of data as an issue. We were spending a lot of time servicing our technology rather than the other way round.

"We needed a fully integrated system so that the website, the guides and sales staff on the street, and the office were all talking to each other. Napier was also useful in ensuring that we didn't get more than we needed.

"The adviser helped us prepare a tender document for the work needed and put it out to a range of companies – and they also helped us make our final selection. Now Napier has settled into a monitoring role – keeping a watching brief."



Win Brogan, Mercat Tours

Jamie Brogan, Project Manager in Lifelong Learning said: "The Department of Lifelong Learning at Napier University creates and manages a number of innovative projects working with individuals, businesses and communities throughout Scotland, and in doing so aims to make a significant contribution to today's Scottish economy and society.

"Mercat Tours is a typical example of the kind of business we help. It is a company whose staff need to spend the majority of their time face-to-face with their clients, not dealing with bits of paper.

"We are very much in partnership with the business. We find that businesses soon go from asking 'how can we afford this?' to 'how can we afford not to do this?'"

Thanks to the advice of Napier University, the installation of a new website and hi-tech booking system has seen Mercat Tours increase its ticket sales by 125% in the first four months of its operation. In fact, the proportion of online sales has grown by 230% and private bookings are soaring due to a focus on search engine optimisation.

www.napier.ac.uk/lifelonglearning

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Coeducational Junior School for boys and girls aged 3 to 12, single sex closely twinned secondary schools between the ages of 12 and 17.

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the classroom in the country

Our work starts in the Nursery where in delightful, safe surroundings we can accommodate up to 32 children in a combination of five full days or mornings. Our children have an opportunity to swim, dance and take French. They learn through play and, of course, take their first steps in literacy and numeracy.

Our policy of small class sizes continues into Primary where each child is treated as an individual resulting in greater self-confidence. The accent is on dynamic teaching where learning is fun, challenging and rewarding.

Our extended school day allows for many sports, clubs and activities and a school bus service runs to and from various locations in West Lothian.



Learning is fun at the school. Fantastic environment too. Breadth of curriculum – wonderful opportunities for the children in expressive arts, sports, trips and the academic pursuits.

current parent

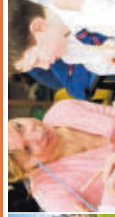
CLIFTON HALL SCHOOL ...75 years of excellence



Deciding your child's education is probably the single most important parenting decision you will make.

Clifton Hall School is a fully independent Primary and Nursery school for boys and girls between the ages of three and eleven.

- Small class sizes – dynamic approach to teaching and learning
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- Outdoor education
- After School Club (to 6.00pm if required)



Bursary Initiative

Clifton Hall School is delighted to announce a new Bursary Award Initiative, intended to help lower income families benefit from an independent education. We have several bursaries now available, offering up to 75% reduction on fees, related to financial need. Should you wish your child to attend one of Scotland's foremost independent primary schools and would seek assistance to do so, contact us today and request an application form.

Clifton Hall School Newbridge, Edinburgh EH28 8LQ

Tel: 0131 333 1359 admissions@cliftonhall.org.uk www.cliftonhall.org.uk

Case Study

ProjectScotland Vascar Winner Edinburgh and Lothians

Julia Ogilvy –
ProjectScotland's founder
and Chair and First Minister
Jack McConnell with
ProjectScotland Vascar winner
Edinburgh and Lothians,
Stephanie Burns



Volunteer: Stephanie Burns
ProjectScotland Vascar Winner
Edinburgh & Lothians
From: Broomhouse, Edinburgh
Placement: Health in Mind

Stephanie Burns, 18, has undertaken a 12-month full-time placement with ProjectScotland at Health in Mind – an Edinburgh-based organisation set up to promote the health and well being of people who experience mental health difficulties, and she has discovered that this may be the ideal career for her.

“My mum heard about ProjectScotland on the radio and thought it was something I should look into. I visited the website and wanted to be a part of it – it seemed too good a chance to miss.

“I wanted to gain experience in this field of work and find out if it was really the type of job for me, but I also wanted to do something to help other people with the experience I already have.”

Stephanie's day to day role as a 're:discover volunteer' was focused around developing relationships with five individuals with various mental health problems. She met with each for two-three hours a week, setting goals and promoting recovery so that the individual is more empowered and less able to be isolated by society.

“I also did a fair bit of office work in particular getting a newsletter off the ground for service users and volunteers. I was given the opportunity to use a Learn Direct computer to practise my computer skills as well as enrolled in a distance learning course at the University of Wales, Lampeter, which gave me a certificate of interpersonal skills for volunteers.

“For me, I'm gained so much out of the ProjectScotland placement. I got hands-on experience in the mental health sector, gaining general office experience, receiving essential training – and overall a real confidence boost!”

ProjectScotland

ProjectScotland is the revolutionary organisation connecting 16-25 year olds with full-time voluntary work placements. It was established in response to a demand from young people from all backgrounds to play an active role in their communities, broaden their horizons and enhance their confidence and experience.

ProjectScotland works with over 130 non-profit organisations across Scotland to create structured and rewarding placements for young people. Volunteers sign up to a full-time volunteering placement (30-plus hours per week) lasting anything from three to 12 months. During their placement, volunteers are supported with appropriate training and mentoring and are offered a subsistence allowance of £55 per week, travel and childcare expenses.

Since its launch in May 2005 ProjectScotland has exceeded targets and placed over 1,000 young Scots in full-time volunteering positions (over a 100 of these in the Edinburgh area).

Over 850,000 hours of voluntary work has been committed by ProjectScotland volunteers in a variety of fields including media and entertainment, the arts, environment, social care and sports – all of which has brought an enormous boost to the capacity of the voluntary sector.

For more information please log onto www.projectscotland.co.uk





Springboard Scotland

Springboard Scotland is an educational charity dedicated to promoting careers in hospitality, leisure, travel and tourism and raising the profile of the industry. Since its launch in 1998 Springboard Scotland has worked closely with both the industry and education sectors forging strong links in order to promote these industries as a great place to work.

Tourism in Scotland is worth an estimated £4 billion annually and it is vital that the industry attracts and retains the best tourism workforce in the world.

The Springboard Scotland team works directly with the industry to improve perceptions as an employer, to attract new talent into the industry and help address specific HR challenges such as recruitment and retention.

Springboard also works directly with potential recruits showcasing the vast range of career opportunities in Scottish Tourism and helping young people, unemployed clients, adult returners, career changers and disadvantaged people to improve their prospects in life by preparing them for work in hospitality, leisure, travel and tourism.

Springboard can offer up-to-date information and advice on college courses, career opportunities and routes into the industry. It also has a huge range of resources such as videos, CD-ROMs, careers magazines, a 'Who Wants to be a Hotelier' boardgame, case studies and student activities designed to support the Scottish

curriculum, bringing the industry to life and encouraging people to follow a career in tourism.

As well as its strong links locally, Springboard has a national Springboard Business Partnership Scheme which has forged even stronger links with major hospitality and tourism businesses such as Accor, BCP Car Parks, Best Western, City Inn, Compass, Gleneagles, Greene King, Intercontinental, LA Fitness, Malmaison & Hotel Du Vin, Thistle, The Witchery and Whitbread.

Springboard is also launching a Scottish Business Partnership Scheme to enable Scottish companies to benefit more directly from the work of Springboard Scotland.

Springboard has many initiatives running in Edinburgh including the 'Right Staff' workshops and the 'Right Staff' workbook. These resources help local businesses improve their skills in recruiting and retaining their staff. Springboard's support is especially beneficial for SMEs who do not have dedicated HR teams to support them.

Another key initiative in Edinburgh is the Tourism Passport. Working in partnership with Scottish Enterprise and the Edinburgh Tourism Action Group (ETAG), this new skills initiative has been piloted in Edinburgh. Officially launched at the Edinburgh Tourism Action Group's annual conference in March 2006 the Tourism Passport aims to ensure all staff starting work with a tourism organisation are trained in four key areas – communication, team work, customer care and personal appearance – which are vital to ensuring that visitors enjoy their stay in the capital.

Contact: David Allen
Tel: 07801 074 266
Email: davida@springboarduk.org.uk



The Edinburgh Academy



JUNIOR SCHOOL

Fully co-educational from 2007

- Our leafy and spacious campus near Edinburgh's Botanical Gardens provides a rich environment for education outside the classroom, with on-site playing fields and sports centre
- The size of classes and of year groups ensures that each pupil can be encouraged as an individual by the personal commitment and example of teachers
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enquiries@js.edinburghacademy.org.uk
Tel: 0131 552 3690, Fax: 0131 551 2660

SENIOR SCHOOL

Fully co-educational from 2008

- Founded in 1824 at the north of Edinburgh's New Town, the Edinburgh Academy is the only Edinburgh day school committed to offering both GCSE and A-level, and Scottish Highers
- Highly qualified teachers provide the stimulus for academic achievement in all disciplines. Leavers regularly average three A's at A-level or five A's at Higher
- The new £4.2M James Clerk Maxwell Science Centre demonstrates the Academy's commitment to providing a high quality learning environment
- Older pupils play a vital role, passing on from year to year the ethos of collaboration and concern for others
- The Academy has a proud record on the sports field, as befits the school which brought rugby to Scotland. Boys and girls have gone on to become full internationals in eight different sports in recent years

42 Henderson Row, Edinburgh, EH3 5BL
enquiries@edinburghacademy.org.uk
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www.edinburghacademy.org.uk



We treat all
our pupils
the same
way...
individually



The Value of Training for your business – by learndirect scotland for business

A total of 97% of companies in Scotland are small to medium-sized enterprises (SMEs), and it is estimated that two-thirds of the Scottish workforce are employed by companies with fewer than 100 workers.

Yet it is small firms that are more vulnerable to the lack of a skilled workforce rather than larger companies who can offer greater salaries and better packages to attract highly skilled workers.

Training and skills are vital to small businesses and the wider Scottish economy, and a key driver of productivity.

Barriers to training

Training is the obvious answer to remaining competitive, but for many SMEs there are deep-seated barriers to formal training. Many are reluctant to get involved because the daily pressure of running a business means they don't have the time to stand back and take a strategic look at the company's long term training needs.

Small companies are also concerned about the costs and time involved in releasing employees for training.

The aim of learndirect scotland for business is to help such companies overcome these barriers by offering a range of free services to make it easier for them to embrace training, and by pointing them in the direction of courses that are available at a time, place and pace that suits them.

The one question learndirect scotland for business is repeatedly asked by hard-pressed companies is: 'Why should they train?'

This is due to the fact that many Scottish firms see training as a peripheral and often expensive

distraction from the day-to-day business of making money.

The answer is that training improves workers' performance, which makes businesses more productive – and therefore more competitive.

Unlike bigger companies with well-resourced personnel departments, smaller businesses don't have a training manager or department, so the whole issue of training can be pushed to one side.

But learndirect scotland for business stresses that firms can no longer afford to ignore staff training – it should be at the heart of every business.

The agency says that, in order to retain an edge over competitors, companies have to keep abreast of industry changes, technological advances and new legislation.

But what can we get out of training?

Training brings many benefits. Regular staff improvements keep employers up to speed with developments in the market, and enhance the competitiveness of a company.

Staff will feel more appreciated, so there will be an improvement in morale and job satisfaction. This in turn can produce a significant cost saving, particularly for small businesses where recruitment and training can be expensive.

Where it meets the needs of both staff and employers, training can also lead to a rise in the quality and flexibility of a company's services through improved work safety practices, better customer service and efficiency. ➤



Training and skills are vital to small businesses and the wider Scottish economy, and a key driver of productivity.



**discover
your
strengths**

**develop
your
talents**



**reach
your
potential**

**achieve
your
goals**



**prepare
for your
future**



traditional values

Since Charles Chalmers began educating boys in Merchiston Castle in 1833 we have placed traditional values at the centre of our education. We strongly believe that good manners, integrity and respect for one another are as vital in today's changing world as ever. Equally, we continue to encourage our boys to work hard in order to make the most of their talents, and to grasp the many opportunities which a Merchiston education offers them.

"Our aim here is that we shall turn out boys who are filled with an ideal of service, aiming neither at fostering character to the detriment of intelligence nor at athletic prowess to the detriment of academic distinction, but rather at a judicious blend of all qualities which will go to make the future citizen best able to develop his own personality in harmony with and in the service of his fellow men."

Cecil Evans, Headmaster 1936-57

modern approach

Merchiston provides all the facilities you would expect of a modern school, in terms of classroom resources, sporting and music facilities and boarding accommodation - indeed a new boarding house with 120 en-suite bedrooms is due to open in 2008. We enjoy seeing boys make new discoveries as they develop as independent learners, and we equip them to communicate clearly and to make informed choices in the modern world.

Every day is an adventure...



MERCHISTON
Edinburgh

An HMC Boarding & Day School For Boys
Merchiston Juniors: 8-12, Merchiston: 13-18

Admissions@merchiston.co.uk, 0131 312 2201
www.merchiston.co.uk



Training can also boost soft skills such as communication, time management and customer satisfaction.

More and more small businesses are beginning to realise that lifelong learning and training is not just something that is nice to have, it is an absolute imperative for success.

Since its launch in 2002, learndirect scotland – backed by the Scottish Executive – has been a resounding success, with more than 10,000 businesses calling the national training advice line for free and impartial advice and support.

A recent independent external audit of the service found 94% of small companies who have enlisted the help of learndirect scotland for business would recommend the service to other SMEs.

Business Services Manager of learndirect scotland for business, Derrick Ross, was challenged by an employer recently with the comment: “What if I train my staff and they leave?”, to which he replied: “What if you don’t train them and they stay?”

learndirect scotland for business
National business training advice line:
08456 000111
www.lids4b.com



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Did you know...?
The city brand – Edinburgh, Inspiring Capital – is working hard to raise
the profile of this internationally renowned city even further.
www.edinburghbrand.com



Phase one, Edinburgh Quay

Edinburgh | future developments

To maintain Edinburgh's position as the strongest city economy in the UK outside London, a whole host of developments are planned to help the city grow and remain the lifeblood of Scotland's economy

Projects in hand represent investment to the value of £6 billion* and it is hoped that this will in turn bring thousands of jobs to the region.

The transport system, key to any city's future success, is set to change as trams are planned for the city by 2010 – opening up the city for visitors, residents and businesses alike.

Projects in hand represent investment to the value of £6 billion* and it is hoped that this will in turn bring thousands more jobs to the region.

The unemployment rate in Edinburgh is already low at 2.3% (Jan 2006) and its workforce is one of the most highly skilled in the UK – an impressive 34% hold a degree level or professional qualification.

Edinburgh's City Centre itself has six projects in the pipeline to improve and enhance its image. Although development of a UNESCO site requires careful planning, opportunities for improvement still exist with one of the key targets to increase the amount of retail space available at locations such as Princes Street, St James Centre and St Andrew Square.

Here is an overview of some of the projects under development in Edinburgh. For the latest information, contact the City of Edinburgh Council as project status is subject to change.

* Statistics quoted are from The City of Edinburgh Council's 'Edinburgh's Major Development Projects 2006'





tie limited
Verity House,
19 Haymarket Yards
Edinburgh EH12 5BH
Tel: +44 (0) 131622 8346

Since May 2002 tie Limited has delivered Edinburgh Fastlink - a dedicated 1.5km two lane busway and 3.45km of bus priority measures along with the successful Ingliston Park and Ride site which sits on the A8 corridor into Edinburgh.



Transport Developments in Edinburgh

Edinburgh, like any capital city, must have an efficient and sustainable transport infrastructure in place, particularly as the city continues to grow. For this purpose, in May 2002, tie limited was formed by the City of Edinburgh Council to project manage and delivery a number of vital transport initiatives.

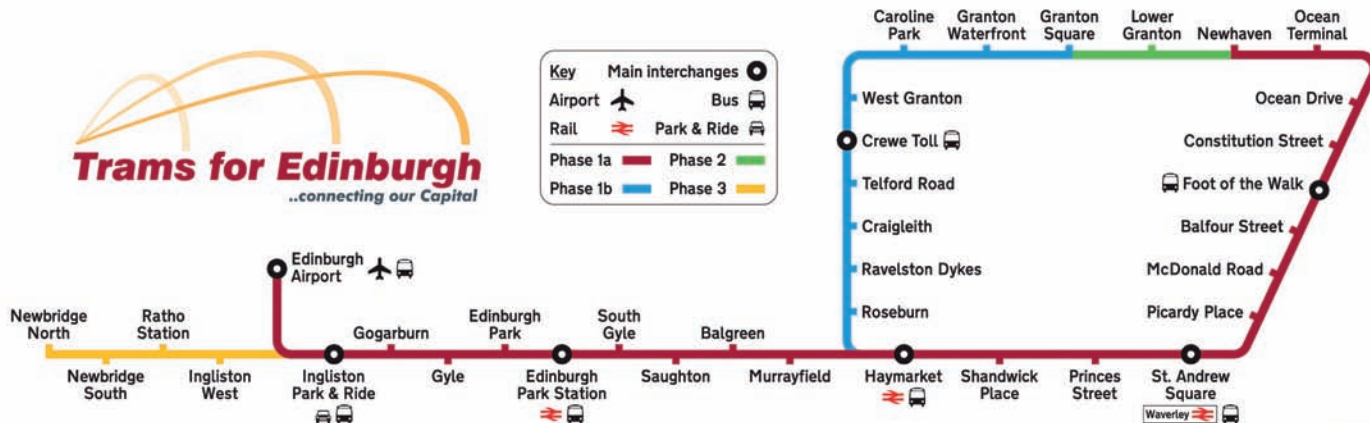
Scotland's boasts a vibrant and diverse capital city, attracting thousands of visitors every year. Edinburgh, like any capital city must have an efficient and sustainable transport infrastructure in place for both city residents and tourists. In May 2002 tie limited was formed by the City of Edinburgh Council to project manage and deliver a number of vital transport initiatives. To date tie has successfully delivered a number of exciting and innovative solutions to Edinburgh's increasing congestion.

The Edinburgh Fastlink scheme was introduced as part of a commitment to improving and providing choices of transport to the public as a means of redressing the current imbalance of dependency on private car usage in Edinburgh. Edinburgh Fastlink is a dedicated 1.5km, two-lane guided busway. Vehicles which use the busway are fitted with specially designed guide wheels. Fastlink comprises of 3.45km of associated on-street bus priority measures, delivering an 8km bus corridor stretching from the city centre to Edinburgh Park.

tie also project managed and delivered a strategically important Park and Ride site at Ingliston on the main A8 corridor into Edinburgh. This site accommodates 535 car parking spaces for a bus-based site, with capacity for future expansion to 1,000. Take up on site has been excellent, and plans to extend the site are being considered.

In addition Edinburgh may soon see the introduction of two large and vital transport projects, bringing with them numerous benefits and opportunities for regeneration and social inclusion. tie successfully promoted and gained parliamentary approval for a tram network in Edinburgh, both tram bills were passed by parliament in March 2006 and were awarded Royal Assent shortly afterwards. Trams will offer a whole new transport choice to the people of Edinburgh, one that is proven to appeal to car users where other public transport options have failed. Trams are reliable, fast and can carry many passengers; they are also electrically powered producing almost no on street pollution which helps to reduce the environmental impact.





TM011

A large number of cities throughout the world are currently reaping the benefits their tram networks bring, so too are cities in the UK, including Manchester, Nottingham and Croydon, all boasting a successful tram scheme. Edinburgh's tram network will be delivered in phases with Phase 1a running from Edinburgh Airport to Leith, Phase 1b serving the Granton area of the city connecting it through Craigleith and Roseburn to the City Centre. Phase 2 will serve key development and commuter areas to the West of the city and phase 3 will link Granton to Leith, completing the loop.

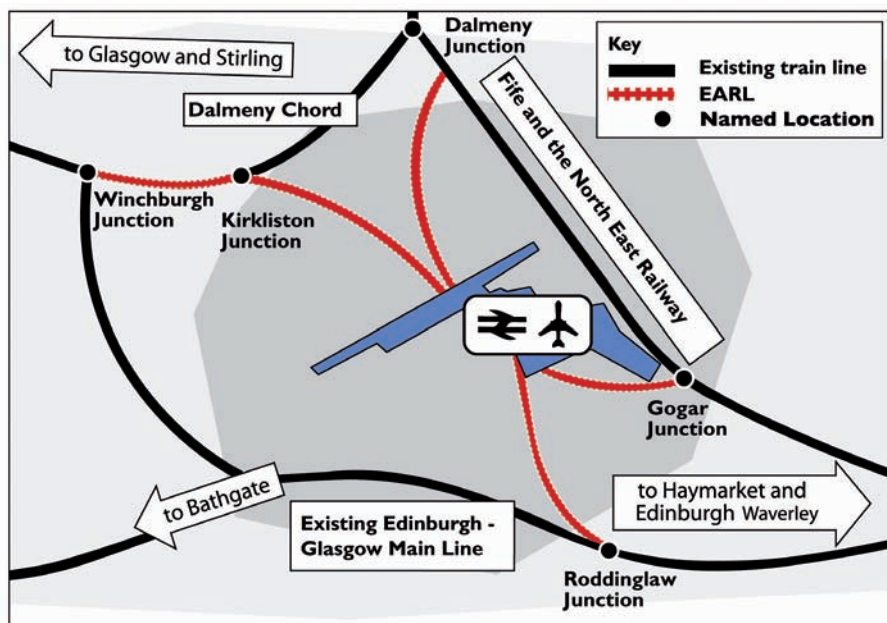
A tram network encourages investment, improves the city image and assists regeneration. It will give Edinburgh the edge when competing with other cities for jobs and investment. Trams also promote social inclusion and improve the

urban environment. The network is planned to be operational in Edinburgh by 2011.

In addition to initiatives set to improve travel within the city, tie has been tasked with the creation of a strategically important airport rail link. The largest national rail project in Scotland, the Edinburgh Airport Rail Link will connect Edinburgh Airport to the Scottish Rail network, allowing direct travel to destinations across Scotland, including Glasgow, Stirling, Perth, Fife, Inverness, Dundee and Aberdeen. Edinburgh Airport is experiencing rapid growth, an increase that is set to reach and exceed beyond 10 million passengers per year by 2015. In addition, congestion on the airport's surrounding roads is heavy at peak times and it is expected a rail link will help to alleviate traffic problems in this area.

The project creates a number of interesting challenges, including tunnelling under an operational runway, whilst maintaining uninterrupted operation of both the airport and the rail network during construction. The Bill for the project was submitted to the Scottish Parliament in March 2006 and should Royal Assent be awarded, will be operational by 2011. The Edinburgh Airport Rail Link is an ambitious national rail project, but one that has the potential to deliver benefits throughout Scotland.

Earlier this year tie successfully gained Royal Assent for a tram network in Edinburgh, which they are hoping will be operational in 2011. tie is also working through the parliamentary consideration stage for Edinburgh Airport Rail Link (EARL) which, if successful, will link 62 stations across Scotland with Edinburgh Airport.



3009410





BAA Edinburgh Airport

Edinburgh Airport is dedicated to route development, and works closely with the City of Edinburgh Council and Visit Scotland to promote Edinburgh as a destination.

BAA recognised that passengers prefer to fly direct from Scotland and in 2002 BAA Scotland introduced a £60 million Route Development Fund in a bid to increase the number of international flights available from Scotland. In 2006, the fund was increased to £95 million.

A report by the Fraser of Allander Institute showed that under BAA's leadership and management, Edinburgh Airport contributes over £290 million a year to the Scottish economy and supports more than 7,500 jobs across Scotland, including 2,300 directly employed at the airport.

Over the past 10 years more than £220 million has been spent upgrading terminal and airfield facilities at Edinburgh, to cater for the forecast increase in passenger numbers, including the award-winning £11 million Air Traffic Control Tower and the redevelopment of the forecourt.

With passenger numbers set to double within a decade, BAA Edinburgh has earmarked almost £300 million for investment in new infrastructure over the next 10 years.

The Edinburgh Airport Master Plan, which looks forward to how the airport might develop between now and 2030, was formally launched in July 2006 by managing director Richard Jeffrey.

More than 40 airlines
fly to over 80
destinations from
Edinburgh Airport

The 25-year blueprint includes:

- Thousands of new jobs for local people
- Improved benefits for Scotland's economy and tourism industry
- 26 million passengers a year by 2030
- More international visitors travelling direct than ever before
- Multi-million pound BAA investment programme
- All developments underpinned by environmental strategies, including key commitments on increased public transport.

Little France Medical & Life Sciences Campus

(part of the South East Edinburgh development)

This development is part of the Edinburgh Science Triangle and will create a world-class Centre for Biomedical Research in 100 acres of commercial space. The location of this development is particularly important as the site is adjacent to the new Royal Infirmary of Edinburgh, the University of Edinburgh's medical school and the Queens Medical Research Institute. The goal of the development is to create linkages between academic, clinical and commercial elements at Little France and develop further opportunities for translational medicine in Edinburgh.

Work began in June 2005 with a completion date of 2020. The new site will also be the new home for The Roslin Cells Centre (RCC), a partnership between the Roslin Institute, Scottish Enterprise Edinburgh and Lothian, the University of Edinburgh and Scottish National Blood Transfusion Service (SNBTS). The centre will create clinically useable human stem cell lines compliant with UK and European regulatory requirements. The RCC is currently located at the Roslin Institute. At its new location, it will be next to the University of Edinburgh's Centre for Regenerative Medicine to create a hub for scientists, researchers and international companies working in this field of expertise.

Edinburgh Quay

Edinburgh Quay is a £80m regeneration mixed-use project developed by Edinburgh Quay Ltd, a joint venture between leading UK developer, Miller Developments and British Waterways Scotland.

Edinburgh Quay is located at the Lochrin Basin in Fountainbridge and completes the Edinburgh end of The Millennium Link - the £84.5m restoration of the Forth & Clyde and Union canals*. The project represents two firsts for Scotland: the first public-private development venture for British Waterways and the first canal side mixed-use development.

Phase 1 of Edinburgh Quay consists of Grade A office accommodation (7,585sq m) restaurant accommodation (3,344sq m), and 20 luxury apartments, with a further 42 on the south of the canal. Quay 2 (Grade-A office building and second phase of the scheme) comprises circa 57,000 sq ft of offices and 4,300 sq ft of retail accommodation and was completed in December 2006.

Once fully occupied Edinburgh Quay will create up to 650 jobs. It will also open up and completely transform the Lochrin Basin for public use - formerly home to run-down workshops and an empty office building. The Canal itself was also suffering from a lack of interest due to the fact that many people in Edinburgh were unaware that the Canal came so far into the city. The Canal was underused and in great need of draining and cleaning - a project that has now been undertaken delivering great benefits to canal users and local wildlife. www.quay2.co.uk

* The £84.5m Millennium Link project re-opened Scotland's Lowland canals - the 56km Forth & Clyde Canal and 50km Union Canal - and linked them through The Falkirk Wheel.

Luxurious Living in Scotland's World Heritage Site

Embodying the ultimate in city style and luxury living, Edinburgh's new landmark development, Quatermile has quickly become one of the capital's most sought-after addresses.

Just a quarter mile from the city centre this impressive development will include over 900 private one, two, three and four bedroom luxury apartments and penthouses as well as state of the art office premises, stylish restaurants, cafes, shops and a hotel.

The development opened in September 2006 and has already proven extremely popular with home-buyers looking to secure a property in Edinburgh's most anticipated district.

Potential homeowners are being wowed by the stylish new community taking shape at the 19-acre development which occupies a landmark position within Edinburgh's World Heritage site blending 21st century cutting edge design with carefully converted 19th century period buildings.

Each of the properties at Quatermile will benefit from an exceptional standard of design both inside and out and visitors to the marketing suite will be given the opportunity to preview the type of high level of specification and quality interiors to be found throughout the development.

Designed by the world-acclaimed Foster & Partners, Quatermile's new buildings are striking steel and glass constructions, clad in aluminium to match the Scottish slate on the converted buildings which have been cleverly refurbished by Edinburgh based architects CDA to blend Victorian splendour outside with contemporary luxury living inside.

Aisling Dunphy, Sales and Marketing Director for Gladedale Capital, said: "The opening of the Marketing Centre is a very exciting stage of the Quatermile development and the perfect opportunity for buyers to get a feel for the unique way of living on offer.

"Acting as a window to the development as a whole, we are now able to showcase the style and excellence of Quatermile's design. Every last detail within the magnificent new build apartments has been designed by Foster & Partners, from the calm timeless kitchens to the ironmongery on the full height doors. And now, buyers will be able book an exclusive, advance viewing to experience this attention to detail firsthand."

"We want purchasers to feel welcome when they arrive at Quatermile and enjoy the process of buying their new home. The Marketing Centre aims to create an environment where visitors instantly feel at home and can envisage what it can be like to live at the heart of this vibrant new community."

A selection of showhomes will also open in 2007 showcasing the next phases of the development including new build and conversion apartments from both Foster & Partners and CDA.

The first apartments will be ready for occupation in summer 2007.

For further information or to register interest please contact the Quatermile Marketing Centre on 0845 000 2525 or visit www.qmile.com

The Marketing Centre is open from 10.30am to 5.30pm Friday to Wednesday and from 10.30am to 7.30pm on Thursdays.



A new quarter for Edinburgh Marketing centre now open

- 19 acres at the heart of Scotland's World Heritage capital
- Masterplan by Foster and Partners
- Luxury 1, 2 and 3-bed residential apartments overlooking the Meadows

- Restored period buildings and innovative contemporary architecture
- A new, city centre destination – cafés, restaurants, shops and offices
- 7 acres of landscaped public squares and boulevards

Marketing Centre
at 1 Lauriston Place

0845 000 2525
www.qmile.com

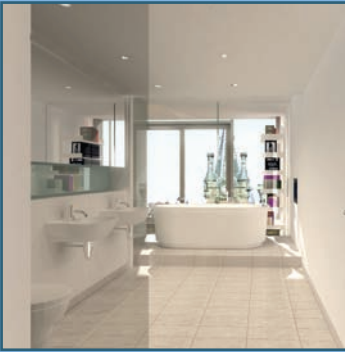

GLADDALE
CAPITAL

 **RETTIE
AND CO.**



QUARTERMILE
EDINBURGH

Quartermile



The Quartermile is a £400 million project that is transforming the former site of the Edinburgh Royal Infirmary and is one of Scotland's largest urban regeneration projects. No. 1 Quartermile Square, a seven-storey office building, will comprise over 300,000 sq. ft of Grade A office space. The development also includes more than 900 new homes and 78,000 sq. ft. of leisure space for bars, restaurants and a hotel.

Just a quarter of a mile from the city centre bordering the Meadows, homes include one-, two-, three- and four-bedroom luxury apartments split into two areas of distinct quality – Grade B listed conversions or modern new build apartments. Designed by Foster and Partners, Quartermile's new

buildings are steel and glass constructions clad in aluminium to match the Scottish slate on the refurbished buildings.

The project is supporting over 500 jobs during its construction and once complete will offer a further 3,800 jobs in its offices, restaurants and shops. The development is expected to generate an additional £135 million of economic activity annually.

“Quartermile strikes the right relationship between the conservation and repair of an existing place – the infirmary – with the revitalisation of the spaces around it and the injection of new architectural blood.” – Kevin McCloud, property expert.

Images: Quartermile

“Quartermile strikes the right relationship between the conservation and repair of an existing place...”



WATERFRONT EDINBURGH: GRANTON

A NEW COMMUNITY ON THE HORIZON
Townhouses & apartments available now
The perfect place to live and work



Waterfront Edinburgh Ltd



The waterfront project is one of the largest urban regeneration projects in Scotland.

With 680 acres of land under development, the revival of this site, which connects the city with its waterfront, is of great significance to ensuring the sustainable growth of the city and for the economic prosperity of the region.



Waterfront Edinburgh owns 120 acres of land at Granton with 1.3 km of accessible waterfront. A private limited company, Waterfront Edinburgh was set up as a joint venture between the City of Edinburgh Council and Scottish Enterprise Edinburgh and Lothian.

The site is magnificent. Along the water's edge, a series of terraces look across the estuary and the harbour to the Kingdom of Fife, the Firth of Forth and the Forth Bridges.

The Masterplan demonstrates how to create a mix of urban development around a particular sense of place. The objective is to create a place which involves and benefits the existing communities and which attracts investment in a full range of employment uses, housing, leisure, cultural and community development.

2002 saw the first signs of construction at Waterfront Edinburgh. With infrastructure in place, today the area boasts some stunning architecture in the form of residential developments.



ream



Welcome to Residential Estate & Asset Management Ltd

Known as "ream" we offer a unique lettings and property management service and invite you to contact us if considering letting your property.

Ream was formed especially for the letting market and covers most major towns and cities on the East Side of Scotland up to Inverness. We offer a comprehensive property management service along with:

- Assistance with 'off-plan' investments
- Dealings with builders/developers
- Carry out snaggings on new builds
- Interior Design and Furnishings
- Refurbishments
- Property finding service for tenants
- Relocation Assistance
- Insurance packages for the rental market for both landlords and tenants
- Overseas Tax

Our full property management service includes an assessment valuation of your property, advice on furnishings, advice on all aspects of the letting industry and the responsibility and role of the landlords, advice on all legislation relative of the letting of your property. We can assist with furnishings if required, we use all appropriate media for marketing purposes.

We will pre-screen all prospective tenants, arrange viewings, carry out credit checks/searches on each application.

A full inventory is carried out of your property, whether furnished or not, we will advise both parties on insurance to suit, we will deal with all utility companies and deal with all repairs and any other issues relative to the successful management of your property.

We invite you to contact us to obtain further information about our fees and all aspects of letting where we can discuss your requirements in depth.

Bonnington Mill, 72 Newhaven Road, Edinburgh EH6 5QG

T: 0131 561 8285 F: 0131 561 8263

E: property@reamltd.com W: www.reamltd.com



"There is no habitation of human beings in this world
so fine in its way... as this, the capital of Scotland".

Andrew Carnegie



© Artist's impression of EICC extension

Edinburgh | business tourism

Culture, choice, people, innovation, history – the reasons to come to Edinburgh on business just keep on growing

Edinburgh – Scotland's inspiring capital - where centuries of heritage combine with the best of modern, dynamic city life to create the perfect conference destination. The Edinburgh Convention Bureau Ltd offers free, tailored advice on bidding, finding venues, accommodation and all conference services to enable companies and conference organisers to arrange the perfect event in this wonderful city.

23% were in non-residential venues, 38% in hotels 15% in universities and 24% at the Edinburgh International Conference Centre

10 reasons to conference in Edinburgh

- **Vibrancy** - a modern and dynamic city, bustling with life and enterprise
- **Culture** - a World Heritage site, with stunning architecture and wonderful galleries, museums, theatres and arts venues
- **People** - the people are warm, helpful and friendly with a strong tradition of service and professionalism
- **Choice** - a wide choice of world class conference venues and hotels, over half of which are within two miles of the city centre
- **Attractions** - a compact city centre, ideal for walking, and the new Edinburgh city pass gives free admission to over 30 visitor attractions
- **Festivals** - the festival capital of Europe, with a dazzling array of spring, summer, Christmas and Hogmanay events
- **Restaurants** - more restaurants per head of population than any other city in Britain, catering for all tastes
- **Innovation** - a centre of excellence in the fields of

Centuries of heritage combine with the best of modern, dynamic city life to create the perfect conference destination

Fast facts

- Edinburgh is currently 23rd in the ICCA leagues table of world conference cities
- Edinburgh is second only to London in terms of UK cities in which to hold an international association meeting
- In 2006, 138 conferences took place in the city as a result of the sales efforts or influence of the Edinburgh Convention Bureau, resulting in 125,485 bed nights
- The projected economic value of confirmed conferences in 2006/07 is £66m
- The value of conference accommodation booked by our Conference Accommodation Booking Service (CABS) team in 2006/07 was £1,214,056 – an increase of 20% on the five year average (2001–2005)
- Of the conferences and events secured by the ECB and taking place in the city during 2006,

© The Glasshouse Hotel





 **surgeons' hall**

 **symposium hall**

 **ten hill place hotel**

 **quincentenary hall**



**SURGEONS' HALL
complex**

www.surgeonshallcomplex.com

An exciting new conference facility in the heart of Edinburgh at the Royal College of Surgeons on Nicolson Street, 10 minutes from the Castle and Princes Street. The complex offers a fantastic variety of venues, ideal for holding conferences, meetings or social events and the hotel provides quality accommodation for those attending the complex or simply visiting the city.
Tel: 0131-527-3434 e-mail: events@rcsed.ac.uk



SURGEONS' HALL COMPLEX

If you are looking for somewhere different to hold your conference, meetings and social events you should take a look at the Royal College of Surgeons of Edinburgh's new £14 million Surgeons' Hall Complex.

The complex, which is just 10 minutes from Edinburgh Castle and Princes Street, allows you to hold events for between 10 and 250 guests within a historic setting in the City of Medicine.

Regardless of whether you are managing a prestigious corporate event or holding a small informal gathering, the Surgeons' Hall Complex can meet your needs and surpass your expectations.

There are four distinct venues within the complex: Surgeons' Hall, Quincentenary Hall, The Symposium Hall and Ten Hill Place Hotel.

Surgeons' Hall is located within the renowned College, built in 1832, and consists of a main hall and eight meeting rooms. It is also home to the College's famous museums recently awarded four stars as a visitor attraction by Visit Scotland.

If you would prefer your event to take place in a more modern setting, then the Quincentenary Hall is for you. It is a beautiful, modern building with three large meeting rooms, a multi-purpose main hall, reception area and supporting facilities.

The Symposium Hall is a modern, self-contained auditorium, seating up to 158 people. It has state of the art AV equipment and an audience voting facility. It also has a reception area that is ideal for exhibition stands and for serving refreshments.

And if you think your delegates and speakers or friends and family need somewhere near-by to spend the night then they need to look no further. Ten Hill Place Hotel is a modern three star hotel with 78 en-suite twin rooms of a very high standard. Discounts are available to those attending conferences or social events within the Complex. Visitors to the city are also welcome to stay in the Hotel.

The dedicated events team work with you to ensure you get the package which is perfect for you and your event.

If you would like to know more about the Surgeons' Hall Complex visit www.surgeonshallcomplex.com Alternatively, contact the events team by phone on 0131 527 3434 or by email events@rcsed.ac.uk

medicine, finance, research, science and technology, architecture and the arts, and has been designated the first UNESCO City of Literature

- **Weather** - the weather is temperate, with annual rainfall the same as Rome, Frankfurt and New York, and enjoys clear, crisp, sunny days in spring and autumn
- **Access** - the airport is only eight miles (12km) from the city centre, with many new air routes between Europe and North America, and high-speed rail links to all major cities in Britain

New developments 2007

Salisbury Green Hotel and Conference Centre

The University of Edinburgh has just opened a wonderful new hotel and conference centre in a magnificently refurbished 18th century mansion house, just 10 minutes from the city centre. Four beautifully-proportioned meeting rooms for up to 40 people offer comfort and the latest technology, and delegates have a choice of 36 twin, double and single bedrooms, all en suite, with internet access and freeview television.

web: www.edinburghfirst.com
email: salisbury.green@ed.ac.uk

The Surgeons' Hall Complex

A very high quality new conference facility in the city centre has recently opened, part of the prestigious Royal College of Surgeons of Edinburgh. Conference facilities include a modern, self-contained auditorium for 158 people and the Quincentenary Hall – a beautiful modern complex of three meeting rooms and reception areas suitable for up to 250 delegates. The new Ten Hill Place Hotel, opened in November 2006, and offers 73 en suite twin rooms and four deluxe suites, a breakfasting room and bar for evening networking.

All rooms have air-conditioning and internet access. Discounts will be available to Surgeons' Hall delegates.

web: www.surgeonshallcomplex.com
email: events@rcsed.ac.uk



Gala Dinner set up in Royal Museum
© National Museums of Scotland



THISTLE HOTELS

In the bustling centre of Scotland's Capital City, Thistle Edinburgh have combined the benefits of a central location for your conference and meeting needs with the peaceful surroundings of its conference rooms and bedrooms. Located in the heart of the city, providing a perfect location for all your meeting and event requirements, whether you are conducting interviews, training courses, conferences or dinner dances and important social occasions, by letting our dedicated Meetings & Events team look after the planning of your event, you can be confident in our dedication and commitment to efficiency, flexibility and quality of service.

Thistle Edinburgh offers excellent meeting and event facilities with a versatile choice of 6 private conference rooms all of which are fully air-conditioned. The largest, the Lothian Suite can accommodate up to 250 people in comfort for a theatre style event. The smaller meeting rooms, the Pentland Suite and Calton Suite can seat 10 and 25 respectively in a Theatre Style and are perfect for boardroom meetings and private dining.

Once you book a meeting with us, a dedicated meeting co-ordinator will work with you to ensure that everything is exactly as you want it and that your meeting or event with us is a success time and time again.

Key features:

- Wireless Internet access in all meeting rooms as well as public areas and bedrooms
- Natural daylight & Air Conditioning
- Hearing loop facilities & Accessibility throughout
- Dedicated meeting co-ordinator
- Fresh and innovative food ideas for lunches, dinners and personalised breaks
- Dedicated state of the art A/V equipment and support to assist with all technical requirements
- Introducing exciting new Day Delegate packages for 2007
- On site car parking

Thistle Edinburgh

107 Leith Street, Edinburgh EH1 3SW

Tel: 0870 333 9153

Fax: 0870 333 9253

Email: edinburgh@thistle.co.uk

Web: www.thistlehotels.com



Thistle Edinburgh the home of Jamie's, the Ultimate Scottish Evening, £49.50 per person

Traditional Scottish Banquet, wine & entertainment nightly from April through to October.

Tigerlily

Opened in June 2006, part of the successful Montpeliers group in Edinburgh, this stunningly restored Georgian townhouse is the latest word in contemporary cool. An elegant champagne bar, stylish cocktail lounge, scrumptious restaurant, 27 chic designer bedrooms and six opulent suites plus Lulu - an amazing underground nightclub - all combine to create a spectacular new addition to the city's nightlife and vibrant social scene.

web: www.tigerlilyedinburgh.co.uk
email: info@tigerlilyedinburgh.com

Edinburgh International Climbing Arena

Event and conference facilities in Edinburgh are set to reach their peak when the Edinburgh International Climbing Arena at Ratho (EICA) reopens in May 2007 after a £6.5m refit, featuring the world's largest indoor climbing facility.

Offering a wide variety of quality meeting areas with excellent media facilities and delegate capacity to 1,600, the EICA can combine conference activities with the opportunity for teambuilding, with expert tuition on rock climbing, bouldering or abseiling as well as facilitating challenging problem solving team events or the terrifying assault course 100 feet above the arena floor.

In a rural setting, located close to both the M8 and M9 and just 10 minutes from the airport.

Email: info.ratho@edinburghleisure.co.uk
Web: www.edinburghleisure.co.uk

Recent conference wins for Edinburgh

The Edinburgh Convention Bureau has recently secured the following major conferences for the city:

- Chartered Financial Analysts 2007
- European Conference on Antennas and Propagation 2007
- Cancer and Bone Society Conference 2008
- International Endotoxin Society 2008
- European Conference and Advanced Materials & Processes - Euromat 2009
- Bioelectrical Magnetical Society 2009
- Mycological Congress 2010
- European Society of Biomechanics 2010

These eight conferences will bring over 7,000 delegates to the city and generate £6.2m for the local economy.

Contacts

Edinburgh Convention Bureau Ltd
29 Drumsheugh Gardens
Edinburgh EH3 7RN
+44 (0)131 473 3666
marketing@conventionedinburgh.com

www.conventionedinburgh.com
For everything you need to know about holding a successful conference in Edinburgh.

www.meetingedinburgh.com
For a comprehensive list of conference venues and services in Edinburgh.

Edinburgh Convention Bureau 
Inspiring Conferences

Case Study

The Power of Partnership

– a joint marketing campaign with Royal College of Surgeons of Edinburgh

In July 2005, the Royal College of Surgeons of Edinburgh, one of the oldest medical institutions in the world, celebrated its 500th anniversary. The College and the Edinburgh Convention Bureau worked together to maximise the opportunities presented by this Quincentenary to raise the profile of the city for the excellence of its medical heritage and its modern facilities, combining to create a perfect conference destination for surgery, medicine and the life sciences.

ECB used its award-winning Edinburgh Ambassador Programme as a model for the campaign, harnessing the support and enthusiasm of key surgeons and other medical specialists. This produced a comprehensive database of conference organisers and key decision makers in the fields of surgery, medicine and life sciences, as well as the 17,000 members of the College around the world.

By combining the marketing expertise of the ECB and the specialist expertise of the College, the partnership succeeded in attracting a total of 21 conferences and meetings to the city during the 16 months of the campaign from May 2005. In total, there were more than 7,500 delegates from all over the world, with an estimated economic benefit to the city of more than £5.2m.

Refurbished Symposium Hall lecture theatre
© The Royal College of Surgeons



Edinburgh

the inspirational conference destination

Located in the heart of probably the best small city in the world, the Edinburgh International Conference Centre (EICC) is a truly inspired conference destination.

The city that was home to the Enlightenment 300 years ago is enjoying a sustained renaissance as one of the most lively and intriguing capitals in northern Europe. Its superb festival programme attracts visitors from around the world throughout the year, as do the charming, cobbled streets of its historic Old Town.

And few cities can compete with the stunning backdrop that Scotland's capital offers visitors – from the Castle rock at sunrise to the panoramic summit of Arthur's Seat and the wonderland lights of the winter festival.

But aside from its heritage, architecture and cultural life, Edinburgh is also a flourishing home for business. The city is

Europe's third largest financial centre, and a major hub for bioscience and the creative services – everything from computer games to advertising.

With its four universities and reputation as an educational pioneer, Edinburgh continues to provide an environment in which innovation and excellence are nurtured and cherished. For evidence, you need only take a look at the state-of-the-art EICC. From the dedication and friendliness of its experienced team to the investment in cutting-edge technology and the striking architecture of Sir Terry Farrell, no corners have been cut. The result is a conference centre where history is made, innovations unveiled and long friendships forged. If you're looking for inspiration for your event, you need look no further than the Edinburgh International Conference Centre.



Notes from a visitor...

If you would like to know more about the EICC and what it can offer your organisation, please contact sales on
T: +44 (0) 131 300 3000
E: sales@eicc.co.uk
or visit www.eicc.co.uk.



6am Watch the sun rise above the Castle... stunning.

7am Enjoy a delicious Scottish breakfast in one of the city's top hotels.

9am Visit the EICC and explore state-of-the art technology with great demos from the production team. The event I'm planning will have such terrific impact with these people on the case.

1pm Lunch at The Shore on Edinburgh's waterfront. Great seafood. Had never really thought of Edinburgh as a waterfront city.

11am A spot of shopping at Harvey Nichols and a stroll through Princes Street Gardens in the spring sunshine.



3pm

Outing to the beautiful Yellowcraig beach organised by the EICC. I'm going to have to move here!



6pm

Whisky tasting at Edinburgh Castle. This would go down so well with my delegates.



10pm

Short nightcap in a stylish George Street bar with two business associates. So much to talk about.

Banquet at the EICC. The food and service from Leith's at EICC compares with any banquet I've had anywhere in the world.



7pm

It's details like using free range eggs in our

AWARD WINNING



We know that when it comes to quality, it's the little things that count. That's why we only use the finest seasonal ingredients in our menus and free range eggs in our award winning breakfasts. It's why every aspect of your stay is considered, right down to the last detail.

The Macdonald Roxburghe Hotel is situated on historic Charlotte Square in the heart of Edinburgh's New Town, and many of its 197 elegantly styled, spacious bedrooms, have stunning views of the city. The hotel is one of the city's oldest and most prestigious hotels and behind the magnificent façade you will find the highest quality service and luxurious facilities. For dining, the Melrose Restaurant provides the finest quality food prepared by award-winning chefs and the Melrose Lounge and Consort Bar offer a more relaxing ambience.



The 4 star deluxe Macdonald Holyrood stands proud in a position of national interest in Edinburgh's Old Town, adjacent to the Scottish Parliament and the Palace of Holyrood House. The hotel is only minutes from the Royal Mile and close to Edinburgh Castle and Princes Street. It has 156 luxurious bedrooms including 23 on our exclusive Club Floor, which offers private lift access,



G BREAKFASTS

that make us Scotland's finest



butler service and a private library where champagne and canapés are served every evening. The hotel also has Opus 504 Restaurant, and a Piano Bar.

Both hotels have a Vital Leisure Club with superb facilities including a Techno-gym, swimming pool, sauna, steam room and beauty treatment rooms. All this, along with the superb hospitality and impeccable service you'd expect from a Macdonald Hotel, will guarantee you the perfect stay in the historic capital of Edinburgh.



**For our best available rates visit
www.macdonaldhotels.co.uk or call 0870 400 9090**

Macdonald Roxburghe Hotel, 38 Charlotte Square, Edinburgh EH2 4HG Tel 0870 194 2108
Macdonald Holyrood Hotel, 81 Holyrood Road, Edinburgh EH8 8AU Tel 0870 194 2106





A

B

C

THE NEW TOWN

WEST END

FOUNTAINBRIDGE

TOLCROSS

1

5

16

2

17

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4

10

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80

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C



- 1 Edinburgh Castle
- 2 The Palace at Holyroodhouse
- 3 Holyrood Park
- 4 The Hub
- 5 Linlithgow Palace
- 6 Camera Obscura
- 7 Our Dynamic Earth
- 8 Edinburgh Literary Pub Tour
- 9 Edinburgh Botanic Garden
- 10 The Georgian House
- 11 Lauriston Castle
- 12 Gladstone's Land
- 13 National Gallery of Scotland
- 14 Royal Scottish Academy Building
- 15 Scottish National Portrait Gallery
- 16 Dean Gallery
- 17 Scottish National Gallery of Modern Art
- 18 National Museum of Scotland
- 19 National War Museum
- 20 Scottish Whisky Heritage Centre
- 21 Leith and Ocean Terminal

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Did you know...?

Edinburgh was the first city in the world to be named a UNESCO 'City of Literature.'

Visit www.cityofliterature.com to find out more



Edinburgh | cultural attractions

Edinburgh's historic city centre can offer as much or as little as you can fit into your business schedule – from historic walks to beautiful stately homes – it is a city rich in cultural heritage

Did you know...?

Tourism agency Visit Scotland is looking to grow tourism by 50% by 2015.

Edinburgh is blessed with a wealth of history that inspires visitors to return time and again to its attractions. The castle dominates the skyline – perched on the edge of an extinct volcano it has become an icon for the city and the country of Scotland.

Edinburgh is a city of contrasts. The Old Town lines the Royal Mile leading to the new Scottish Parliament buildings at Holyrood. The Georgian New Town offers parks and terraces to explore while the city's shopping streets which span both the Old and New towns and

include boutique shops and big name fashion stores. The city's neo-classical architecture led to it being called 'the Athens of the North.'

The city is edged with splendid countryside and is not far from beautiful beaches, golf links, stately homes and cosy pubs. Edinburgh's waterfront, Leith, offers shops of all sizes, restaurants, funky bars and the Ocean Terminal Shopping Centre.

Here are some of the must-see attractions for Edinburgh's visitors: ►



Edinburgh Castle

Castle Hill, Old Town, Edinburgh
0131 225 9846

No visit to Scotland's capital is complete without a visit to its historic and imposing Castle. It's the best place from which to see the city as its views pans 360° across the capital and is also the home of the Scottish Crown Jewels ('The Honours of Scotland'), Edinburgh's oldest building dating from the 1100s - St Margaret's Chapel - the Scottish War Memorial and War Museums. There are two cafés - the Queen Anne café at the top of Edinburgh Castle in Crown Square offering a waiter service and traditional Scottish Fare and the Redcoat Café offers a family-orientated self-service option located next to the One O'Clock Gun.
www.historic-scotland.gov.uk

The Palace at Holyroodhouse

Foot of Royal Mile,
Edinburgh EH8 8DX

Situated at the end of the Royal Mile, the Palace at Holyroodhouse is the Queen's official residence in Scotland. Today, the Palace is the setting for State ceremonies and official entertaining - but it has long since been home to successive kings and queens throughout Scotland's turbulent past, including Mary, Queen of Scots. The Palace is also home to The Queen's Gallery which houses many collections of royal art. The magnificent grounds include the ruins of the 12th-century Holyrood Abbey.
www.royalcollection.org.uk
www.royal.gov.uk

Holyrood Park

East of Holyrood Palace and Abbey,
Central Edinburgh
0131 652 8150

Edinburgh owes its distinctive skyline to the geographic foundations of historic Holyrood Park. It's a great place for walks and for looking out over the city from its many vantage points. The park offers a wealth of history dating back 1,000s of years including Arthur's Seat - one of four

hill forts in the park. Look out for the prehistoric farmstead east of Dunsapie Crag and the medieval rig and furrow cultivations in several locations around the park.
www.historic-scotland.gov.uk

The Hub

Castlehill, Edinburgh, EH1 2NE
0131 473 2000

All year round the heart of the festival beats on at The Hub - the home of the Edinburgh International Festival. Situated at the top of the Royal Mile and just a moment away from Edinburgh Castle, The Hub is a magnificent Gothic building and the best place in town to find out about and experience a little of that festival flavour whatever the time of year. Home to the Bank of Scotland 'Connecting to Music' project and venue for the weekly rehearsals of the Edinburgh Festival Chorus, The Hub is owned by the Edinburgh International Festival Society. The tip of its spire is the highest point in central Edinburgh and can be seen for miles around. It has its own restaurant, Café Hub, and is also a venue for concerts, ceilidhs, banquets and parties as well as educational and community events.
www.thehub-edinburgh.com

Linlithgow Palace

Linlithgow (off the M9)
01506 842896

Linlithgow Palace, located to the west of the city centre off the M9, was very popular with the monarchs of Scotland and was the birthplace of Mary, Queen of Scots. It was, however, never restored after a fire in 1746. The King's Fountain was, however, restored to working order in 2005.
www.historic-scotland.gov.uk

Camera Obscura and World of Illusions

Castle Hill, Royal Mile
Edinburgh EH1 2ND
0131 226 3709

Created by the Victorians, the Camera Obscura has been amazing visitors for 150 years with its moving panorama of the city while the rooftop terrace

offers spectacular 360° views of the city. The World of Illusions offers three floors on interactive exhibits and mind-boggling visual wonders.
www.camera-obscura.co.uk

Our Dynamic Earth

Holyrood Road, Edinburgh EH8 8AS
0131 550 7800

Our Dynamic Earth is an educational and interactive science adventure that charts the earth's evolution. Visitors can experience the tropical rainforest, or perhaps an earthquake or even become an astronaut and witness 'outer space'. Our Dynamic Earth is also one of Edinburgh's top venues for corporate events offering stunning views of Salisbury Crag, the Palace of Holyroodhouse and the Scottish Parliament and can cater for gala dinners, meetings and conferences.
www.dynamicearth.co.uk

Edinburgh Literary Pub Tour

The Beehive Inn, 3 Grassmarket
Edinburgh EH1 2HY
0800 169 7410

The tour begins at the historic Beehive Inn in the Grassmarket, and follows a route past the Martyrs' Cross, the site of the old gallows, through the winding streets, wynds and courtyards of the Old Town of Edinburgh, over the Mound and down to Rose Street in the New Town. Led by professional actors this is an entertaining, witty and dramatic romp through the life and work of Scotland's great poets and novelists from the early 18th century to the present day.
www.edinburghliterarypubtour.co.uk

Edinburgh Botanic Garden

20A Inverleith Row,
Edinburgh EH3 5LR
0131 552 7171

The garden is first and foremost a scientific institution, but its beauty and interest attract thousands of visitors every year. The grounds feature a world-famous rock garden, peat and woodland gardens, colourful herbaceous borders, large and well-stocked plant houses, and several specialist collections, including Chinese plants, and rhododendrons.
www.rgbe.org.uk (pictured right)

The Georgian House

The National Trust for Scotland, 7
Charlotte Square, Edinburgh EH2 4DR
0131 226 3318

A beautifully-restored Robert Adam town house containing china and silver collections, fine furniture and portraits. Dating from 1796, the square is part of Edinburgh's World Heritage site and the head offices of the National Trust for Scotland are located at Nos 26-31 Charlotte Square. No. 28 is also owned by NT Scotland and is a newly-expanded and refurbished coffee shop and restaurant with a Scottish bookshop and gallery upstairs.
www.nts.org.uk

Lauriston Castle

Cramond Road South, Davidson's
Mains, Edinburgh EH4 5GD
0131 336 2060

Originally a 1590s tower house, the castle was built for Sir Archibald Napier, and extended during the 1820s by the architect William Burn for its then owner, Thomas Allan. The tranquility of its setting, overlooking the Firth of Forth, combined with its proximity to the centre of Edinburgh, makes Lauriston typical of the large suburban villas which once provided rural amenity for the powerful and wealthy of the city.
www.cac.org.uk

Gladstone's Land
477B Lawnmarket,
Edinburgh EH1 2NT
0131 226 5856

Completed in 1620, Gladstone's Land is a typical example of an Edinburgh Old Town tenement. Take time to view the fine pictures, period furniture, and beautiful painted ceilings. A 'new' adventure at Gladstone's land is the second-hand book shop. Donations are needed and all proceeds from the book sales go towards conservation projects at Gladstone's Land. All books are being sold at a standard price, 50p for softcover and £1 for hardcover – all topics!
www.nts.org.uk

National Galleries of Scotland
0131 624 6200

- National Gallery of Scotland, The Mound, Edinburgh EH2 2EL
- Royal Scottish Academy Building, The Mound, Edinburgh EH2 2EL
- Scottish National Portrait Gallery, 1 Queen Street, Edinburgh EH2 1JD
- Dean Gallery, 73 Belford Road, Edinburgh EH4 3DS
- Scottish National Gallery of Modern Art, 75 Bedford Road, Edinburgh EH4 3DR

www.nationalgalleries.org

National Museums of Scotland

- Museum of Flight, East Fortune Airfield, East Lothian EH39 5LF. 01620 897 240
- National Museum of Scotland, Chambers Street, Edinburgh EH1 1JF 0131 247 4422
- National War Museum, Edinburgh Castle, Edinburgh EH1 2NG. 0131 247 4413
www.nms.ac.uk

Scottish Whisky Heritage Centre

354 Castlehill, Royal Mile,
Edinburgh EH1 2NE
0131 220 0441
0131 477 8477 (Amber Restaurant)

Learn how to properly 'appreciate' Scotch Whisky and discover the different flavours and characteristics of the whisky regions. The Amber Restaurant at the Whisky Centre is a traditional Scottish restaurant offering fine Scottish food complemented by the widest selection of malt whiskies.
www.whisky-heritage.co.uk
www.amber-restaurant.co.uk





© Scottish Viewpoint

The Scottish Parliament

Did you know...?

Authors Sir Walter Scott and Robert Louis Stevenson were born in Edinburgh – as was Prime Minister Tony Blair.

Architect Enric Miralles created Holyrood and he developed a design that was said to be “sitting in the land.” A walk around the outside of the building will reveal many of the building’s famous stylistic design features including the Debating Chamber, the MSP building and Tower Buildings. The Canongate Wall has stones from around Scotland set in the wall – some are fossils and some have quotations set in them. Scottish flowers have been included in the landscaping and artwork can be seen throughout the Holyrood Building.

Scotland voted in favour of its own Scottish Parliament with tax varying powers on September 11, 1997 by referendum. A devolved government has the power to make decisions on issues such as health, education, police and fire services, and prisons. ‘Reserved matters’, those dealt with by the UK Parliament, include areas such as foreign affairs, defence and national security.

The Scottish Executive is separate to the Scottish Parliament and its members are chosen from the party (or parties) that hold a majority of seats in the Parliament. The First Minister is the counterpart to the UK’s Prime Minister. The Scottish Parliament is made up of 129 MSPs (Members of the Scottish Parliament) who are voted for by the public with two votes: the first chooses between candidates in a constituency; the second chooses a political party within a larger electoral area (Scottish Parliament Region).

Find out more about Holyrood, the Scottish Parliament, and the Scottish Executive at www.scottish.parliament.uk

Leith Edinburgh's Waterfront

Situated between the buzz of Great Junction Street and the stylish surroundings of Ocean Terminal lies Edinburgh's waterfront and The Shore, a city quarter by the sea, bustling with restaurants, bars, bistros and boutiques. Explore Leith to find out about Edinburgh's historical links with the sea, and also take time to enjoy its modern developments. Leith is an ideal destination whether you want a quiet pint in an ancient port tavern or the latest cocktail in an ultra-modern bar.

Leith offers one of the best-known golf courses in Scotland, Leith Links, and every year The Leith Rules Golf Society holds a celebration there. Leith is, of course, also home to The Royal Yacht Britannia – one of Edinburgh's most famous visitor attractions.

www.visitleith.org

EXPLORING THE CITY

Tourist Information Centres

Edinburgh and Scotland
Information Centre
3 Princes Street, EH2 2QP
0845 2255 121

Edinburgh Airport
Tourist and Airport Information Desk,
Edinburgh International Airport,
Edinburgh EH12 9DN

Edinburgh City bus tour tickets can be bought from the Tourist Information Centre or on Waverley Bridge where the tours begin.

The Edinburgh Pass

Just one little card can add so much value to the time you spend in Edinburgh. The Edinburgh Pass, available from tourist information centres and online at www.edinburghpass.com, not only offers all-inclusive access to over 30 attractions – it also gives holders all-inclusive bus transport including return airport bus transfer. New for 2007/8 is the Child Pass.

The pass comes with a free handy pocket-size guidebook and over 25 exclusive offers such as shopping, dining, sightseeing and child discount offers. The guidebook also lets you know how much money you have saved each time you use the card. The Edinburgh pass is a VisitScotland product. For more details email: info@edinburghpass.com



Itineraries

In a lunchtime... book yourself in for an exquisite lunch on top of the museum of Scotland at The Tower – a restaurant that offers stunning views of the Castle from its roof terrace – and then you are perfectly placed for a quick look round the museum, or a quick snoop round the shops in the streets outside. AA Gill of The Sunday Times called this ‘the hottest table in Edinburgh?’

In an afternoon... just outside the city is Edinburgh’s waterfront at Leith. An afternoon here could include a little shopping around the smaller boutique-style shops – or even a trip round the larger mall – Ocean Terminal. There are a number of restaurants and bars in this area. Visitors shouldn’t miss the chance to visit the Royal Yacht Britannia. Regular buses run from the town centre to Leith.

For a day... get familiar with the city by hopping on the city bus tour. After getting your bearings, head for Edinburgh Castle to experience the capital’s most iconic building and soak up the history and grandeur of its walls. Time for a cup of tea in the Redcoat Cafe before heading out down the Royal Mile and turn left toward Princes Street and then further north into the northern part of the city and the Georgian New Town.

Alternatively, from the Castle down Castlehill, Lawnmarket and The Royal Mile, there are plenty of sights in close proximity. Edinburgh’s Festival centre on the right, The Hub; Gladstone’s Land; The Camera Obscura; The Writers’ Museum; John Knox House; The People’s Museum – all the way down to the Palace at Holyroodhouse – there are plenty of attractions to while away the afternoon, and many more you’ll need to come back for too. If you are feeling energetic, you could head into Holyrood Park and try climbing up to Arthur’s Seat for fantastic views over the city. The famous Scottish Parliament Building – Holyrood – is also at this end of The Royal Mile.

Theatre

The **Edinburgh Festival and King's Theatres** are on Nicholson Street and Leven Street respectively. The Edinburgh Festival Theatre, with a capacity of 1,915 is at the centre of the city's festival season and is also the capital's arena for Scottish Opera and Scottish Ballet. The King's Theatre, originally built in 1905, offers productions from the Royal National Theatre, major touring drama productions along with Edinburgh's annual pantomime. It is also home to local amateur dramatics societies' productions. www.eft.co.uk

Edinburgh Playhouse, Greenside Place, is where the big West End shows perform when touring in Edinburgh. Concerts, musicals and shows have included Chitty Chitty Bang Bang, Madam Butterfly and Swan Lake on Ice. During the Festival season, the Playhouse is home to three weeks of dance and opera. www.livenation.co.uk

The **Royal Lyceum Theatre** on Grindlay Street, Edinburgh, is home to one of Scotland's largest and most successful producing theatre companies: The Royal Lyceum Theatre Company. The company's main season runs from September to May and previous productions have included Mary Stuart, Pinocchio and The Merchant of Venice. www.lyceum.org.uk

The **Traverse Theatre** – Scotland's new writing theatre on Cambridge Street – is an important place during Festival Fringe, playing host to new writers from Scotland and abroad.

Young people can take the opportunity to work with theatre professionals at the theatre's 'Class Act' project. The Traverse Young Writers group, led by professional playwrights, meets every week. www.traverse.co.uk

The **Usher Hall**, home to the Royal National Scottish Orchestra, is a landmark in the city centre on Lothian Road and has been the main venue for the Edinburgh International Festival since 1949. Performances include classical, contemporary, family concerts and a rousing proms performance in June. Due to be refurbished in 2007 after the Edinburgh Festival, the Usher Hall will re-open in time for the Festival in 2008. www.usherhall.co.uk

Other useful websites
The Brunton Theatre
www.bruntontheatre.co.uk

Edinburgh People's Theatre
www.ept.org.uk

The Edinburgh University Theatre Company
www.bedlamtheatre.co.uk

North Edinburgh Arts Centre
www.northedinburgharts.co.uk

Theatre Workshop
www.theatre-workshop.com



VisitScotland Business Support

VisitScotland, the national tourism organisation, exists to promote Scotland as a tourism destination on a national and international level and has a shared ambition to achieve 50% growth in tourism revenues by 2015. Becoming involved with VisitScotland allows a business to take advantage of the organisation's experience, influence and knowledge.

VisitScotland structures its operational strategies around five core objectives:

- To Attract visitors by building a successful Scottish tourism brand
- To Engage and work in partnership with the tourism industry
- To Enhance the visitor experience
- To Provide strategic direction to the industry
- To Manage its business efficiently and effectively

For businesses working in the tourism industry, VisitScotland's Industry Engagement Team can offer support and advice all designed to promote and encourage business growth.

1) **Marketing opportunities** – VisitScotland offers tourism businesses a number of marketing opportunities that they can get involved in from online opportunities to UK/Ireland and International promotional opportunities. VisitScotland also offers advice on how to promote business according to individual needs and how to make the most of marketing opportunities available to them.

2) **Business advice** – whether it's a business just starting up, business development, green business advice, information on legislation or about joining the Quality Assurance Scheme – the Industry Engagement Team can offer businesses the chance to take advantage of their help and expertise.

3) **Challenge Funding** – The VisitScotland Challenge Fund is a project part-financed by the European Union, designed to assist collaborative group marketing projects that attract more visitors to Scotland and make it easier for them to book their visit.

Funding is available for new, well-researched, collaborative marketing projects from groups of tourism businesses operating at a local or national level. Challenge Funding can help groups with up to 40% of approved total marketing costs over a one-year period – from a minimum award of £2,500 to a maximum of £65,000 (subject to criteria).

For more information on the support VisitScotland can offer or to find your local contact, visit www.visitscotland.org



**“The city is the best place to be in the world in August.
It’s engaging, it’s inspiring for our young people.”**

First Minister Jack McConnell speaking at
The Edinburgh Chamber of Commerce AGM, 2006

The Royal Mile. © Edinburgh Fringe Festival



Edinburgh | city of festivals

If one characteristic endures of Scotland's capital, it's the sense of celebration that lingers not only during festival time, but throughout the year

The advertising equivalent value of the press and broadcast coverage generated by the summer festivals alone is estimated to have been £12.6 million in the UK**.

The population of Edinburgh in August leaps from an average 450,000 to an amazing one million. Festival time in Edinburgh is an exciting time to be around whether you are participating, visiting or even doing business.

The Edinburgh International Festival is legendary around the world and 2006 marked its 60th anniversary. Performances each year include dance, opera, theatre and music in the city's major theatres and conference halls, along with some smaller venues, while Edinburgh's Fringe Festival provides a showcase for up-and-coming talent.

The Edinburgh International Festival sits at the centre of the phenomenon that is the Edinburgh Festival, actually many different festivals offering an unparalleled wealth of cultural experiences.

Edinburgh's festivals generated some 1.4 million trips to the city from August 2004 to

July 2005 – and this in turn contributed some £40 million of new income in Edinburgh and £51 million in Scotland*.

The festival's impact stretches beyond the city limits of Edinburgh with thousands of visitors also choosing to take the opportunity to visit Glasgow, the Highlands and Islands and the Central Region.

The international profile of the event is one of its strengths as it raises the profile of Edinburgh as a recognisable asset across the world. The advertising equivalent value of the press and broadcast coverage generated by the summer festivals alone is estimated to have been £12.6 million in the UK**.

But the August festivals are just the beginning – throughout the year Edinburgh offers a packed programme of events from the Spring Festival right through to Hogmanay – with so much in between including the Asian Mela.



** Figures according to Edinburgh's Year Round Festivals 2004-2005 Economic Impact Study

Calendar of Events



December - January

Edinburgh's Hogmanay

A four-day festival that sees the New Year arrive in flamboyant Scottish style. Festivities include the Torchlight Procession, Royal Bank Street Party, the Concert in the Gardens and the New Year Revels and much more.

www.edinburghshogmanay.org

January 25

Burns Night

Burns Suppers have been held in honour of Scotland's most famous poet for approximately 200 years. A traditional dinner including haggis, neeps and tatties is shared across the country and around the UK in homes, pubs and bars.

March - April

Ceilidh Culture

Edinburgh's annual showcase of traditional arts including performances from the best of Scotland's home-grown talent alongside international artists.

www.ceilidhculture.co.uk

Easter Holidays

Edinburgh Spring Festival

A three-day festival including Britain's largest Easter event - ideal for family fun, the majority of events are also free of charge.

www.edinburghheaster.co.uk

April

Edinburgh International Science Festival

Meet real life scientists and explore everything from the Milky Way to cyberspace, engineering to human health

www.sciencefestival.co.uk

End of May

Bank of Scotland Children's International Theatre Festival

The UK's largest festival for children and young people was described by The Herald as a "treasure trove of imaginative surprises." Children as young as six months can enjoy the performances and many of the acts are also on tour.

www.imaginate.org.uk

May - July

CowParade

The world's largest public art event. Each cow is an original work of art, designed by artists of all ages and sponsored by businesses in Edinburgh and Scotland. Those selected go on to be auctioned for charity.

www.cowparade-edinburgh.co.uk

July - August

Starbucks Edinburgh Jazz & Blues Festival

A celebration of the finest jazz and blues over 10 days including the UK's biggest jazz event - Jazz on a Summer's Day.

www.edinburghjazzfestival.co.uk

July - September

Edinburgh Art Festival

The festival showcases some of the best international and Scottish visual arts, from blockbuster exhibitions to grassroots, artist-led projects and takes place right in the heart of festival season.

www.edinburghartfestival.org

Early August

Edinburgh Festivals Cavalcade

Over 150,000 spectators line the streets through Edinburgh to welcome the Festival's entertainers.

www.edinburghcavalcade.com

August

Edinburgh Military Tattoo

Nothing can compare with the sights and sounds of the UK's largest gathering of military musicians. Set against the historic backdrop of Edinburgh Castle, the Tattoo is also enjoyed by an international TV audience of 100 million people.

www.edintattoo.co.uk

August

Festival of Spirituality and Peace

In 1947, after the devastation of the war, the Edinburgh International Festival was conceived to 'provide a platform for the flowering of the human spirit'. This Festival seeks to reawaken the heart of the festival for people who, after 9/11, want to work together for a peaceful future.

www.festivalofspirituality.org.uk



August**Edinburgh Festival Fringe**

From the very beginnings of The Edinburgh International Festival, people put on shows of their own outside of the official Festival, and soon these grew into the Edinburgh Festival Fringe – the world's largest arts festival. Theatre, comedy, music, children's shows, dance and exhibitions are just part of what makes up some 28,000 performances in 261 venues across the city.

www.edfringe.com



Korea's Jump © Edinburgh Festival Fringe

August - September**Edinburgh International Festival**

The festival represents a diverse, spectacular presentation of the arts including classical music, theatre, opera and dance in the city's major theatres and concert halls as well as a number of smaller venues across the city over three weeks. People travel from across the world to see and perform in Edinburgh's focal event of the year.

And it's not just three weeks of the year that the festival presence is felt as throughout the year the festival runs an outreach and education programme bringing international artists together with children, adults, arts professionals, and festival audiences in Edinburgh and across Scotland.

www.eif.co.uk

August**Edinburgh International Book Festival**

Every year Charlotte Square Gardens welcomes world-renowned writers and thinkers as well as new and international authors little known in the UK. The Book Festival provides a unique forum for the exchange of ideas. Political discussions have tackled subjects including climate change, the Middle East and the ethics of cloning. The varied events programme is inclusive for all ages.

www.edbookfest.co.uk

August**Edinburgh International Film Festival**

Home of innovative and exciting cinema, the EIFF is the longest continuously running film festival in the world and has presented some of cinema's most important and exciting moments and played host to the world's greatest filmmakers.

www.edfilmfest.org.uk

Early September**Edinburgh Mela**

A vibrant festival for all the family, the Mela brings together many different cultures to celebrate the breadth and depth of Scotland's cultural diversity and it has subsequently become Scotland's largest intercultural festival.

www.edinburgh-mela.co.uk

**Starts third Friday of October****Scottish Storytelling Festival**

This festival features the best in storytelling from Scotland and beyond. The Storytelling Centre is on The Royal Mile and hosts storytelling events for all ages throughout the year.

www.scottishstorytellingcentre.co.uk
and www.cityoflitterature.com

**November 30****St Andrew's Day**

Scotland's MSPs have approved plans to give the patron saint of Scotland his own national holiday – but it would be in place of another bank holiday.

Late November - December**Edinburgh's Christmas**

The city offers a packed programme of events from the switching on of the Christmas lights in late November followed by a month of special festive events including performances, fairground rides and markets.

www.edinburghschristmas.com



"Hard by, in the fields called the Leith Links, the citizens of Edinburgh divert themselves at a game called golf...Of this diversion the Scots are so fond, that when the weather will permit, you may see a multitude of all ranks, from the senator of justice to the lowest tradesman, mingled together in their shirts, and following the balls with the utmost eagerness."

Tobias Smollet, writing in 1771



Edinburgh | leisure time

As a city, Edinburgh isn't short of open green spaces. But if you are based in the city centre then you are never far from open countryside and the sea as the Lothians offer unspoilt beaches, historic castles and beautiful hotels

Did you know...?

East Lothian has the highest concentration of championship golf courses in the world?

Just three miles east of Leith is the beach at Portobello, Midlothian - an ideal place to walk along the promenade or perhaps take a sunbathe - this beach is very popular during the summer months.

The village of Aberlady in East Lothian lies 17 miles east of the city centre and is popular among golfers and wildlife enthusiasts alike. Aberlady Bay is great for walks and particularly good for bird watching with the spring and winter seasons seeing the most bird activity. Aberlady is also renowned for its golf with two links courses: Kilspindie and Craighielaw.

In Edinburgh and Lothians you are never far from a golf course, be it inland, parkland or links. And as the home of golf - Musselburgh, East Lothian, is home to the oldest golf course in the world - the region has much to offer golfers of all levels including beginners, professionals and families. There are over 80 great courses to choose from in Edinburgh, Lothians and the Borders.

The village of Gullane, with pubs, restaurants and shops, 20 miles from Edinburgh and Gullane Bents and just a short walk from the village, is particularly popular with surfers. A regular bus service runs from the city centre. Gullane is also a top destination in the UK for golfers with its four courses including Muirfield - one of the most highly regarded courses on the Championship rota.

Further along the East Lothian coast lies the seaside town of North Berwick offering sandy beaches and a small harbour, restaurants, cafes and other leisure activities such as fishing. It is, of course, extremely popular with visitors wishing to take advantage of its ideal location for access to the area's golf courses. Other attractions include the Scottish Seabird Centre and the ruins of 14th century Tantallon Castle.

Useful contacts:

www.golfeastlothian.com
www.visitscotland.com
www.historic-scotland.gov.uk





Edinburgh Leisure

If you want to find your nearest gym, swimming pool, tennis coach or golf club, then a visit to Edinburgh Leisure's website should be your first exercise. As the city's biggest leisure provider Edinburgh Leisure is also perfectly positioned to offer tailor made packages to assist organisations in achieving a healthier workforce.

With access to a comprehensive range of facilities across the city and partnerships with many other health-related organisations as well as staff qualified to advise on exercise, nutrition, healthy lifestyles and relaxation, Edinburgh Leisure can offer everything from fitness taster sessions in activities such as yoga and aerobics to complete wellness packages.

Corporate Fitness Membership

Corporate fitness membership provides unlimited access to any of Edinburgh Leisure's gyms, swimming pools, and fitness classes and is an ideal way for staff to maintain an active, healthy lifestyle.

- Unlimited access to 15 gyms across the city
- Unlimited access to 11 swimming pools
- A choice of over 450 fitness classes each week
- Discounts on other Edinburgh Leisure activities such as racquet sports and golf.

Health Checks

Fully qualified instructors are available to visit a company's work place and assess individual employee's health and fitness levels. Tailor-made health checks can include blood pressure tests, body fat analysis and fitness tests.

Corporate 5-a-side

Whether it's for fun or to be truly competitive, 5-a-side football is always a popular leisure activity. With some of the finest 5-a-side facilities in the city, companies can take advantage of Edinburgh Leisure's superb pitches for tournaments or league matches.

Team building days

What better way to improve staff relationships and motivation than a teambuilding event? Events can be combined with meetings or training days by using available conference facilities. Activities can include golf at one of six golf courses, water sports at the fabulous Port Edgar Marina, a range of fitness classes, climbing or a whole range of racquet and team sports.

SHAW advice

Scotland's Health at Work awards is a framework to help employers build policies that focus on improving the physical and mental wellbeing of their employees. The awards can apply to organisations of any size within any industry. By taking part in the award, an organisation can introduce its staff to improved personal health and then measure the organisation's performance as a responsible employer. Edinburgh Leisure can offer a range of services to help organisations achieve a SHAW award.

For more information on any of the ways Edinburgh Leisure can help your organisation, contact:

Tel: 0131 652 4350

Email: mail@edinburghleisure.co.uk

www.edinburghleisure.co.uk

Edinburgh Leisure

Managing leisure and recreation facilities for the City of Edinburgh Council

Spa and Beauty

If it's pampering you're after then Edinburgh can offer the most tempting of city spas

In the centre of town in Conference Square is **One Spa** at the Sheraton Grand Hotel. Catering for individuals and groups, the One Spa is ideal as an incentive option. The Spa uses ESPA treatments and products as well as nail care products by Jessica and make up products by Vincent Longo. The Spa Café and Santini Restaurant offer dining options while a state-of-the-art gym can provide individual fitness choices too. Day Spa packages and vouchers are available.

0131 221 7777
www.one-spa.net

3 Sixty City Spa is located in the city's New Town. Skincare, body care and spa treatments are available – ideal for cosmopolitan professionals seeking a bit of pampering and relaxation. Day spa packages are available.

0131 220 2045
www.3sixtycityspa.com

To take the weight off your feet, literally, head for the **Edinburgh Floatarium** also in the city's New Town, and try out its floatation tanks. This therapy centre also offers aromatherapy massage; reflexology, shiatsu massage, reiki and skin care therapies along with other holistic treatments.

0131 225 3350
www.edinburghfloatarium.co.uk

Pure Spa at Ocean Terminal, Leith, offers individually tailored therapies and beauty treatments also designed to fit in with a busy schedule. Some treatments can be as short as 15 minutes – perfect for fitting in between meetings or shopping trips. Appointments aren't always necessary and therapies include body wraps, facials, massage – and even special treatments for expectant mums. Pampering Parties are available. There is also a location on Lothian Road.

0131 561 1320 (Ocean Terminal)
 0131 221 9133 (Lothian Road)
www.purespauk.com

Thirteenth century **Dalhousie Castle**, just seven miles south of Edinburgh city centre at Bonnyrigg, offers Scotland's very first hydro spa – Aqueous. Spa visitors can experience the Hydro Pool with its multi-massage jet pool; the Laconium – a Roman style sauna; the Ottoman – a Turkish style steam room; and the Tropical Rain & Cold Fog Shower to refresh and invigorate! Part of **von Essen hotels**, Dalhousie Castle is set in parklands and forest overlooking the South Esk River – perfect for relaxing and unwinding – but also ideal for a corporate event too.

01875 820 153
www.dalhousiecastle.co.uk

powerhousefitness.co.uk

3000 SQ FT RETAIL SUPERSTORE:

Treadmills, exercise Bikes, ellipticals, rowing machines, fitness accessories, multigyms, weights and benches

COMMERCIAL SHOWROOM:

Matrix, Johnson and Powerhouse Elite products available in our integrated business-to-business area

CENTRAL LOCATION:

Antigua Street, just minutes from the Omni Centre.

EXPERT ADVICE:

We know fitness our equipment, call us now.



Be fit, be equipped



14 Antigua Street
Edinburgh, EH1 3NH
0131 558 3727

3011266

Fruit and vegetables help set you up for a healthier lifestyle. Best of all, there is so much variety to choose from, all year long, there's enough to keep even the fussiest eaters happy.

To get the best health benefits, your 5 A DAY portions should include a combination of a variety of fruit and vegetables. That's 5 portions altogether, not 5 portions of fruit and 5 portions of veg.



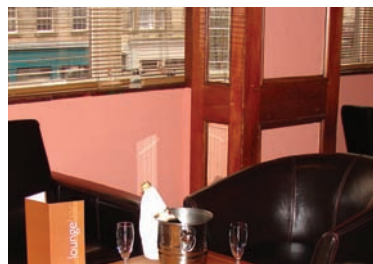
Here are 5 great reasons to eat 5 portions of fruit and vegetables A DAY

- They're packed with vitamins and minerals.
- They can help you to maintain a healthy weight.
- They're an excellent source of fibre and antioxidants.
- They help reduce the risk of heart disease, stroke and some cancers.
- They taste delicious and there's so much variety to choose from.

TOP TIP:

Swap chocolate for apples. They're just as sweet and much better for your teeth

Source: www.5aday.nhs.uk/



THISTLE HOTELS

Want to experience Edinburgh? Visit the Thistle Edinburgh to accommodate all of your needs. We are located in the heart of our historic capital city, just off Princes Street and in close proximity to business, retail and leisure districts. Attached to the St James Shopping Centre the Thistle provides a perfect location to shop, dine and relax whilst staying in Edinburgh.

Thistle Edinburgh is perfect for discovering this delightful city and has everything you would expect and more from Scotland's historic Capital.

Visit Edinburgh Castle as it stands guard over the city, and then explore the many shops, bars and restaurants on Princes Street. The Museum of Scotland, and the Royal Botanic Gardens are all well worth a visit.

This welcoming hotel has 143 well appointed bedrooms including executive rooms and suites, all of which feature tea and coffee making facilities, satellite television, en suite bathrooms, secure safe, trouser press and wireless internet access.

Thistle Edinburgh has a restaurant and bar offering a wide selection of drinks, light refreshments and dining. The recently refurbished Boston Bean Company provides a relaxing environment, serving drinks and light snacks throughout the day. Craig's restaurant opens daily for lunch & dinner serving Scottish & International cuisine in a welcoming and relaxed environment. Following a £50k refurbishment in our food & beverage outlets and more scheduled enhancements throughout 2007, there has never been a better time to sample the Thistle Edinburgh.

The hotel has car parking for guests at a rate of £15 per 24 hours on a first come, first served basis. Wireless internet access available throughout bedrooms & public areas.

Thistle Edinburgh has 6 meeting rooms, the largest of which seats up to 250 theatre style, please see our article on page 74 for further meeting & event information.

Thistle Edinburgh
107 Leith Street, Edinburgh EH1 3SW
Tel: 0870 333 9153 Fax: 0870 333 9253
Email: edinburgh@thistle.co.uk
Web: www.thistlehotels.com



Thistle Edinburgh the home of Jamie's, the Ultimate Scottish Evening, £49.50 per person

Traditional Scottish Banquet, wine & entertainment nightly from April through to October.

"Whoever said money can't buy happiness simply didn't know where to go shopping."

Bo Derek



Edinburgh | shopping and dining



Edinburgh's shopping is renowned for its young, funky vibe. Whether shoppers want the latest in board wear, or the most exclusive of handbags, they will find it in Edinburgh

The city's compact size also means shoppers can cover a wide variety of shopping experiences all in walking distance of each other, seven days a week. And just outside the city centre lie several out-of-town shopping centres all within easy reach by public transport or car.

Broughton Street is a good place for more unusual, exclusive fashions. Rose Street offers a collection of independent stores, and a more 'off the beaten track' feel.

For arts, crafts and antiques, stroll up to the Old Town through cobbled streets and lanes to find Jeffrey Street, The Grassmarket and the quirky Victoria Street where you can get everything from trendy graphic design t-shirts, to original art from Edinburgh students; from quality tailoring to locally produced whiskies. And there are plenty of bars and bistros in between to keep your shopping energy levels at maximum. The Grassmarket is great day and night with pubs and shops aplenty. Cockburn Street, off the Royal Mile, is great for young, funky clothes, photo galleries and record stores.

City Centre

Princes Street is probably the most famous shopping street in Edinburgh and home to the equally renowned department store, Jenners, opposite the Scott Monument. It is a great place to start exploring the city as it cuts right between the Old and New Towns in the city. Shoppers can enjoy moving from the big high street names to the independent retailers.

Edinburgh has two large shopping malls, Princes Mall and the St. James Centre and here you will find all the big high street names, including John Lewis.

For a touch of luxury, head to Multrees Walk off St Andrew Square, home to Harvey Nichols and other designer names such as Anne Fontaine, Louis Vuitton, Emporio Armani and Proudfoot.

George Street in the New Town is also renowned for fashionable upmarket shops, such as Cruise, and

Shops of interest in the Old Town include the trendy graphic design shop Analogue, original art from The Red Door Gallery, cool hat shop Fabhatrix, the exquisitely traditional Pine and Old Lace and Demijohn: a perfect shop for presents where the olive oils, vinegars, whiskys and liqueurs are bottled for you on request. St Stephen Street, Stockbridge, and Causewayside, Southside, are also great for antique hunters.



Harvey Nichols



For bespoke jewellery, second-hand shops and galleries, head to Stockbridge – about a 10-minute walk from George Street in the New Town. Raeburn Place, Deanhaugh Street, Hamilton Place, Circus Place and Howe Street offer a wealth of boutique-style shops and galleries to explore.

The Royal Mile, as well as offering plenty of tourist attractions, offers plenty of shops selling traditional Scottish items – so if you are looking for an authentic tartan kilt, or perhaps just a box of the finest shortbread this is the place to start.

The further you look round Edinburgh's streets, however, the more you will realise how much more there is to Scotland than the aforementioned items. Quirky, atmospheric shops with one-off fashions and arts and crafts can help to make a shopping trip in Edinburgh into a memorable day out.

Princes Mall
0131 557 3759
3-48 Princes Mall, Princes Street, Edinburgh EH1 1BQ

The reinvention of Princes Mall in the heart of Edinburgh brings a bigger, more enjoyable shopping experience in a superb location on Princes Street. Whether you're looking for something different, something special or perhaps you want to relax in the Food Court with a leisurely coffee or a full meal – the all-new Princes Mall offers a complete shopping experience.

St James Centre
0131 557 0050
Leith Street, Edinburgh EH1 3SS

Situated at the East End of Princes Street, St James Shopping Centre offers over 50 high street stores and is home to John Lewis, Next, Boots, HMV and River Island. There is access to over 1,500 car parking spaces and the centre is open seven days a week.

Multrees Walk
0131 557 0050
St Andrew Square, EH1 3SS

For luxury shopping at an exclusive central location, Multrees Walk houses Louis Vuitton, Links of London, Calvin Klein and Emporio Armani to name just a few. And, of course, there is Harvey Nichols at its southwest corner. Parking is available at The St James Centre NCP car park while Edinburgh's main bus station is situated off St Andrew Square underneath Multrees Walk.
www.the-walk.co.uk

Leith and Ocean Terminal, Edinburgh's waterfront

Built up by the success of its docks, Leith has transformed over the last decade into a modern, contemporary waterfront destination attracting visitors year-round.

Leith is described as 'a city quarter by the sea' and can offer visitors plenty of shopping from the modern Ocean Terminal Shopping Centre to more unique boutique-style shops. The Ocean Terminal Shopping Centre, designed by Sir Terence Conran, has 70 shops plus bars and restaurants and offers visitors 1,600 free car parking spaces. The shopping centre is right on the waterfront offering dramatic views across to Fife.

The streets of Leith offer cafés and bars dotted in between shops so you never have to walk far with those shopping bags. Only ten minutes from Edinburgh's city centre, Leith also has a weekend market.
www.visitleith.org
www.oceanterminal.com

Cameron Toll Shopping Centre
0131 666 2777

Just one and a half miles south of the city centre, the Cameron Toll Shopping Centre offers men and women's fashions, gifts, hairdressing and beauty stores. Sainsbury's is also on site.
www.camerontoll.co.uk

Farmers' Market

Edinburgh has an award-winning Farmers' Market every Saturday from 9am–2pm on Castle Terrace. Over 60 specialist producers sell products from organic beef to free-range eggs. Parking is available in Earl Grey Street car park and the multi-storey on Castle Terrace.
For more information visit www.edinburghfarmersmarkets.com

Out of Town

McArthur Glen Shopping Centre
01506 423600
Almondvale Avenue, Livingston, West Lothian EH54 6QX
www.livingstondesigneroutlet.com

Located off Junction 3 of the M8 motorway between Edinburgh and Glasgow. There are also regular bus and train services from both cities.

The Gyle Shopping Centre
Gyle Avenue, South Gyle Broadway, Edinburgh. 0131 539 9000

With over 60 leading high street stores, a wide range of top eateries and food retailers, the Gyle Shopping Centre makes it easy to keep up with the latest fashion trends while doing the weekly shop. The Gyle is home to the capital's flagship Next, Scotland's first stand-alone Monsoon Kids and one of Britain's largest Marks & Spencer.
www.gyleshopping.co.uk

Fort Kinnaird
T: 0131 669 9090
Cinema information: 0871 22 44 007

The UK's largest retail and leisure park sits just outside the city centre with easy access to the A1, over 2,000 free parking spaces and excellent public transport links. Big name stores include PC World, Toys R Us, Carphone Warehouse, HMV and many more. Leisure facilities include UCI cinemas, Megabowl and a number of restaurants. Open seven days a week – check online for individual store opening times.
www.fortkinnaird.co.uk

Dining Highlights

Whether you want to sample the finest in Scottish produce or perhaps try tempting flavours from around the world, you won't be disappointed in Edinburgh.

If you are half way through your shopping, then there are many dining options along the Royal Mile including pubs, cafes and restaurants – but the city also offers rooftop terraces, basement bars; the finest in dining with Michelin stars and the most memorable of experiences from the Harvey Nichols Forth Floor to the rhythm and blues of Jools Holland's Jam House. Here are a few ideas...

Oloroso offers diners contemporary cuisine and a stunning view of the castle in the summer from its roof terrace on Castle Street. The a la carte menu changes twice a day and is available alongside a grill menu. The bar menu provides more relaxed dining options and a terrace snack menu is available during the summer. www.oloroso.co.uk
0131 226 7614

Plaisir du Chocolat's Salon de Thé, on Canongate in the city's Old Town, is an ideal spot to rest those weary shopping bags and enjoy a light lunch or tea in an authentic European setting. There are over 150 teas to choose from as well as delicious chocolate and other tempting desserts. www.plaisirduchocolat.com
0131 556 9524

At **Harvey Nichols' Forth Floor Restaurant** diners can enjoy lunch, afternoon and evening menus. There is also a brasserie and bar – ideal for casual lunches or evening drinks and cocktails. The terrace of the restaurant looks over St Andrew Square and the views out to the Firth of Forth make this an ideal venue for corporate entertaining as well. www.harveynichols.com
0131 524 8350

If you find yourself a little out to the north of the city centre at South Queensferry, an historic village on the edge of the Firth of Forth, then drop into **Orocco Pier** on the High Street – a hotel with an informal and relaxed restaurant offering a contemporary mix of styles with seafood high on the menu. Events facilities are also available. www.oroccopier.co.uk
0131 331 1298

The Witchery by the Castle, located on Castlehill, The Royal Mile, provides a stunning location in which to enjoy an exquisite meal. The restaurant is almost as famous as the Castle itself and is enjoyed by celebrities, locals and visitors alike. www.edinburghsbestrestaurants.com
0131 225 5613

Vegetarians should not miss **David Bann** on St Mary's Street, also off the Royal Mile. Some of the finest vegetarian recipes are on offer along with wine, beer and cocktails. www.davidbann.com
0131 556 5888

Leith is an ideal place to head for a meal by the waterfront and is also home to Edinburgh's first Michelin-starred restaurant – **Martin Wishart**. Located on The Shore, Martin Wishart specialises in contemporary French cuisine and is also a good location for a business lunch or special event. www.martin-wishart.co.uk
0131 553 3557

The Jam House, former BBC Broadcasting House, has been transformed by rhythm and blues legend Jools Holland and designer Neil Tibbatt into one of Edinburgh's most exciting music and dining venues. Live music is on tap seven nights a week including jazz, blues, soul, pop and new original music. Friday and Saturday night see the Jam House open into the small hours and special schedules run during the Edinburgh Festival and on special occasions such as Christmas, Hogmanay and Burns Night. www.thejamhouse.com
0131 226 5875

Did you know...?

Edinburgh offers more restaurants per head of population than any other city in the UK*.

*Figure from Visit Scotland



Dining Directory

American & British Cuisine

Atrium

10 Cambridge Street,
Edinburgh EH1 2ED
Tel: 0131 228 8882
Fax: 0131 228 8808
Web: [www.atriumrestaurant.co.uk](http://www atriumrestaurant.co.uk)
Est: 1993

The Atrium Restaurant offers what is considered by many to be the best food in Edinburgh. Established in 1993 our reputation has grown by offering first class ingredients sourced from local known suppliers. We pride ourselves on our attentive, unobtrusive and friendly service.

Accreditations:

Red M Bib Gourmand Michelin Guide
Best Restaurant Of The Year
Sunday Telegraph
Chef Of The Year Egon Ronay Guide.

Opening Times: Mon-Fri lunch 12.00-14.00, mon-sat dinner 18.00-22.00

Frankie & Benny's

8 Kinnaird Park,
Edinburgh EH15 3RD
Tel: 0131 657 2766
Fax: 0131 669 0720
Web: www.frankieandbennys.com
American Italian restaurant
Opening Times: 10am-10pm 7 days a week

Garfunkels

130 High Street, Edinburgh EH1 1QS
Tel: 0131 220 4445
Web: www.garfunkels.co.uk
British and American Restaurant
Opening Times: 9am-10pm mondays-thursdays, fridays-saturdays 9am-11pm, sundays 9.30am-10pm

Hard Rock Cafe

20 George Street, Edinburgh EH2 2PF
Tel: 0131 260 3000
Fax: 0131 225 4530
Web: www.hardrock.com
Email: edinburgh_sales@hardrock.com
American style menu
Opening Times: mon - sun 12pm - 12am

Montpeliers

159-161 Bruntsfield Place,
Edinburgh EH10 4DG
Tel: 0131 229 3115
Web: www.montpeliersedinburgh.co.uk
Email: info@montpeliersedinburgh.co.uk
From the legendary Montpeliers Full Scottish Breakfast - probably the best in Edinburgh - to the wide ranging international influences of our daytime and evening dishes, we take pride in the freshness and delicious flavour of everything on offer.
European - British food
Opening Times: 9am - 1am daily.

Old Orleans

Dundee Street, Edinburgh EH11 1AL
Tel: 0131 228 8339
Fax: 0131 228 8326
Est: 2000
A reflection of the Deep South
Cajun, steak and chicken dishes.
Opening Times: 5pm - 11pm daily.

Smoke Stack

53-55 Broughton Street,
Edinburgh EH1 3RJ
Tel: 0131 556 6032
Fax: 0131 557 8097
Web: www.smokestack.org.uk
Est: 1996
American chargrilled cuisine
Opening Times: 12.00-2.30 lunch 5.00-10.30 evening meals open all day sat, sun

TGI Friday's

22-26 Castle Street,
Edinburgh EH2 3HT
Tel: 0131 226 6543
Fax: 0131 226 6345
Web: www.tgifridays.co.uk
Est: 1998
American style food
Opening Times: 12.00-10.30 mon-fri 12.00-11.00 sat-sun

The Buffalo Grill

12 Chapel Street, Edinburgh EH8 9AY
Tel: 0131 667 7427
Web: www.buffalogrill.co.uk
Est: 1987
American style
Opening Times: mon-fri 12.00-2.00, mon-sat 6-10.30, sun 5.00-10.15

Bar & Bistro

Apex European Hotel

90 Haymarket Terrace,
Edinburgh EH12 5LQ
Tel: 0845 365 0000
Fax: 0131 666 5128
Web: www.apexhotels.co.uk
Email: edinburgh.reservations@
apexhotels.co.uk

Est: 1997

66 bedroom hotel with Metro café bar and restaurant with a wide variety of menus. Conference and events catered for.

Accreditations:

VIBES Regional Award For East Large Winner Of Gold Future London Sustainable Tourism Award

Brasserie

Opening Times: 12.00-2.30 lunch
4.00-10.00 evenings

Browns

131-133 George Street,
Edinburgh EH2 4JS
Tel: 0131 225 4442
Fax: 0131 220 5693
Web: www.browns-restaurant.com
Brasserie menu.

Ibis Hotel Edinburgh

6 Hunter Square, Edinburgh EH1 1QW
Tel: 0131 240 7000
Fax: 0131 240 7007
Web: www.ibishotel.com
Est: 1998

Located in the centre of Edinburgh. 99 room hotel with 6 adapted disabled guest rooms. Bar serving snacks 24/7, Wifi internet available, 100% no smoking and pets accepted.

Accreditations:

ISO 9001 awarded by BVQI 24 hrs a day guarantee

Bar Snacks

Opening Times: Cafe open 24 hours

Malmaison

1-4 Tower Place, Edinburgh EH6 7DB
Tel: 0131 468 5000
Fax: 0131 468 5002
Web: www.malmaison.com
Email: edinburgh@malmaison.com
Est: 1996

Our brasserie has recently been restored to its original atmospheric glory - dressed with leather banquettes and an abundance of candle light and wrought ironwork creating a romantic and seductive atmosphere.

Accreditations:

Won AA award for Hotel Of The Year 2006.

Brasserie

Paramount Carlton Hotel

19 North Bridge, Edinburgh EH1 1SD
Tel: 0131 472 3000
Fax: 0131 556 2691

Web: www.paramount-hotels.co.uk
Paramount Carlton Hotel, Edinburgh is ideally located on the charming Royal Mile, minutes from Princes Street and the legendary Edinburgh Castle.

Accreditations:

5 Star Deluxe Hotel.

Brasserie menu.

Plaisir du Chocolat's Salon de Thé

251-253 Canongate, Edinburgh EH8 8BQ
Tel: 0131 556 9524

Web: www.plaisirduchocolat.com
Email: info@plaisirduchocolat.com
Cafe specialising in gourmet chocolates, cakes and pastries.
Opening Times: 10am - 6pm daily - 7 days

The Doric Tavern

15-16 Market Street, Edinburgh EH1 1DE
Tel: 0131 225 1084
Fax: 0131 220 0894
Web: www.thedoric.co.uk

The Bistro serves an eclectic lunch and dinner menu, which is individually priced, using the finest of fresh local ingredients to create traditional and modern Scottish dishes. The varied menus include meat, game, seafood and vegetarian dishes with a selection of sumptuous home made desserts.

Bistro and bar food

Opening Times: 12.00noon-1.00am
7 days a week

The Hanover Hotel

43 Rose Street, Edinburgh EH2 2NH
Tel: 0131 226 7576
Fax: 0131 226 7606
Web: www.thehanoverhotel.com
Est: 1993

Accreditations:

3 Star Hotel.

Bar food and snacks

The Links Hotel & Bar

4 Alvanley Terrace, Edinburgh EH9 1DU
Tel: 0131 229 3834
Fax: 0131 228 9173
Web: www.festival-inns.co.uk
Traditional pub food

The Steading

118-120 Biggar Road,
Edinburgh EH10 7DU
Tel: 0131 445 1128
Fax: 0131 445 4325
Bar food
Opening Times: 12pm-9pm mon- sat,
sundays 12pm-8.30pm

Chinese Cuisine

Hei Garden

28 Glasgow Road, Edinburgh EH12 8HL
Tel: 0131 476 7089
Chinese restaurant
Opening Times: Daily 4.30pm - 11pm

Lunetown Cantonese

38 William Street, Edinburgh EH3 7LJ
Tel: 0131 220 1688
Fax: 0131 538 7248
Web: www.lunetownrestaurant.co.uk
Est: 1979

Cantonese style

Opening Times: mon -fri 12noon -2.30pm
6pm - 11pm sat-sun 12noon - 2.30pm
6pm - 12pm

Ping On Chinese Restaurant

26-32 Deanhaugh Street,
Edinburgh EH4 1LY
Tel: 0131 332 3621
Est: 1969
Chinese restaurant
Opening Times: mon-thur 12-2pm and 5.30-11.30pm, fri- sat 12-2pm and 5.30pm-12.30am, sun 5-11.30pm

Rainbow Arch

8 -16A Morrison Street,
Edinburgh EH3 8BJ
Tel: 0131 221 1288
Fax: 0131 538 7384
Est: 1994

Chinese - cantonese style

Opening Times: 12noon - 3am
except thurs 12noon - 12am

Rendezvous

10A Queensferry Street,
Edinburgh EH2 4PG
Tel: 0131 225 2023
Fax: 0131 225 2023
Web: www.edinburghrendezvous.co.uk
Est: 1956
Chinese
Opening Times: 12-11pm daily

The China Palace

27 Bernard Street, Edinburgh EH6 6SH
Tel: 0131 555 4252
Fax: 0131 554 5292
Chinese cuisine
Opening Times: 12.00-200, 5.00-11.30,
7 days a week

The Great Wall Chinese Restaurant

105-109 Lothian Road,
Edinburgh EH3 9AN
Tel: 0131 229 7747
Fax: 0131 221 1460
Chinese cuisine
Opening Times: 12-12 7 days a week

Contemporary Cuisine

Apex International Hotel

31-35 Grassmarket, Edinburgh EH1 2HS
 Tel: 0131 300 3456
 Fax: 0131 220 5345
 Web: www.apexhotels.co.uk
 Est: 1999

171-bedroomed Apex International is contemporary, chic and stylish. Superbly situated in the heart of the Old Town overlooking the Grassmarket and the great drum tower of Edinburgh Castle.

Accreditations:

4 Star Hotel, AA award.

A la carte and brasserie menus.

Blonde Restaurant

75 St. Leonards Street, Edinburgh EH8 9QR
 Tel: 0131 668 2917 Fax: 0131 668 2917
 Web: www.blonderestaurant.com

A modern Scottish and European restaurant on the southside of Edinburgh's city centre. Established in 2000 we have gained a reputation for being relaxed yet stylish. At Blonde we believe that dining out on quality fresh produce, cooked in innovative ways needn't break the bank.

Serving modern Scottish and European menu

Opening Times: tues-sun 12-2.30pm, mon-sun 6-10pm

Braid Hills Hotel

134 Braid Road, Edinburgh EH10 6JD
 Tel: 0131 447 8888 Fax: 0131 452 8477
 Web: www.braidhillshotel.co.uk

The Best Western Edinburgh Braid Hills Hotel is part of the trusted international Best Western Hotels group. The hotel is magnificently situated in its own grounds, with panoramic views right across the City of Edinburgh, to the Pentlands, the Firth of Forth and the Fife hills beyond.

Accreditations:

4 Star Hotel.

Table d'hôte and à la carte menus.

Caledonian Hilton

Princes Street, Edinburgh EH1 2AB
 Tel: 0131 222 8888 Fax: 0131 222 8889
 Web: www.hilton.com

Accreditations:

5 Star Hotel.

Fine dining at the Pompadore restaurant.

Herbe Bistro

44-46 George IV Bridge,
 Edinburgh EH1 1EJ
 Tel: 0131 226 3269
 Email: laraloula@aol.com
 Est: 2005

Modern cuisine

Opening Times: mon-sat 11.00-3.00 and 5.00-10.00

Mount Royal Ramada Jarvis

53 Princes Street, Edinburgh EH2 2DG
 Tel: 0131 225 7161 Fax: 0131 220 4671
 Web: www.ramadajarvis.co.uk
 Email: sales.mounroyal@ramadajarvis.co.uk
The Arts Restaurant which provides fabulous views of the city and serves a cosmopolitan menu to suit all tastes.

Orocco Pier

17 The High Street, South Queensferry
 Edinburgh EH30 9PP
 Tel: 0870 118 1664 Fax: 0131 331 4731
 Web: www.oroccopier.co.uk
 Email: info@oroccopier.co.uk
 Est: 2003

Opening Times: Sunday - Thursday: 10am - 12pm Friday - Saturday: 8am - 1am

Restaurant At The Bonham

35 Drumsheugh Gardens,
 Edinburgh EH3 7RN
 Tel: 0131 623 9319 Fax: 0131 226 6080
 Web: www.thebonham.com
 Email: reserve@thebonham.com
 Est: 1997

The stylish restaurant at The Bonham is famed for its innovative and contemporary cuisine with strong European influences.

Accreditations:

2 AA Rosettes

Contemporary

Opening Times: 6.30 - 10.30, 12.30-2pm and 6.30-9.30

Restaurant Martin Wishart

54 The Shore, Edinburgh EH6 6RA
 Tel: 0131 553 3557 Fax: 0131 467 7091
 Web: www.martin-wishart.co.uk
 Est: 1999

Combining a calm and welcoming ambience with superb cuisine, the Michelin starred restaurant opened in 1999 on The Shore overlooking the water of Leith. Here Martin creates modern French cuisine using the finest, freshest ingredients that are specially sourced from throughout Scotland and around the world.

Accreditations:

In May 2006 the title of Scottish Chef of the Year. In September 2005, Restaurant Martin Wishart was awarded with their 4th AA Rosette and Scottish Restaurant of the Year by the Good Food Guide for the second time.

Opening Times: Lunch 12-2pm Tues-Sat, Dinner 7-9:30/10pm Tues-Sat. Closed Sun/Mon

Roxburghe Hotel Ltd

38 Charlotte Square, Edinburgh EH2 4HG
 Tel: 0131 240 5500 Fax: 0131 527 4656
 Web: www.macdonaldhotels.co.uk
 Email: roxbughe@macdonalds-hotels.co.uk

The Melrose Restaurant, provides the finest quality food prepared by award winning chefs.

A la carte
Opening Times: 24hrs

Royal Scots Club

29 Abercromby Place,
 Edinburgh EH3 6QE
 Tel: 0131 556 4270
 Fax: 0131 558 3769
 Web: www.royalscotsclub.com
 Email: info@royalscotsclub.com
 Est: 1990

Experience the pleasure of dining in one of the finest rooms in Edinburgh. The classical Georgian features and tranquil views over Queen Street Gardens are matched only by the traditional Scottish fayre.

Accreditations:

3 Star

Contemporary food

Opening Times: 9am-11pm

The Forth Floor

30-34 St. Andrew Square
 Edinburgh EH2 2AD
 Tel: 0131 524 8350 Fax: 0131 524 8351
 Web: www.harveynichols.com
 Email: forthfloor.reservations@harveynichols.com
 Est: 2002

The Forth Floor Restaurant, Bar and Brasserie offer the best in contemporary eating and drinking in Edinburgh's most stunning modern dining room. With 32 meters of floor to ceiling glazing, the views are unparalleled - all the way from the Castle to the Firth Of Forth.

Accreditations:

Listed in Michelin Guide 2007 and Tatler restaurant guide 2007, In the lists 2006 hitlist, Restaurant Chef Of The Year 2005, New Restaurant Of The Year 2003."

Opening Times: Restaurant Lunch Tues - Fri 12-3pm Dinner 6-10pm, Sat Lunch 12-3:30pm Dinner 6-10pm Mon Lunch 12-3pm Sun 12-3:30pm. Brasserie Tues - Sat 10am-10pm Mon & Sun 10am - 5pm.

The Jam House

5 Queen Street, Edinburgh EH2 1JE
 Tel: 0131 226 4380 Fax: 0131 226 2468
 Web: www.thejamhouse.com
 Email: jamhouse-edinburgh@luminar.co.uk
 Est: 2005

Fine Dining with Live Music.

Opening Times: Restaurant 6:30pm-11pm, Bar until 3am Tues-Sat. Closed Sun/Mon.

The New Bell

233-235 Causewayside, Edinburgh
 EH9 1PH
 Tel: 0131 668 2868 Fax: 0131 668 2868
 Web: www.thenewbell.com

The monthly changing menu provides well-balanced modern Scottish cuisine, each dish oozing with fresh flavours and beautifully presented with style and flair.

Accreditations:

Best Neighbourhood Restaurant
 LIST Hit List

Modern Scottish

Opening Times: mon-sun 5.30 till late

European Cuisine

Apex City Hotel

61 Grassmarket, Edinburgh EH1 2JF
 Tel: 0845 365 0000
 Fax: 0131 666 5129
 Web: www.apexhotels.co.uk
 Email: edinburghreservations@apexhotels.co.uk
 Est: 2002
 119 Luxury bedroom hotel. Agua bar and restaurant. Conference, events and meeting rooms for all occasions.

Accreditations:

Awarded 1AA Rosette

European cuisine

Opening Times: 12.00-2.30 lunch, 6.00-10.00 evening meals

Best Western Edinburgh City Hotel

79 Lauriston Place, Edinburgh EH3 9HZ
 Tel: 0131 622 7979
 Fax: 0131 622 7900
 Web: www.bestwesternedinburghcity.co.uk
 The Best Western Edinburgh City Hotel is just a few minutes from the Capital's city centre as well as the principal financial and business district.

Accreditations:

4 Star Scottish Tourist Board.

European Cuisine

Botanic House Hotel

27 Inverleith Row, Edinburgh EH3 5QH
 Tel: 0131 552 2563
 Fax: 0131 551 5092
 Web: www.botanichousehotel.com
 The Botanic House Hotel has six stylish ensuite bedrooms, designed with simplicity in mind. At present, this bar and restaurant offers European dishes from an ever changing menu combined with a unique choice of wine and beer on tap. Our chefs pick only the freshest seasonal ingredients to make every meal that little bit special.

Accreditations:

3 Star Hotel.

European cuisine.

French Cuisine

Cafe Marlayne

76 Thistle Street, Edinburgh EH2 1EN
 Tel: 0131 226 2230
 French restaurant.

Cafe Rouge

43 Frederick Street, Edinburgh EH2 1EP
 Tel: 0131 225 4515
 Fax: 0131 225 4323
 Web: www.caferouge.co.uk
 French restaurant.
 Opening Times: 8:30am-11:00pm

Daniel's Bistro

88 Commercial Street, Edinburgh EH6 6LX
 Tel: 0131 553 5933
 Fax: 0131 553 3966
 Web: www.daniels-bistro.co.uk
 The cuisine is a judicious combination of traditional and modern French styles and techniques with strong Scottish overtones. The large and diversified menu on offer will please and satisfy all palates.

Accreditations:

Included in AA guide

French restaurant

Opening Times: 10am - 10pm 7 days a week

La-Bagatelle

22 Brougham Place, Edinburgh EH3 9JU
 Tel: 0131 229 0869
 Email: labagatellescot@aol.com
 Est: 1987
 French cuisine
 Opening Times: mon-sat 12 noon -2pm, mon - fri 6.30pm - 9pm, sat 6.30 - 10pm closed sundays - tues eves.

La Garrigue

31 Jeffrey Street, Edinburgh EH1 1DH
 Tel: 0131 557 3032
 Fax: 0131 557 3032
 Web: www.lagarrigue.co.uk
 Email: lagarrigue@btconnect.com
 Est: 2001
 Specialising in French country cooking exclusively from the wild and rural Languedoc region, which borders Catalonia on the sunny Med, La Garrigue offers genuinely alternative food whilst keeping the Gallic stamp of quality. Traditional rustic French dishes are enlivened by a modern touch. Many of the ingredients for the menu dishes are unique to the Languedoc region and are sourced directly by Jean Michel."

Accreditations:

Awarded Eat Safe award from Edinburgh Council Included Which? Good Food Guide of Great Britain - see the BBC Scotland report Elected Master Chef of Great-Britain 2006 Winner Gourmet Dinner Award 2005 Runner Up Scottish Chef of the Year 2005 Highly Commended The List; Hit list, 2004, 05 and 06 2 AA Rosettes 2002, 03, 04, 05 and 06 Runner Up The Macallum Taste of Scotland City Restaurant of the Year 2003 Three Medallions VisitScotland Food Grading Scheme 2002/03 Winner Drambuie City Chef of the Year 2002 Runner Up Drambuie New Restaurant of the Year 2002

Rustique French

Opening Times: Open six days a week from monday to saturday inclusive.

La P'tite Folie

9 Randolph Place, Edinburgh EH3 7TE
 Tel: 0131 225 8678
 Fax: 0131 225 6477
 Web: www.laptitefolie.co.uk
 Email: info@laptitefolie.co.uk
 Est: 2003
 We provide delicious traditional French cuisine such as moules marinières, breast of barbery duck with prunes and armagnac sauce and char-grilled sirloin steak with beurre 'Maitre d'hotel'.

French cuisine.

Opening Times: sun-thurs 12 noon - 3pm, 6pm- 11pm fri- sat 12noon - 3pm, 6pm - 11pm

Petit Paris

38-40 Grassmarket, Edinburgh EH1 2JU
 Tel: 0131 226 2442
 Fax: 0131 226 6771
 Web: www.petitparis-restaurant.co.uk
 The aim of Petit Paris is to create a true French ambience in a relaxing surrounding for a truly exquisite meal.

French Restaurant

Opening Times: 12pm-3pm lunch, 5.30pm till late dinner 7 days a week

Petit Paris

17 Queens Ferry Street, Edinburgh EH2 4QP
 Tel: 0131 226 1890
 Fax: 0131 226 6771
 Web: www.petitparis-restaurant.co.uk
 French Restaurant
 Opening Times: 12pm-3pm lunch, 5.30pm till late 6 days a week, closed sundays

The Vintners Rooms

The Vaults, 87 Giles Street, Edinburgh EH6 6BZ
 Tel: 0131 554 6767
 Fax: 0131 555 5653
 Web: www.thevintnersrooms.com
 French a la carte dining at its best, we also pride ourselves in sourcing only excellent Scottish produce. Our philosophy is to focus on the flavour of the essential ingredient of a dish.

Accreditations:

2 Rosettes From The AA Good Food Guide Michelin Guide

French restaurant

Opening Times: tues-sat lunch 12pm-2pm dinner 7pm-10pm, closed Mondays and sundays



Indian Cuisine

Ballis Res

89 Hanover Street, Edinburgh EH2 1EE
 Tel: 0131 226 3451
 Fax: 0131 225 8396
Conference venue available for up to 25 people.
Indian and Mediterranean cuisine

Bangalore Restaurant

52 Home Street, Edinburgh EH3 9NA
 Tel: 0131 229 1348
 Fax: 0131 221 9170
 Web: www.bangalore-restaurant.co.uk
 Email: info@bangalore-restaurant.co.uk
Bangalore Tandoori Restaurant has served Indian cuisine since 1984. Inspired by one of the most beautiful cities in Southern India, Bangalore Tandoori has created a fine dining experience, which reflects this diversity of taste and culture.
Indian cuisine.
*Opening Times: mon-fri - 12.00pm-2.00pm
 sun-thu - 5.00pm-11.30pm*

Eastern Pavillion

46 St. Johns Road, Edinburgh EH12 6PE
 Tel: 0131 334 3346
 Est: 2000

Indian restaurant

Opening Times: mon - sat 12pm -2pm mon - thurs 5:30pm -11:30pm fri -sat 5pm - midnight sun 4:30pm - 11pm

Kalpna

2-3 St. Patrick Square, Edinburgh EH8 9EZ
 Tel: 0131 667 9890
 Fax: 0131 443 9523
 Web: www.kalpnarestaurant.co.uk
 Email: kalpnarestaurant@yahoo.com
 Est: 1982
Kalpna is a family business, as a result the atmosphere is relaxed and light-hearted. Whilst we are serious about the quality of food and service, we are not really a formal restaurant and like to see our customers wind down and have a good time.
Indian and vegetarian.
Opening Times: Middy - 2pm and 5.30pm - 11pm.

Lancers Brasserie

5 Hamilton Place, Edinburgh EH3 5BA
 Tel: 0131 332 3444
 Fax: 0131 332 9559
 Est: 1985
 Indian restaurant
*Opening Times: Daily 12noon - 12.30
 5.30pm - 11.30pm*

Passage To India

20 Union Place, Edinburgh EH1 3NQ
 Tel: 0131 556 4547

Indian restaurant

Opening Times: 11am-2pm lunch 5pm-11.30pm dinner fridays-saturdays, 11am-2pm, sundays 4pm-11.30pm

Pataka

190 Causewayside, Edinburgh EH9 1PH
 Tel: 0131 668 1167
 Est: 1991
Alternative tel. number - 0131 662 9434.
Indian restaurant
Opening Times: midday-2pm and 5.30pm-11.30pm

Prince Balti

11 12 Seafield Road East, Edinburgh EH15 1EB
 Tel: 0131 657 1155
 Fax: 0131 657 1122
 Email: princebaltihouse@hotmail.com
Indian restaurant
 Opening Times: 12-2pm 5-11.30pm

The Clay Oven Restaurant

86 Morningside Road, Edinburgh EH10 4BY
 Tel: 0131 447 9724
Our cuisine is varied and excellent, the spirit is of fine food and reassuring quality service. Our rich ingredients, and the delicacy of our herbs and spices complement the intricacies of our wine.

Accreditations:

Good Curry Guide Award
 Evening News Award

Northern Indian cuisine

*Opening Times: 12.00-200 5.00 -12.00
 7 days a week*

The Original Raj Hotel

6 West Coates, Edinburgh EH12 5JG
 Tel: 0131 346 1333
 Fax: 0131 337 6688
 Web: www.rajempire.com

Zest

15 North St. Andrew Street, Edinburgh EH2 1HJ
 Tel: 0131 556 5028
 Fax: 0131 556 6731
Contemporary Indian cuisine.



Italian Cuisine

Bar Napoli

75 Hanover Street, Edinburgh EH2 1EE
 Tel: 0131 225 2600
 Fax: 0131 652 2788
 Italian restaurant.

Bar Roma

39A Queensferry Street,
 Edinburgh EH2 4RA
 Tel: 0131 226 2977
 Fax: 0131 226 7172
 Web: www.bar-roma.co.uk
Bar Roma focuses on bringing out the very best elements of what is one of the most acclaimed gastronomic regions of the world.
 Italian restaurant.
 Opening Times: sun - thurs 12noon to midnight

Bella Italia

54-56 North Bridge, Edinburgh EH1 1SB
 Tel: 0131 225 2044
 Fax: 0131 225 3617
 Web: www.bellaitalia.co.uk
The choice at Bella Italia is huge including pasta, pizza, grill dishes and some delicious meat and fish dishes.
 Italian restaurant

Bella Italia

7-9 Hanover Street, Edinburgh EH2 2DL
 Tel: 0131 225 4808
 Fax: 0131 220 1736
 Web: www.bellaitalia.co.uk
The choice at Bella Italia is huge including pasta, pizza, grill dishes and some delicious meat and fish dishes
 Italian restaurant.

Ciao Roma

64 South Bridge, Edinburgh EH1 1LS
 Tel: 0131 557 3777
 Fax: 0131 557 3777
 Web: www.ciaoroma.co.uk
 Italian restaurant
 Opening Times: 12pm - late mon - sun

D' Antonio's

63 Shore, Edinburgh EH6 6RA
 Tel: 0131 467 7746
 Fax: 0131 467 7746
 Authentic Italian food.
 Opening Times: tues - sun 12noon -2.30pm
 6pm - 11pm Closed on mon

Dario's Pizza & Spagetti House

85-87 Lothian Road, Edinburgh EH3 9AW
 Tel: 0131 229 9625
 Fax: 0131 229 9625
 Est: 1976
 Italian and pizza restaurant.
 Opening Times: Midday - 3am daily.

Est Est Est Restaurants Ltd

135 George Street, Edinburgh EH2 4JS
 Tel: 0131 225 2555
 Web: www.estestest.co.uk
 Email: edinburgh@estestest.co.uk
 Est: 1997
EST EST EST nestles amongst Edinburgh's finest shops and offices. The chic and ultra stylish ambience paired with fresh Italian cooking make this a perfect dining experience. Whether a romantic meal for two, a celebration party in a booth or taking advantage of our 'Con Amici' banquet menu with friends, you will enjoy a friendly environment with a focus on service at reasonable prices.
 Italian and A la Carte menus.
 Opening Times:
 sun - thurs 12pm - 11pm fri / sat 12pm - 12am.

Fabio's Restaurant

23 Glasgow Road, Edinburgh EH12 8HW
 Tel: 0131 334 2300
 Fax: 0131 467 2706
 Est: 2000
 Italian restaurant
 Opening Times: mon-sat lunch 12pm - 2:30pm dinner 5:30pm - 10:30pm sun 5pm - 10:30pm

Gennaro Ristorante

64 Grassmarket, Edinburgh EH1 2JR
 Tel: 0131 226 3706
 Fax: 0131 220 2920
 Est: 1983
 Italian restaurant
 Opening Times: 12pm-12am 7 days a week

Giuliano's On The Shore

1 Commercial Street, Edinburgh EH6 6JA
 Tel: 0131 554 5272
 Fax: 0131 554 5272
 Web: www.giulianos.co.uk
 Email: info@giulianos.co.uk
 Est: 1993
We offer a warm welcoming environment, with stylish but relaxing surroundings and guarantee the very best of Scottish hospitality with an Italian twist.
 Italian restaurant
 Opening Times: 12pm-10.30pm
 7 days a week

Gordon's Trattoria

231 High Street, Edinburgh EH1 1PE
 Tel: 0131 225 7992
 Fax: 0131 225 7992
 Italian restaurant

Il'castello

36 Castle Terrace, Edinburgh EH1 2EL
 Tel: 0131 229 2730
 Est: 1991
 Italian restaurant
 Opening Times: Daily 12 -2.30pm and 5pm - 11pm

Jolly Ristorante & Pizzeria

9 Elm Row, Edinburgh EH7 4AA
 Tel: 0131 556 1588
 Fax: 0131 557 0453
 Italian restaurant and pizzeria
 Opening Times: Daily 12 noon - 2.30pm
 5pm - 11pm

La Rusticana

90 Hanover Street, Edinburgh EH2 1EL
 Tel: 0131 225 2227
 Fax: 0131 225 1380
 Web: www.la-rusticana.co.uk
 Est: 1992
This traditional, family run Ristorante has been offering the very best in authentic Italian cuisine for over 20 years.
 Italian restaurant
 Opening Times: Daily 12noon - 2pm,
 5pm - 11pm

L'Amore D'Italia

97-101 Fountainbridge,
 Edinburgh EH3 9QG
 Tel: 0131 228 5069
 Fax: 0131 228 5069

Accreditations:

1995 UK Winner of Papa Pizza Competition.

Italian cuisine.

Mammas American Pizza Co

28-30 Grassmarket, Edinburgh EH1 2JU
 Tel: 0131 225 6464
 Web: www.mammas.co.uk
 Est: 1985

Accreditations:

Food Hygiene Best Independent Pizzeria from PAPA, Included in Hit List on numerous years.

Pizzeria

Opening Times: sun-thur midday-11pm,
 fri-sat midday-midnight.

Paparazzi Restaurant & Pizzeria

169-173 Gilmore Place,
 Edinburgh EH3 9PW
 Tel: 0131 228 3115
 Fax: 0131 229 7972
 Est: 2005
 Italian restaurant and pizzeria.
 Opening Times: mon 5.30-11pm,
 tue-sat midday-2.30pm and 5.30-11pm,
 sun midday-10pm

Pizza Express (Restaurants) Ltd

32 Queensferry Street,
 Edinburgh EH2 4QS
 Tel: 0131 225 8863
 Fax: 0131 220 1524
 Web: www.pizzaexpress.com
 Est: 1997
 Pizza and pasta restaurant
 Opening Times: mon-thur 11.30am-10.30pm,
 fri-sat 11.30am-11pm, sun midday-10.30pm.

Paparazzi

edinburgh
Ristorante & Pizzeria

20% off all
prices for
take-away



169 Gilmore Place, Edinburgh EH3 9PW

Tel: 0131 228 3115 Fax: 0131 229 7972



Opening Times

Monday to Saturday

Lunch 12 noon till 2.30 pm

Dinner 7 nights - 5.30 till 11pm

Sunday 12 noon till 10.00 pm



Telephone bookings available

Children Welcome

Restaurant available for private parties

San Marco

9 -11 Marys Place, Edinburgh EH4 1JH

Tel: 0131 332 1569

Fax: 0131 315 3539

Est: 1987

Italian

Opening Times: 12-2pm 5.30 - 11pm

Santini Ristorante

5 Conference Square, Edinburgh EH3 8AN

Tel: 0131 221 7788

Fax: 0131 228 4510

Web: www.sheriton.com/grandedinburghEmail: grandedinburgh.sheriton@sheriton.com

Est: 2001

Santini Ristorante is an intimate, tranquil haven from the outside world, serving authentic Italian cuisine at its very best with delicious regional Italian dishes of the highest quality. The food has a strong Venetian accent combining seasonal ingredients and traditional recipes.

Accreditations:

Two AA Rosette

Italian restaurant

Opening Times: 12 - 2.30 mon-fri 6.30 - 10.30 mon-sat

The Bellini

Abercromby Place, Edinburgh EH3 6LB

Tel: 0131 476 2602

Fax: 0131 476 2607

Web: www.bellinirestaurant.co.uk

Our aim is to create traditional and authentic Italian cuisine in Edinburgh, by taking produce from Scotland's natural larder, and preparing it in a distinctively Italian style by blending with delicacies specially imported from several regions of Italy.

Accreditations:

Member of the Scotch Beef Club

Italian restaurant

Opening Times: tues-sun 6pm-10.30pm, Mondays closed.

Tinelli Ristorante

139 Easter Road, Edinburgh EH7 5QA

Tel: 0131 652 1932

Fax: 0131 652 1932

Est: 1982

Italian restaurant

Opening Times: tues-sat 12pm-2pm lunch, 6pm-10pm dinner, closed Mondays and Sundays

Mediterranean Cuisine**Edinburgh Marriott**

111 Glasgow Road, Edinburgh EH12 8NF

Tel: 0131 334 9191

Fax: 0131 316 4507

Web: www.marriott-hotels.co.uk

Email:

mhrs.edinb.frontdesk@marriott-hotels.com

Est: 2001

Mediterrano Restaurant creates a superb dining experience with Mediterranean cuisine and fine wine.

Accreditations:

4 Star Rating

Mediterranean and steak specialities.**Menzies Belford Hotel**

69 Belford Road, Bells Mills,

Edinburgh EH4 3DG

Tel: 0131 332 2545

Fax: 0131 332 3805

Web: www.bookmenzies.comEmail: belford@menzies-hotels.co.uk

Est: 1973

The Brasserie restaurant offers an informal and comfortable environment with an extensive choice of dishes and wines from around the world. The Granary Bar also offers a more informal menu open daily.

Accreditations:

AA 4 star hotel.

Mediterranean cuisine

Opening Times: 19.00-21.30 every day.

Mexican Cuisine**Chiquito Mexican Restaurant**

6 Kinnaird Park, Edinburgh EH15 3RD

Tel: 0131 657 4444

Fax: 0131 657 5803

Mexican restaurant.**Scottish Cuisine****Ardmillan Hotel**

9-10 Ardmillan Terrace,

Edinburgh EH11 2JW

Tel: 0131 337 9588

Fax: 0131 346 1895

Web: www.ardmillanhotel.com**Accreditations:**

2 Star.

Traditional Scottish food**Dubh Prais**

123B High Street, Edinburgh EH1 1SG

Tel: 0131 557 5732

Fax: 0131 557 5263

Web: www.dubhpraisrestaurant.com

Est: 1988

Dubh Prais (pronounced Doo Prash) is a small and romantic cellar restaurant offering a complete Scottish dining experience, which caters for both visitors and locals alike.

Scottish restaurant

Opening Times: tue-fri midday-2pm and 6.30pm-10.30pm, sat 6.30pm-10.30pm.

Hampton Hotel

14 Corstorphine Road,

Edinburgh EH12 6HN

Tel: 0131 337 1130

Fax: 0131 313 3621

Web: www.hamptonhotel.co.ukEmail: info@hamptonhotel.co.uk

Est: 1998

Situated only a short distance from Edinburgh's historic city centre and close by Murrayfield Stadium - the home of Scottish Rugby - The Hampton Hotel is ideally located for a stay in Scotland's capital city.

Accreditations:

3 Star rating - Visit Scotland formerly Scottish Tourist Board.

Hotel restaurant serving traditional Scottish food.

Opening Times: Lunch 12pm - 3pm Dinner 5pm - 9pm (Winter) 5pm - 10pm (Summer)

Heights

Appex Hotel, 31-35 Grassmarket,
Edinburgh EH1 2HS
Tel: 0131 473 7156
Fax: 0131 220 5345
Web: www.appexhotels.co.uk
Est: 1999

Experience fine Scottish Cuisine high above the Grassmarket, with views of Edinburgh Castle.

Accreditations:

2 AA Rosette Award

Scottish cuisine

Hilton Edinburgh Grosvenor Hotel

5-21 Grosvenor Street,
Edinburgh EH12 5EF
Tel: 0131 226 6001
Fax: 0131 220 2387
Web: www.hilton.co.uk
Email:
reservation.edinburghgros@hilton.com

Accreditations:

4 Stars Hotel

A la carte - Scottish specialities

MacKenzies

2-4 Bridge Road, Edinburgh EH13 0LF
Tel: 0131 441 2587
Fax: 0131 441 5380
Web: www.mackenziesrestaurant.com
Est: 1990

We have a full A la carte menu, and special supper menus along with an extensive wine list and licensed bar. With vegetarian selection and wines from around the World, we are sure you will enjoy our food and hospitality.

Scottish a la carte

McKirdys

151-155 Morrison Street,
Edinburgh EH3 8AG
Tel: 0131 229 6660
Web: www.mckirdyssteakhouse.co.uk
Est: 2000

The McKirdy's have been butchers in and around the Edinburgh and East Lothian area since 1895, gaining a reputation for the very highest quality meat available; a quality that is now available at McKirdy's Steakhouse. You should try the McKirdy's award winning haggis, voted by our peers as the Best at the Scottish Haggis Championships 1998, and more recently our Best in South East Scotland awarded Pork Sausages

Accreditations:

Best at Scottish Haggis Championship 1998 Best in South East Scotland Pork Sausages

Steak house

Opening Times: sun -thur 5.30 -10pm,
fri - sat 5 -1030pm

No 3 Royal Terrace

3 Royal Terrace, Edinburgh EH7 5AB
Tel: 0131 477 4747
Fax: 0870 751 7547
Web: www.no3royalterrace.com
Est: 2001

The eating experience will be second to none, as the reputation of our chef is outstanding. Couple with this our superb wine list, which boasts over 70 fine wines. We therefore are confident that you will discover that No. 3 is just that bit special.

Scottish restaurant

Opening Times: Midday- 2pm, 5.30pm-10pm daily.

Old Waverley Hotel

43 Princes Street, Edinburgh EH2 2BY
Tel: 0131 556 4648
Fax: 0131 557 6316
Web: www.oldwaverley.co.uk
Email: reservations@oldwaverley.co.uk
Est: 1845

Cranston's Restaurant has been fully refurbished for 2006 and offers a refined and relaxed atmosphere as well as enjoying the best views in the city.

Traditional Scottish Cuisine

Parliament House Hotel

15 Calton Hill, Edinburgh EH1 3BJ
Tel: 0131 478 4000
Fax: 0131 478 4001
Web: www.parliamenthouse-hotel.co.uk
Email: info@parliamenthouse-hotel.co.uk
Our chef uses only the best of fresh local produce to prepare recipes for you from around the world with an imaginative and creative flair.

Accreditations:

3 Star Hotel

Scottish Restaurant

Opening Times: 6pm-9.30pm 7 days a week

Stac Polly

29-33 Dublin Street, Edinburgh EH3 6NL
Tel: 0131 556 2231
Fax: 0131 557 9779
Web: www.stacpolly.co.uk
Est: 1990

With the emphasis being on modern Scottish cuisine, menus are compiled using the finest and freshest of local produce but with an exciting twist that puts the zest back into traditional interpretations of Scottish fayre.

Accreditations:

1 Rosette

Scottish Cuisine

Opening Times: 12.00-2.00 lunch 6.00-9.30
mon-fri, sat 6.00-9.30

Teuchters & A Room In The West End

26 William Street, Edinburgh EH3 7NH
Tel: 0131 226 1036
Fax: 0131 226 1036
Web: www.aroomin.co.uk
Est: 2001

Bar and restaurant.

Accreditations:

Taste Of Scotland Award.

Scottish bistro

Opening Times: 11am-1am 7 days a week.

The Bonham Hotel

35 Drumsheugh Gardens,
Edinburgh EH3 7RN
Tel: 0131 226 6050
Fax: 0131 226 6080
Web: www.bonham.com
Est: 1997

The stylish restaurant at The Bonham is famed for its innovative and contemporary cuisine with strong European influences.

Accreditations:

2 Rosette Restaurant.

Traditional Scottish cuisine

Opening Times: 12.00-3.00 lunchtimes 6.30-10.00 dinnertimes

The Grain Store Restaurant

30 Victoria Street, Edinburgh EH1 2JW
Tel: 0131 225 7635
Fax: 0131 622 7313
Web: www.grainstore-restaurant.co.uk
Est: 1991

At the Grain Store we believe in providing the very best of Scottish produce. All our dishes are prepared 'a la main' - individually cooked to order with accompanying sauces prepared on the spot.

Accreditations:

Taste Of Scotland

Scottish fayre

Opening Times: 12.00 -2.00 lunch 6.00 10.00 evening meals

The Magnum

1 Albany Street, Edinburgh EH1 3PY
Tel: 0131 557 4366
Est: 1984

Scottish cuisine

Opening Times: mon-sat 12.00-2.30,
evenings 6-9.30

The Pavilion

47 Buckstone Terrace,
Edinburgh EH10 6QJ
Tel: 0131 445 5584
Fax: 0131 445 2890
Web: www.tusitala.co.uk

Scottish restaurant

Opening Times: 10am-10pm

The Stockbridge Restaurant

54 St. Stephen Street, Edinburgh EH3 5AL
 Tel: 0131 226 6766
 Web: www.thestockbridgerestaurant.com
 Email: jjase74@aol.com
 Est: 2004

Scottish restaurant

Opening Times: 7pm-9.30pm tues-sun, lunch
 12.30pm-2.30pm wed-fri, closed Mondays

The Tower Restaurant

Chambers Street, Edinburgh EH1 1JF
 Tel: 0131 225 3003
 Fax: 0131 247 4220

Web: www.tower-restaurant.com

A la carte Scottish / French

Opening Times: 12pm-4.30pm lunch, 5pm-
 11pm 7 days a week

The Witchery By The Castle

352 Castlehill, The Royal Mile,
 Edinburgh EH1 2NF
 Tel: 0131 225 5613
 Fax: 0131 220 4392

Web: www.thewitchery.com

Email: info@thewitchery.com

Opening Times: Lunch 12pm-4pm - Dinner
 5.30pm-11.30pm 7 Days A Week

Scottish & European Cuisine**Balmoral Hotel**

1 Princes Street, Edinburgh EH2 2EQ
 Tel: 0131 556 2414 Fax: 0131 557 3747
 Web: www.rocco40hotels.com
 Est: 1902

Five Star property in the heart of Edinburgh.
 188 suites and rooms, Sir Walter Scott Suite
 for conferences/banqueting, Hadrians
 Brasserie restaurant, Palm Court Cocktail Bar
 and NBS Bar for relaxing drinks and live
 entertainment.

Accreditations:

1 Michelin Star for number one restaurant.
 AA 5 Star Hotel. 5 Star Visit Scotland
 Hotel. Member of The Leading Hotels
 Of The World Double win at the 2006
 Scottish Thistle Awards 2 Gongs for
 People Development & Marketing Initiative

European and Scottish cuisine.**Best Western Bruntsfield Hotel**

69-74 Bruntsfield Place,
 Edinburgh EH10 4HH
 Tel: 0131 229 1393 Fax: 0131 229 5634
 Web: www.thebruntsfield.co.uk

The Best Western Bruntsfield is unique
 among most Edinburgh hotels
 accommodation, offering exceptional
 standards of quality and service but with the
 individual character and style of an
 independently owned Edinburgh hotel.

Accreditations:

4 Star Scottish Tourist Board 1 Rosette.

**Traditional Scottish and Mediteranean
bistro menu.****Capital Hotel**

187 Clermiston Road,
 Edinburgh EH12 6UG
 Tel: 0131 535 9988
 Fax: 0131 334 9712
 Web: www.edinburghcapitalhotel.co.uk
 The Best Western Edinburgh Capital Hotel is
 just off, and to the west of, the centre of
 Edinburgh close to the Airport but also a
 short ride from the city centre.

Accreditations:

3 Star Hotel.

Traditional Scottish Restaurant**Northumberland Hotel**

33-35 Craigmillar Park,
 Edinburgh EH16 5PE
 Tel: 0131 668 3131
 Fax: 0131 667 5555
 Web: www.thenorthumberlandhotel.co.uk
 Email: reservations@
 thenorthumberlandhotel.co.uk

Come and enjoy a traditional homemade
 Scottish meal made from the freshest
 ingredients served in a relaxing atmosphere .

Accreditations:

2AA Rosettes

French, Scottish cuisine**Oloroso**

33 Castle Street, Edinburgh EH2 3DN
 Tel: 0131 226 7614
 Fax: 0131 226 7608
 Web: www.oloroso.co.uk
 Email: info@oloroso.co.uk

Consisting of a lounge bar, restaurant,
 private dining room and roof terrace,
 Oloroso presents its guests with exemplary
 service and imaginative contemporary
 cooking.

Accreditations: ITV chef of the year 2000.

Prestonfield

Priestfield Road
 Edinburgh EH16 5UT
 Tel: 0131 225 7800
 Fax: 0131 668 3976
 Web: www.prestonfield.com

With exceptional produce from small artisan
 suppliers handled with terrific skill and flair,
 you'll find the delights of Skye scallops,
 Lindisfarne oysters, Black Gold beef and
 Borders hare and lamb very hard to resist
 indeed.

French and Scottish cuisine**The Howard**

34 Great King Street,
 Edinburgh EH3 6QH
 Tel: 0131 557 3500
 Fax: 0131 557 6515
 Web: www.thehoward.com
 You'll enjoy traditional Scottish fare, which
 will be meticulously prepared by our
 dedicated team of chefs, and attention to
 detail in this warm and exclusive Georgian
 setting.

Accreditations:

In the AA Top 200 hotels. 1 Rosette
 Restaurant 5 Star Hotel Customer Care
 Thistle Award Trip Advisor Award 2006
 One of the Top 25 hotels in the World.

Scottish & British Cuisine**Thistle (Edinburgh)**

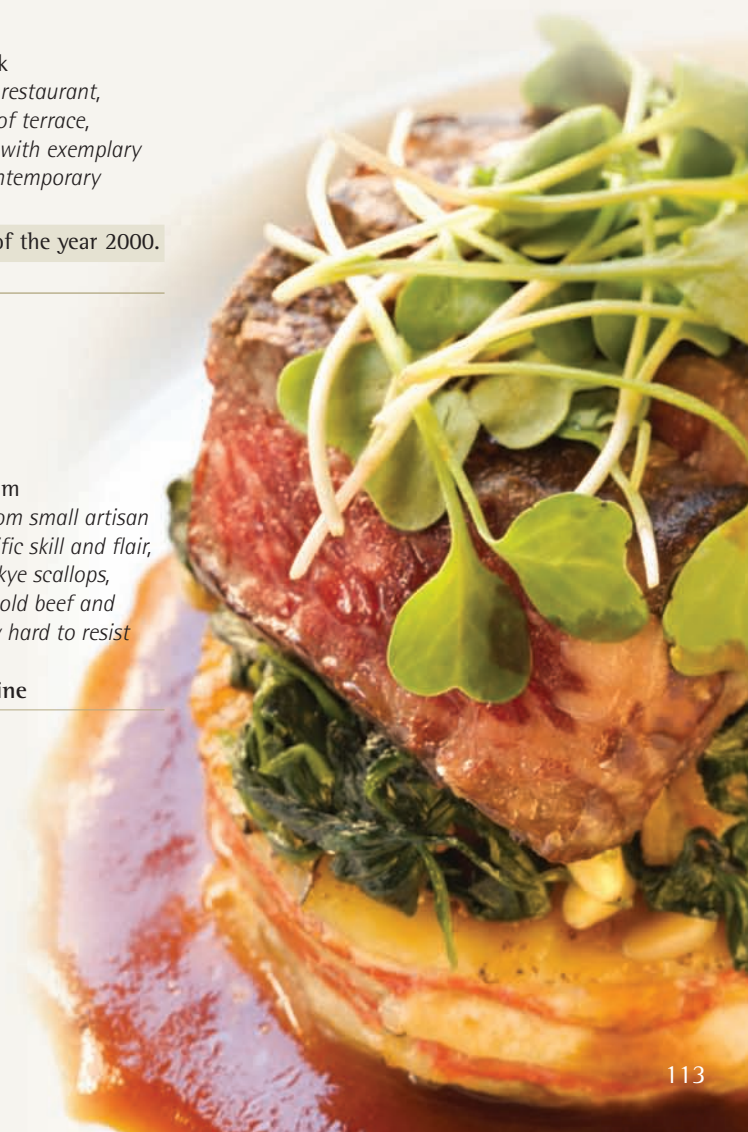
107 St. James Centre,
 Edinburgh EH1 3SW
 Tel: 0131 556 0111
 Fax: 0131 557 5333
 Web: www.thistlehotels.com
 Email: edinburgh@thistle.co.uk

Accreditations:

4 Star Hotel

Scottish & French Food

Opening Times:
 7am-10pm 7 Days A Week







Seafood Restaurants

Creelers Restaurant

3 Hunter Square, Edinburgh EH1 1QW
 Tel: 0131 220 4447
 Fax: 0131 220 4447
 Web: www.creelers.co.uk
 Email: creelers@aol.com
 Est: 1995

Seafood restaurant

Opening Times: mon-thur midday-2.30pm
 and 5.30-10.30pm, fri midday-2.30pm &
 5.30-11pm, Sat midday-3pm & 5.30-11pm,
 Sun midday-3pm and 5.30-10.30pm.

Dunstane House Hotel

4 West Coates, Edinburgh EH12 5JQ
 Tel: 0131 337 6169
 Fax: 0131 337 6169
 Web: www.dunstanehousehotel.co.uk
 Email:

reservations@dunstanehousehotel.co.uk
The Skerries Restaurant in Edinburgh offers diners a superb selection of dishes, mostly harvested from the rich tidal waters around Orkney and Shetland. Our award winning chef uses the freshest ingredients to create an innovative menu, with food that simply bursts with style and flavour.

Accreditations:

AA 4 Star rating 2 Silver Medallions
 Good Food Guide Food Hygiene
 certificate Health & Safety certificate.

Seafood restaurant

Fishers

1 Shore, Edinburgh EH6 6QW
 Tel: 0131 554 5666
 Fax: 0131 554 5666
 Web: www.fishersbistros.co.uk

The extensive and varied menu is anchored with Fishers favourite seafood staples and studded with original dishes updated on a daily basis.

Seafood restaurant – cater for all

Opening Times: Open daily from 12pm –
 10:30pm

Fishers In The City

58 Thistle Street, Edinburgh EH2 1EN
 Tel: 0131 225 5109
 Web: www.fishersbistro.co.uk
 Email: ask@fishersbistros.co.uk
 Est: 2000

Great seafood city centre restaurant. An exciting and informal experience is available 7 days a week. Meat and vegetarian meals also available.

Accreditations:

Food Hygiene Health and Safety
 Certificate Cook Safe and accredited by
 numerous guides.

Seafood restaurant

Opening Times: Daily from 12pm – 10:30pm

MacDonald Holyrood Hotel

81 Holyrood Road, Edinburgh EH8 8AU
 Tel: 0131 550 4500
 Fax: 0131 550 4545
 Web: www.macdonald-hotels.co.uk/holyrood
 Email: holyrood@macdonald-hotels.co.uk
True to our Scottish heritage, OPUS 504, our Wild Fish and Chophouse, serves beef from the finest Scottish herds, which have been naturally reared on mineral rich grass. Our menu is fresh and varied with Creamed Arbroath smokie, Cullen Skink, Wild sea bass, Poached smoked haddock, Fillet, Ribeye Chop and T-Bone.

Accreditations:

1 AA rosette.

Continental fish and steak menus.

Skerries

4 West Coates, Edinburgh EH12 5JQ
 Tel: 0131 337 5320
 Fax: 0131 337 6169
 Web: www.dunstanehousehotel.co.uk
 Email:
 reservations@dunstanehousehotel.co.uk
 Est: 2001
Seafood

The Cafe Royal Oyster Bar

19 West Register Street,
 Edinburgh EH2 2AA
 Tel: 0131 556 4124
 Fax: 0131 557 0337
 Email: caferoyal@thespiritgroup.com
 Est: 1860

Seafood restaurant

Opening Times: 11.00am-1.00am 6 days a
 week, sun 12.30pm-1.00am

The Ship On The Shore

24-26 Shore, Edinburgh EH6 6QN
 Tel: 0131 555 0409
 Fax: 0131 555 0409
 Web: www.theshipontheshore.co.uk
 Email: theshipontheshore@btconnect.com

Seafood restaurant

Opening Times: 12pm-11pm sun-thurs and
 fri-sat 12pm-1am

The Shore Bar & Restaurant

3 Shore, Edinburgh EH6 6QW
 Tel: 0131 553 5080
 Fax: 0131 553 5080
 Web: www.theshore.biz
 Email: enquiries@the.shore.ukf.net
 Est: 1985

Seafood restaurant which has been regularly featured in the Which magazine. Menu changes at every sitting, every day for fresh, seasonal produce. Quiet intimate tables available and also a bar with live folk music.

Accreditations:

Scottish Chef Award 2004
 For Casual Dining

Seafood restaurant

Opening Times: 12pm-2.30pm mon-fri, sat
 and sun 12pm-3pm and 6.30pm-10pm

Spanish Cuisine

Barioja Tapas Bar

19 Jeffrey Street, Edinburgh EH1 1DR

Tel: 0131 557 3622

Fax: 0131 652 3774

Web: www.barioja.co.uk

Very relaxed and very friendly atmosphere... great service.

Accreditations:

Hit list Times Newspaper Award
Restaurant Association Capital Award
Scottish Chef Award

Spanish Restaurant and Tapas Bar

Opening Times: 11am till late

Igg's Restaurant

15 Jeffrey Street, Edinburgh EH1 1DR

Tel: 0131 557 8184

Fax: 0131 652 3774

Est: 1988

Spanish and seafood with a twist of Scottish.

*Opening Times: mon-sat 12noon - 2.30pm
6pm - 10.30 Open sunday during festival.*

Thai Cuisine

Lai Thai

23-23A Brougham Place,

Edinburgh EH3 9JU

Tel: 0131 229 1537

Web: www.grub2u.com

Est: 2004

Thai cuisine

*Opening Times: 12.00-2.30 lunch 5.30-10.30
six days a week, sunday 5.30-10.30*

Ruan Mai

176 Rose Street, Edinburgh EH2 4BA

Tel: 0131 220 0059

Web: www.ruanthai.co.uk

Est: 2003

Accreditations:

Fine Thai dining in Edinburgh now for 5 years.

Thai cuisine

*Opening Times: 12.00-2.30 lunch, 5.30-11.00
six days a week, evenings only sunday*

Ruan Thai

29 Cockburn Street, Edinburgh EH1 1BP

Tel: 0131 225 7007

Web: www.ruanthai.co.uk

Est: 2002

Thai cuisine

*Opening Times: 12.00-2.30 lunch, 5.30-11.00
six days a week evenings only sunday*

Songkran

24A Stafford Street, Edinburgh EH3 7BD

Tel: 0131 225 7889

Web: www.songkran.co.uk

Delicious Thai cuisine.

Thai restaurant - take away available

*Opening Times: 12pm -2.30pm and
5.30pm -11pm*

Songkran II

8-10 Gloucester Street

Stockbridge, Edinburgh EH3 6EG

Tel: 0131 225 4804

Thai restaurant - take away available

*Opening Times: 12pm-2:30pm and 5:30pm-
11pm*

Thai Orchid

5A Johnson Terrace, Edinburgh EH1 2PW

Tel: 0131 225 6633

Fax: 0131 467 6968

Web: www.thaiorchid.uk.com

Est: 1996

Accreditations:

Eat Safe Award.

Thai

*Opening Times: 12 noon - last order 10.45,
7 days a week.*

The Ruan Siam

48 Howe Street, Edinburgh EH3 6TH

Tel: 0131 226 3675

Web: www.ruanthai.co.uk

Est: 2006

Thai cuisine

*Opening Times: 12.00-2.30 lunch 5.30-11.00
six days a week, (evenings only on sunday)*



Traditional Fare

28 The Restaurant

28 Charlotte Square, Edinburgh EH2 4ET
 Tel: 0131 243 9339
 Fax: 0131 243 9595
 Web: www.nts.org Email: dneil@nts.org
 Sandwiches and home made cooking
 Opening Times: 9.30am-5pm mon-sat closed
 sundays.

Backstage Bistro

22 Valleyfield Street, Edinburgh EH3 9LR
 Tel: 0131 229 1978
 Fax: 0131 229 1978
 Web: www.backstagebistro.co.uk
 Traditional Scottish and Moroccan food.
 Opening Times: 12:30-3:00pm and 5:00pm-
 11:00pm.

Beefeater

228 Willowbrae Road, Edinburgh EH8 7NG
 Tel: 0131 661 3396
 Fax: 0131 652 2789
 Web: www.premiertravelinn.com
 Grill restaurant serving steaks, salads,
 pastas etc.

Blue Moon Cafe

36 Broughton Street, Edinburgh EH1 3SB
 Tel: 0131 556 2788
 Traditional Pub food
 Opening Times: 11:00am-12:00am daily and
 10:00am-12:00pm weekends.

Circus Wine Bar & Grill

58A North Castle Street,
 Edinburgh EH2 3LU
 Tel: 0131 226 6743 Fax: 0131 225 7185
 Web: www.circuswinebarandgrill.co.uk
 Email: info@circuswinebarandgrill.co.uk
 Traditional Scottish menu and grill
 Opening Times: mon-fri 12pm- 2:30pm,
 mon-sat 7pm- 10pm - Bar: 11am - 3pm-
 5pm-1am

Howies Restaurant

29 Waterloo Place, Edinburgh EH1 3BQ
 Tel: 0131 556 5766
 Fax: 0131 556 5766
 Web: www.howies.uk.com
 Email: waterloo@howies.uk.com
*The atmosphere is relaxed yet lively. We have
 established a reputation for using fresh
 Scottish produce with skill and imagination.*
 Traditional Scottish Food
 Opening Times: lunch 12pm - 2.30pm, dinner
 5.30pm - 10pm

Indigo Yard

7 Charlotte Lane, Edinburgh EH2 4QZ
 Tel: 0131 220 5603 Fax: 0131 226 1372
 Web: www.indigoyardedinburgh.co.uk
 Email: info@indigoyardedinburgh.co.uk
 Est: 1996
 Traditional pub food
 Opening Times: mon - fri 8.30am - 1pm
 sat - sun 9am - 1pm

Jacksons

209 High Street, Edinburgh EH1 1PZ
 Tel: 0131 225 1793
 Fax: 0131 220 0620
 Web: www.jacksons-restaurant.co.uk
*Jacksons Restaurant offers the best of
 Scottish cuisine. A blend of international and
 traditional Scottish fare with the freshest
 ingredients such as salmon, lamb, venison
 and haggis (as you've never had it before!)*
 Traditional Scottish

Lauriston Farm Brewers Fayre

69 Lauriston Farm Road,
 Edinburgh EH4 5EX
 Tel: 0131 312 7071
 Fax: 0131 312 8740
 Est: 1993
 Traditional hot and cold food.
 Opening Times: Daily 12noon - 10pm

Le Cafe Saint-Honore

North West , 34 St. Thistle Lane,
 Edinburgh EH2 1EA
 Tel: 0131 226 2211
 Fax: 0131 477 2716
 Est: 1992
 Traditional Scottish food and French
 cuisine.
 Opening Times: Daily - 12noon - 2.15pm
 6pm -10pm

Richmond House Hotel

20 Leopold Place, Edinburgh EH7 5LB
 Tel: 0131 556 3556
 Fax: 0131 557 6669
 Web: www.richmondhouse.org.uk
 Email: richmondhousehotel@hotmail.co.uk
 Est: 1977
Accreditations:
 3 Star Hotel.

Traditional Food

The Famous Peacock Inn

100 Lynsey Road, Newhaven,
 Edinburgh EH6 4HZ
 Tel: 0131 552 8707
 Est: 1767
 Traditional, haddock and steak
 Opening Times: 11.00am-11.00pm 7 days a
 week

The Hill Street Bistro

24A Hill Street, Edinburgh EH2 3JZ
 Tel: 0131 226 3458
 Web: www.hillstreetbistro.com
 Est: 1986
*We are a family run catering business and
 cover all areas of Scotland.*
 Traditional cuisine
 Opening Times: mon-fri 7.00-3.00

The Toby Carvery & Innkeepers Lodge

114-116 St. Johns Road,
 Edinburgh EH12 8AX
 Tel: 0131 334 8235
 Fax: 0131 316 5012
 Carvery
 Opening Times: 12.00pm-10.00pm 7 days
 a week



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SHOWROOM/WORKSHOP: UNIT 29 PEFFER INDUSTRIAL ESTATE, PEFFER PLACE, EDINBURGH EH16 4BB

Vegetarian Cuisine

Black Bos

57-61 Blackfriars Street,
Edinburgh EH1 1NB
Tel: 0131 557 6136
Est: 1989

Bar and vegetarian restaurant.

Vegetarian restaurant

Opening Times: Restaurant open from: 12:00-3:30pm 6:00-10:30pm

David Bann Restaurant

56-58 St. Marys St, Edinburgh EH1 1SX
Tel: 0131 556 5888 Fax: 0131 556 8074
Web: www.davidbann.com
Est: 2002

Restaurants

Vegetarian Restaurants

Opening Times: Sun - Thurs 11am - 10pm - Fri / Sat 11am - 10:30pm

Susie's Wholefood Diner

51-53 West Nicolson Street,
Edinburgh EH8 9DB
Tel: 0131 667 8729
Est: 1995

Wholefood and vegetarian cuisine

Opening Times: mon 9am-8pm tues-sat 9am-9pm sun 1pm-8pm

World Cuisine

Annabelle's

27 Sciennes Road, Edinburgh EH9 1NX
Tel: 0131 667 0700 Fax: 0131 667 0700
Serving Moroccan, Thai and European cuisine.

Opening Times: 8:30-5:00 six days a week.

Baraka

3-5 Infirmary Street, Edinburgh EH1 1LT
Tel: 0131 557 9997
Email: baraka@talktalk.net
Est: 2006

North African and Mediterranean food.

Opening Times: mon-sat midday-1am, sun 4pm-1am.

Efes

42 Leven Street, Edinburgh EH3 9LJ
Tel: 0131 229 7833
Est: 1982

Turkish restaurant and take away

Restaurant: mon closed, tues - sun 5pm 11pm Takeaway: mon closed midweek 5pm - 2am fri / sat 5pm - 3am

International Starters

82 Commercial Quay, Edinburgh EH6 6LX
Tel: 0131 555 2546
Web: www.internationalstarters.co.uk
Est: 2001

This restaurant is devoted to providing starters from around the world. The menu splits into four sections: Mediterranean, Asian, Scotland and Americas.

International foods.

Opening Times: mon - fri 5pm til late - all day sat and sun

Peckhams Underground

155-159 Bruntsfield Place,
Edinburgh EH10 4DG
Tel: 0131 228 2888

Fax: 0131 229 9924

Web: www.peckhams.co.uk

Basement restaurant with an extensive range of wines, beers and spirits.

Mixed menu

Opening Times: Open 10am - late daily.

Phenecia Restaurant

55 West Nicolson Street,
Edinburgh EH8 9DB
Tel: 0131 662 4493

African and Spanish Restaurant

Opening Times: 12pm-2pm lunch, dinner 6pm-11pm 6 days a weeks, closed sunday

Struan Hotel

3-4 Downie Terrace, Edinburgh EH12 7AU
Tel: 0131 539 7064

Fax: 0131 538 7221

Mixed cuisine

Opening Times: 11.00am-12.00am mon-fri, 11.00am-1.00am sat, 11.00am-12.00am sun

The Filling Station

235 High Street, Edinburgh EH1 1PE
Tel: 0131 226 2488

Fax: 0131 226 3528

Est: 1988

Mixed cuisine

Opening Times: 9am-12pm 7 days a week

The Gurkha

128 Morningside Road,
Edinburgh EH10 4BX
Tel: 0131 447 8114

Fax: 0131 447 6316

Est: 1994

Nepalese Cuisine

Opening Times: 12.00-2.00 lunch 5.00-11.30 dinner

The Ritz Bar & Grill

2 Lochside Place, Edinburgh EH12 9DF
Tel: 0131 317 8800

Fax: 0131 317 1106

Web: www.ritzbar.co.uk

Email: contact@ritzbar.co.uk

Mixed menu

Opening Times: 9am-9pm mon-thurs, fridays 9am-10pm and sat and sun closed

Thistle Hotel

59 Manor Place, Edinburgh EH3 7EG
Tel: 0131 225 6144

Fax: 0131 225 5014

Web: www.edinburghthistlehotel.com

Email:

enquiries@edinburghthistlehotel.com

Elegant Georgian Town House with Manor Suite for functions, parties, etc. Seating 30 with catering facilities. Fully licensed Manor Lounge Bar, featuring pictorial images of Scotland. Live music every saturday.

Accreditations:

3 Stars Scottish Tourist Board.

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Acknowledgements and Thanks

Burrows would like to thank the following for their contributions to City of Edinburgh: the guide

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